**MRI SHOULDER TEMPLATE FOR GLENOHUMERAL DISLOCATION**

**Bones:**

**Humerus:**

**Hill Sachs lesion:** Present / Absent, with / without underlying marrow edema. Of flat / wedge type, measuring \_\_\_mm (transverse) x \_\_\_mm (craniocaudal).

**Hill Sachs interval: \_\_\_\_**mm.

**Glenoid:**

**Glenoid labrum:**

Normal / Tear / Degeneration. If tear:

* Tear extends from \_\_O’clock to \_\_O’clock position and involves anterosuperior / anteroinferior / posterosuperior / posteroinferior quadrants.
* Biceps labral anchor is involved / not involved.
* Extension of tear into long head of biceps tendon: Present / Absent

**Bony Bankart lesion:** Present / Absent. Glenoid quadrant involved anterosuperior / anteroinferior / posterosuperior / posteroinferior.

**Glenoid bone loss:** \_\_\_\_%

**Glenoid track:** \_\_\_\_\_ mm.

**Non-engaging morphology (on-track lesion) / Engaging morphology (off-track lesion).**

Rest of the visualized bones are normal in marrow signal intensity.

**Gleno-humeral joint:** No significant joint effusion.

Articular cartilage: Normal / Chondropathy

**Tendons:**

* **Supraspinatus:** Normal / (Mild / Moderate / Severe) Tendinosis / Tear

If tear:

* Location of tear (insertional / critical zone), anterior / posterior fibres.
* Articular surface / bursal surface / interstitial.
* Partial thickness / full thickness / complete (full thickness, full width).
* Shape of tear (U / L / crescent).
* Size of tear: \_\_\_ mm (anteroposterior) x \_\_\_\_ mm (transverse)
* Tendon retraction: Present / Absent. If present: Patte grade.
* **Infraspinatus:** Normal / (Mild / Moderate / Severe) Tendinosis / Tear
* **Subscapularis:** Normal / (Mild / Moderate / Severe) Tendinosis / Tear
* **Teres minor:** Normal / (Mild / Moderate / Severe) Tendinosis / Tear

**Rotator cuff muscles:** No fat infiltration or atrophy. Normal signal intensity. If fat infiltration or atrophy present : Goutallier grade

**Other visualized muscles:**

No fat infiltration or atrophy. Normal signal intensity.

**Long head of biceps:** Normal / tendinosis / tear. Subluxation present / absent.

**Gleno-humeral ligaments:** Normal / thickened (adhesive capsulitis) / tear.

**Rotator interval:** Normal / synovitis / tear of structures within the rotator interval.

**Subacromial-subdeltoid bursa:** Normal / bursal fluid.

**Coraco-acromial arch:**

* **Acromio-clavicular joint:** normal / arthritis / dislocation.
* **Acromion:** Type. Subacromial spur present / absent. Lateral down-sloping or anterior down-sloping: Present / Absent
* **Coraco-acromial ligament:** Normal
* **Coraco-clavicular ligaments:** Normal.
* **Coracoid:** Normal.

**Nerves, vessels and axilla:** Normal

**Suprascapular and spinoglenoid notch:** Normal

**IMPRESSION:**