



CYPRUS INDOOR ROWING CHALLENGE BEST TIMES

SINGLES EVENTS					
MEN					
AGE GROUP	NAME	TEAM	TIME	AVE/ 500m	YEAR
≤10 (1minute)	SELEARIS CHRISTOFOROS	NEREUS ROWING CLUB	-	1:55.8	2024
≤12 (500m)	PAPAVASILIOU LOUKAS	LIMASSOL ROWING CENTRE	1:45.4 NR	1:45.4	2023
500M					
13-14	ANTONIOU GEORGIOS	LIMASSOL NAUTICAL CLUB	1:35.0	1:35.0	2024
15-16	THEODOROU MARINOS	NEREUS ROWING CLUB	1:29.5	1:29.5	2024
17-18	PAPASTAMATOPOULOS ANASTASIOS	ΝΑΣ GREECE	1:26.7	1:26.7	2024
19-26	GEORGIOU SAVVAS	FAMAGUSTA ROWING CLUB	1:23.8	1:23.8	2024
27-39	KATSAVRIAS KONSTANTINOS	COAST ROWING TEAM GREECE	1:21.2	1:21.2	2024
40-49	ERSHOV ALEXEY	LIMASSOL NAUTICAL CLUB	1:24.5	1:24.5	2024
50-59	VOUROS PANAGIOTIS	COAST ROWING GREECE	1:23.2	1:23.2	2024
60+	DANIIL NIKOS	NEREUS ROWING CLUB	1:41.9	1:41.9	2024
1000M					
13-14	MAKRIDES KIMONAS	THESSALONIKI NAUTICAL CLUB	3:13.8	1:36.9	2016
15-16	DEMETRIOU CHRISTODOULOS	NIREAS ROWING CLUB	3:06.9	1:33.4	2019
17-18	STERGIAKAS CHRISTOS	MAVROCHORI NAUTICAL CLUB	2:48.2 WR	1:24.1	2016
19-26	KLEANTHOUS KLEANTHIS	LIMASSOL ROWING CENTRE	2:50.8	1:25.4	2014
27-39	GIOUPIS GIORGOS	COAST ROWING TEAM	2:52.1	1:26.1	2017
40-49	GIOUPIS GIORGOS	COAST ROWING TEAM	3:05.4	1:32.7	2022
50-59	KOUKOUVES IOANNIS	COAST ROWING TEAM	3:22.7	1:41.4	2017
60+	STANISLAV VERTAT	JISTEBNICE CZECH REPUBLIC	3:27.4	1:43.7	2019
2000M					
OPEN MEN	MICHAELIDES TRISTAN	LIMASSOL ROWING CENTRE	6:23.6 NR	1:35.9	2024

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SINGLES EVENTS

WOMEN

AGE GROUP	NAME	TEAM	TIME	AVE/ 500m	YEAR
≤10 (1minute)	CONSTANTINIDES ANGELINA	NEREUS ROWING CLUB		2:08.7	2024
≤12 (500m)	TSITSIMBIKOU OURANIA	KERKINITIS ROWING CLUB	1:47.8	1:47.8	2022
500M					
13-14	MICHAELIDOU MARIETTA	NEREUS ROWING CLUB	1:50.4	1:50.4	2024
15-16	KOVALENKO KRISTINA	LIMASSOL ROWING CENTRE	1:48.3	1:48.3	2024
17-18	KANTOUNA KATERINA	NEREUS ROWING CLUB	1:44.5	1:44.5	2024
19-26	LEVENTELLI ELENI MARINA	MYTILINI BOX FITNESS GREECE	1:38.2	1:38.2	2024
27-39	TINELLI MARIA	MYTILINI BOX GREECE	1:49.3	1:49.3	2024
40-49	MAVROGIANNI RIANA	KYRENIA NAUTICAL CLUB	1:44.5	1:44.5	2024
50-59	VERNARDAKI ELENI	MYTILINI BOX FITNESS GREECE	1:49.3	1:49.3	2024
60+	IOANNOU IVANA	LIMASSOL ROWING CENTRE	1:56.8	1:56.8	2024
1000M					
13-14	CHRISTOPOULOU ELENI	MAVROCHORI NAUTICAL CLUB	3:36.8	1:48.4	2016
15-16	KIRIDOU ANNETA	THESSALONIKI NAUTICAL CLUB	3:31.7	1:45.9	2014
17-18	PERGOULI MARIA	THESSALONIKI NAUTICAL CLUB	3:31.4	1:45.7	2014
19-26	DIAMANTI LENA	NAUTICAL CLUB OF IOANNINA	3:24.4	1:42.2	2014
27-39	ZAVOUNI NICOLE	ATHENS WATERPSORT	3:36.3	1:48.2	2016
40-49	PERAMATZI GEORGIA	ATHENS WATER SPORT	3:12.7 WR	1:36.3	2017
50-59	HEIJZEN NICOLE	ATHENS WATERSPORT	3:54.2	1:57.1	2015
60+	IOANNOU IVANA	LIMASSOL ROWING CENTRE	4:11.1	2:05.5	2022

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DOUBLES EVENTS					
MEN					
AGE GROUP	NAME	TEAM	TIME	AVE/ 500m	YEAR
13-14	MICHAELIDES TRISTAN TREMSIN DAVID	LIMASSOL ROWING CENTRE	3:10.1	1:35.0	2022
15-18	YASCHUK PHILIP GEORGIU SAVVAS	FAMAGUSTA NAUTICAL CLUB	2:54.1	1:27.0	2022
OPEN MEN	IOANNOU ARISTOTELIS SPIROS KALENTZIS	NAUTICAL CLUB OF THESSALONIKI	2:40.7	1:20.3	2019
40+ MEN	ROUSSOS ANDREAS CHRISTODOULOU NICOS	LIMASSOL ROWING CENTRE	3:21.5	1:40.7	2024
WOMEN					
AGE GROUP	NAME	TEAM	TIME	AVE/ 500m	YEAR
13-14	KOTSIDOU ANASTASIA TSITSIMPIKOU OURANIA	KERKINITIS ROWING CLUB	3:25.1	1:42.5	2023
15-18	ZENONOS MARIANNA ANTONIADOU STYLIANA	NIREAS ROWING CLUB	3:26.5	1:43.2	2017
OPEN WOMEN	KIRIDOU MARIA BOURBOU CHRISTINA	GREECE ROWING TEAM	3:08.4	1:34.2	2019
40+ WOMEN	LOSKUTOVA ELENA GREBENINA YULIA	LIMASSOL ROWING CENTRE	3:51.0	1:55.5	2024

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QUAD EVENTS

EVENT NAME	NAME	TEAM	TIME	AVE/ 500m	YEAR
UNDER 13 MIXED CHALLENGE	PALATES NIKOLAS DACHI BERDEZENISHVILI ZACHAROULA LYSANDROU NEARCHOS PHOTIOU	FAMAGUSTA ROWING CLUB	3:52.0	1:56.0	2024
UNDER 15 MIXED CHALLENGE	ANTONIOU GEORGIOS YEROLEMOU LEONIDAS JOSEPH POLYKARPOU EVGENIA	LIMASSOL NAUTICAL CLUB	3:26.0	1:43.0	2024
UNDER 19 MIXED CHALLENGE	TREMSIN DAVID BYKOV PLATON PANAGI ELENA KOVALENKO KRISTINA	LIMASSOL ROWING CENTRE	3:27.8	1:35.7	2024
OPEN MIXED CHALLENGE	IOANNOU ANNA ANASTASIOU ELIANA VOUROS PANAGIOTIS IOANNOU ARISTOTELIS	LIMASSOL CENTRE CENTRE/ CROSSFIT COAST GREECE	2:58.4	1:29.2	2024
GYM CHALLENGE MEN	GIOUPIS GEORGE KARAIKOS KONSTANTINOS VOUROS PETE IOANNOU ARISTOTELIS	COAST ROWING TEAM	5:31.3	1:22.8	2023
GYM CHALLENGE WOMEN	IOANNOU ANNA KIRIDOU ANNETA KIRIDOU MARIA BOURBOU CHRISTINA	LIMASSOL ROWING CENTRE & GREECE ROWING TEAM	6:24.6	1:36.1	2019

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