

SEED STARTING SUCCESS



STRONG STARTS = STRONG HARVESTS

Everything you need to grow healthy seedlings
from the very beginning.

1 START WITH QUALITY SEED

- Buy fresh seed from a trusted supplier.
- Check the packet date.
- Store unused seed in a cool, dry place.



Fresh seed = Better germination
and stronger plants!

2 USE A QUALITY SEED STARTING MIX

- Lightweight
- Sterile
- Good drainage
- Fine texture for young roots



Good choices: peat-based mix,
coconut coir blends, or a commercial
seed-starting mix.

3 KEEP SEEDS WARM

- Most vegetables germinate best between **70–80°F**
- Heat mats can speed up germination.



Consistent warmth
= quicker, even germination!

4 PROVIDE PLENTY OF LIGHT

- Once seedlings sprout, give them **14–16 hours** of light each day.
- Keep grow lights just 2–3 inches above seedlings.



Good light = Stocky, strong
seedlings, not tall and spindly!

5 WATER CAREFULLY

- Keep the soil consistently **moist**, but never soggy.
- Bottom watering helps prevent damping-off disease.



Moist, not soaked.
Strong roots need oxygen!

6 HARDEN OFF SEEDLINGS

- Over **7–10 days**, gradually introduce seedlings to the outdoors.
- Start with 30–60 minutes outside.
- Increase time each day.
- Protect from wind, harsh sun and cold nights.



Hardened off seedlings
handle transplanting better
and grow stronger!

GOOD TO KNOW



**LABEL
EVERY VARIETY**

You'll be amazed how
easy it is to forget!



**USE A GENTLE FAN
FOR STRONGER STEMS**

Air movement helps
prevent disease and
builds sturdy plants.



**FERTILIZE AFTER
TRUE LEAVES APPEAR**

Use a half-strength,
balanced fertilizer.
Don't overdo it!



**ROTATE TRAYS
FOR EVEN GROWTH**

Turn trays every day
so seedlings grow
straight and strong.

KATY'S FARM TIP

Healthy seedlings
are the foundation
of every productive
garden.

Give them plenty of
light, don't overwater,
and be patient.

A strong start makes
everything easier later.

♥ Katy



GROW IT RIGHT. HARVEST MORE. ENJOY THE REWARDS.