**MRI ANKLE TEMPLATE**

**Bones:** Normal

**Articular cartilage:** Normal / chondropathy

**Joints:** Normal / effusion / loose bodies

**Ligaments:**

* **Anterior inferior tibiofibular ligament:** Normal / sprain / partial tear / complete tear
* **Posterior inferior tibiofibular ligament:** Normal / sprain / partial tear / complete tear
* **Anterior talofibular ligament:** Normal / sprain / partial tear / complete tear
* **Posterior talofibular ligament:** Normal / sprain / partial tear / complete tear
* **Calcaneo-fibular ligament:** Normal / sprain / partial tear / complete tear
* **Deltoid ligament complex:**
  + **Tibio-talar ligament:** Normal / sprain / partial tear / complete tear
  + **Tibio-calcaneal ligament:** Normal / sprain / partial tear / complete tear
  + **Tibio-navicular ligament:** Normal / sprain / partial tear / complete tear
  + **Tibio-spring ligament:** Normal / sprain / partial tear / complete tear
* **Spring ligament complex:**
  + **Superomedial ligament:** Normal / sprain / partial tear / complete tear
  + **Medioplantar oblique ligament:** Normal / sprain / partial tear / complete tear
  + **Inferoplantar longitudinal ligament:** Normal / sprain / partial tear / complete tear
* **Bifurcate ligament:** Normal / sprain / partial tear / complete tear
* **Tarso-metatarsal (Lisfranc) ligament:** Normal / sprain / partial tear / complete tear
* **Other inter-tarsal ligaments:** Normal / sprain / partial tear / complete tear

**Tendons:**

1. **Anterior:**

* **Tibialis anterior:** Normal / tendinopathy / tenosynovitis
* **Extensor hallucis longus:** Normal / tendinopathy / tenosynovitis
* **Extensor digitorum longus:** Normal / tendinopathy / tenosynovitis

1. **Medial:**

* **Tibialis posterior:** Normal / tendinopathy / tenosynovitis
* **Flexor digitorum longus:** Normal / tendinopathy / tenosynovitis
* **Flexor hallucis longus:** Normal / tendinopathy / tenosynovitis

1. **Lateral:**

* **Peroneus longus:** Normal / tendinopathy / tenosynovitis
* **Peroneus brevis:** Normal / tendinopathy / tenosynovitis

1. **Posterior:**

* **Achilles tendon:** Normal / tendinopathy / paratenonitis
* **Retrocalcaneal bursa:** Normal / fluid distension
* **Plantaris:** Normal / tendinopathy / tenosynovitis

**Sinus tarsi:** Normal / edema

**Plantar fascia:** Normal / edema / tear

**Nerves and vessels:** Normal

**IMPRESSION:**