

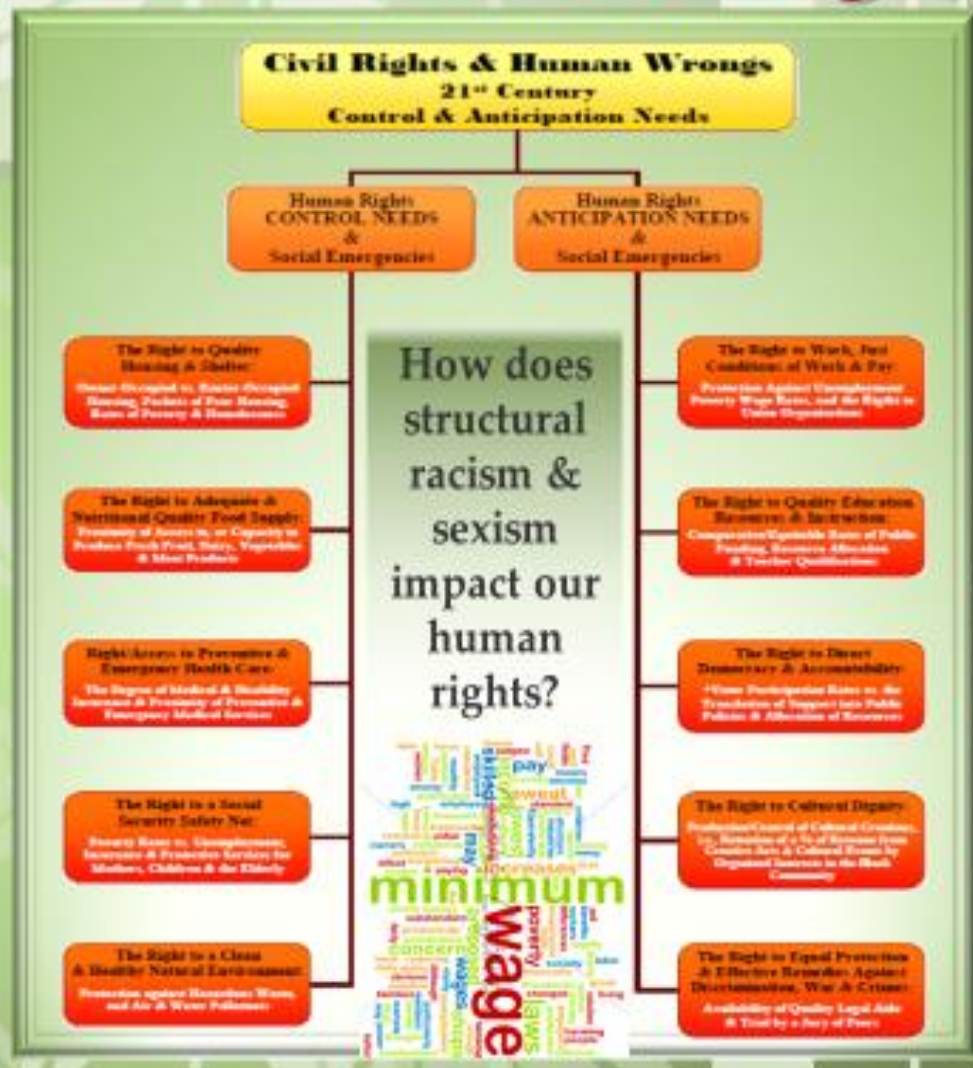
Civil Rights & Human Wrongs

**ECONOMIC
&
SOCIAL
Cultural Rights**

CENTRAL QUESTION(S):

IF WE DON'T KNOW OUR HUMAN RIGHTS, HOW DO WE KNOW WHEN OUR ANTICIPATION & CONTROL NEEDS HAVE BEEN VIOLATED? WHAT STEPS SHOULD WE TAKE TO COUNTER THE IMPACT OF VIOLATIONS?

**GET UP
STAND
UP
FOR YOUR
RIGHTS**



* TGOW Institute Framework for Conducting Action Research on HRs Violations