**MRI THUMB TEMPLATE**

**Bones:** Normal

**Articular cartilage:** Normal / chondropathy

**Joints:** Effusion / loose bodies

**First carpo-metacarpal joint:**

1. **Ligaments:**

* **Anterior oblique ligament:** Normal / low grade injury / high grade injury
* **Dorsal radial ligament:** Normal / low grade injury / high grade injury
* **Posterior oblique ligament**: Normal / low grade injury / high grade injury
* **Intermetacarpal ligament:** Normal / low grade injury / high grade injury

1. **Joint:** Normal

**First metacarpo-phalangeal joint:**

1. **Volar:**

* **Volar plate:** Normal / low grade injury / high grade injury
* **Radial and ulnar sesamoids:** Normal / marrow edema / fracture
* **Flexor pollicis longus**: Normal / tendinopathy / tenosynovitis
* **Pulley (A1):** Normal / low grade injury / high grade injury

1. **Lateral:**

* **Ulnar collateral ligament with adductor pollicis longus aponeurosis:** Normal / low grade injury / high grade injury / Stener lesion
* **Radial collateral ligament with abductor pollicis longus aponeurosis:**

Normal / low grade injury / high grade injury

1. **Dorsal:**

* **Dorsal plate:** Normal / low grade injury / high grade injury
* **Extensor pollicis brevis:** Normal / low grade injury / high grade injury
* **Extensor pollicis longus:** Normal / low grade injury / high grade injury

1. **Joint:** Normal

**Inter-phalangeal joint of thumb:**

1. **Volar:**

* **Volar plate:** Normal / low grade injury / high grade injury
* **Flexor pollicis longus**: Normal / tendinopathy / tenosynovitis
* **Pulley (A2):** Normal / low grade injury / high grade injury

1. **Lateral:**

* **Ulnar collateral ligament:** Normal / low grade injury / high grade injury
* **Radial collateral ligament:**

Normal / low grade injury / high grade injury

1. **Dorsal:**

* **Extensor pollicis longus:** Normal / low grade injury / high grade injury

**Other pulleys:** Ao, Av pulleys

**IMPRESSION:**