

10-21-2026 – Fruit of the Spirit – Week 3

Spiritual fruit from H.S. – Producing **more of God**, **less of us**.

Part of Holy Spirit's work in our lives is to transform us:

- [2 Cor. 3:18](#) - "And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image."

In depth – next two fruit: Peace & Patience

[Galatians 5:22-23](#) – "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law."

1 – Peace. What is peace?

- Comes from O.T., **Hebrew** word: **Shalom**, translated as "peace."
- **Shalom's** core **meaning** is deeper & broader; it means **Wholeness and Completeness** —like a stone wall with no missing bricks or a physical object with no cracks.
- It's a state of total well-being; harmony w/ God, right relationships

3 kinds of peace:

- **Spiritual** Peace: Peace w/ God. Reconciled to God thru Jesus.
- **Peace w/ Others:** Relational Peace. Living in Harmony; Peacemakers.
- **Peace Within:** Inner Peace.
 - **2 Corinthians 5** explains all of these [NLT]:
- ¹⁸ And all of this is a **gift from God**, who brought us back to himself through Christ. And God has given us this task of reconciling people to him. ¹⁹ For God was in Christ, reconciling the world to himself, **no longer counting people's sins against them**. And he gave us this wonderful message of reconciliation. ²⁰ So we are **Christ's ambassadors**; God is making his appeal through us. We speak for Christ when we plead, "Come back to God!" ²¹ For God made Christ, who never sinned, to be the offering for our sin, so that **we could be made right with God through Christ**.
 - B/c God is **not holding** onto our sins, we can have **Inner Peace**.

- Many of us struggle w/ peace in our circumstances.
 - o Often stems from relationship issue, but we see it more as a **problem** that needs resolution; awaiting **justice** for a wrong; catastrophic **illness**; home/life needs **rebuilding**; future...

In all of these things, **Spiritual Fruit of Peace is what is being grown.**

- **The H.S.** produces in us **peace – a Peace so great** that we (& others) **can't comprehend** how we aren't worried... fretting... preoccupied... stressed... concerned... bothered... peace **that can't be explained**:
 - o [Philippians 4:7](#) – “And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”
- **That** is a **Peace** that comes from **Shalom. Wholeness. All you need you have in this moment.** You can be **content** right now/where u r.
 - o **Shalom** is **trusting** that God will provide; will avenge; restore.
 - [Isaiah 26:3 NLT](#) – “You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!”
 - o It's **knowing** that nothing is **too great** for God:
 - [John 16:33](#) - “I have told you these things, so that **in me** you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”
 - o In **Jesus...** we find peace. Not our efforts. Our solutions.
 - o And He didn't just say it once.
 - [John 14:27](#) - Peace I leave with you; My peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled; do not be afraid.
 - o In Jesus... **His time.** His promises. His voice. **Prince of Peace.**
- How does this fruit get produced? How do we get more peace?

- [Colossians 3:15](#) – “Let the peace of Christ rule in your hearts, for to this you were called as members of one body. And be thankful.”
- **“Let”** peace rule. Give in to H.S. ... listen to that voice. It will be OK. God is at work/we don’t see. He’s not done. Right/wrong.
 - **Be thankful that God is @ work. Be content; wholeness now.**
- **Surrender** to the H.S. Believe in the truth of Scripture:
- [Psalm 29:11](#) – “The LORD will give strength unto his people; the LORD will bless his people with peace.”
 - Producing Peace takes practice. You’ll be tested. Be ready!

2 - Patience. We’re tested here, too.

- Patience is an attribute of God, our Father.
 - [2 Pet. 3:9](#) – “The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.”
- Patience - from Greek word ***makrothumia*** [ma-kruhth-oo-mee-uh] - meaning **"long-suffering"** or a **"long temper"**
 - [Psalm 103:8](#) – “The LORD is compassionate and gracious, slow to anger, abounding in love.”
 - [Exodus 34:6](#) – “Then the LORD passed in front of Moses and called out: “The LORD, the LORD God, is compassionate and gracious, slow to anger, abounding in loving devotion and faithfulness,”
 - It’s how God describes Himself – long-suffering. Patient.
- Long-suffering/Patient means not just the ability to wait, but keeping a good attitude while waiting. Enduring difficult people w/o complaining
 - Yep. You just thought of someone/situation . . . H.S. is @ work!
 - Patience is developed; and it requires people in our lives . . .

- Ex: story of Pastor –
- Years ago, I was pastoring a small church and dealing with a particularly cantankerous board member. Every meeting felt like a battle. I prayed for patience constantly, but nothing seemed to change. Then one day, the Lord spoke to my heart: *“I did not put him in your life to test you. I put him in your life to grow you.”*
- That shifted everything. I stopped seeing that man as an obstacle and started seeing him as the very soil where patience was being cultivated. Within months, our relationship transformed. Not because he changed first, but because the Spirit produced something in me that I could never have manufactured on my own.
- That is how the Fruit of the Spirit works. It grows in the places you least expect, often through the people you find most challenging
- Some people may be in our lives to teach us patience.
- We know what patience is. We know what long-suffering means.
 - When we’re frustrated, we aren’t long-suffering.
 - But once we see it, we can be open to change. Growth.
 - The Holy Spirit will produce this fruit if we’re willing to surrender. . . to be more Christlike.