

# Welcome to Itsy Bitsy Daycare



*Learn. Love. Play.*

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# Infant Nutrition

- ▶ Infants (ages 0-2) are fed on a “need” basis, as baby appetite varies continuously.
  - ❖ Baby Formula and food are provided: **Similac** brand formula for sensitive stomach; **Gerber Rice Cereal** mixed with **Gerber organic purees**



- ❖ Baby Snacks are provided: **Cheerios**; **Gerber Graduates Puffs**, **Gerber Organic Fruit Pouch**



# Toddler Nutrition

Good foods, enriched with vitamins and nutrients are an integral part of healthy life. When children learn to eat healthy at an early age, it becomes a lifetime habit.

I participate in the federal child food program in an effort to provide our children with appropriate nutrition for successful learning and active play.

- ▶ Toddlers (ages 2-5) are provided with 3 regularly scheduled meals.
  - ❖ Monthly menu will be provided.
  - ❖ Snacks: **Gerber** organic fruit pouch; **Cheerios**.
  - ❖ **Water** is made available to children at all times during daycare hours.



# Early Development

## ► My Daily Mission is to:

- ❖ Provide a fun and stimulating environment with age-appropriate toys and learning tools.
- ❖ Read to and play with both our infants and toddlers to enhance their cognitive and sensory development.

## ► Safety First:

- ❖ I provide a separate infant area as safety measure, however, infants are encouraged to interact with toddlers depending on the age and comfort level of each child. Interaction with different age groups enhances social and interpersonal development.

## ► Early Headstart (ages 2-5):

- ❖ I teach the Mother Goose Time Early Childhood Curriculum.
- ❖ Research shows, the first 5 years of a child's development is crucial to their academic performance and successful adulthood. I am firm believer in education, acquisition of knowledge and skills for a better future.

## ► Daily Indoor Activities:

- ❖ Mother Goose Time Curriculum (ages 2-5)
- ❖ Reading during circle time (all ages)
- ❖ Singing and dancing to children's music (all ages)



# Dramatic Play & Active Play

- ▶ **Dramatic Play (indoors) (ages 2-5)**
  - ❖ Helps children understand how the world works and helps develop literacy.
  - ❖ Involves reenacting everyday activities such as cooking, baking, using building tools.
  - ❖ Engaging in intensely imaginative activities based on books read to them and movies they watch, which develops dynamic and constructive behavior.



- ▶ **Daily Outdoors Play (weather permitting) (all ages - infants ride the stroller)**
  - ❖ Minimum of 30 minutes a day
  - ❖ Nearby playgrounds and community parks (walking distance)

