

THE 30cm TOMATO SECRET!

A simple technique that creates
strong roots and bigger harvests!

- Don't just stick your tomato plants upright in the ground. When your seedling hits 30 cm tall, here's what actually changes the game: gently lay the stem horizontal between 3 and 5 PM.
- Why? That stem will start producing adventitious roots all along its length. You're not weakening the plant—you're building it a stronger foundation. More roots mean better water and nutrient uptake, which means more energy for fruit production.
- The timing matters. Pick an afternoon when the plant isn't stressed by intense midday sun. The horizontal position reduces apical dominance (that tendency toward tall, leggy growth) and forces the plant to invest in root development instead of just s*ooting upward.
- Strong roots today, abundant tomatoes tomorrow. It's a no-brainer.



WHY IT WORKS

-  **REDUCES APICAL DOMINANCE:** Prevents tall, leggy growth.
-  **ENCOURAGES ADVENTITIOUS ROOTS:** The stem develops many new roots.
-  **STRONGER ROOT SYSTEM:** Better nutrient and water uptake.
-  **HEALTHIER PLANT, BIGGER HARVESTS:** More roots = More tomatoes!



TIPS



Choose a healthy day and avoid doing it under strong sunlight.

3 PM – 5 PM
is the best time!

HOW TO DO IT: 5 SIMPLE STEPS

1 WAIT UNTIL 30 cm TALL



Let your tomato seedling grow until it reaches about 30 cm tall.

2 PICK THE RIGHT TIME



Choose an afternoon between 3 and 5 PM when the plant isn't stressed by hot sun.

3 LAY THE STEM HORIZONTALLY



Gently bend the stem and lay it in a shallow trench. Keep the top leaves above the soil.

4 COVER THE STEM



Cover the stem with 2–3 cm of soil. Firm it gently so good contact with soil is made.

5 WATER AND WATCH IT THRIVE



Water well and keep soil evenly moist. Watch the roots (and tomatoes!) explode.



**STRONG ROOTS TODAY,
ABUNDANT TOMATOES TOMORROW!**

Bradwood Farm * Homegrown Passion

