

LENT
GIVE.
PRAY.
FAST.

St. Gertrude Chicago

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Bulletin for

February 26, 2023

First Sunday of Lent

Lent is Here!

As we enter a period of fasting and abstinence, let's remember to continue seeking God's goodness in the rich traditions of our faith.

This weekend's bulletin is filled with ways to make Lent this year more meaningful! From special events and programs at the parish to suggestions of things to do daily to online resources, we hope you use them to draw closer to God.

Ways to Deepen Your Lenten Experience

- Pray more.
- Attend Mass daily or commit to going on Sundays if you don't attend weekly.
- Spend time with the daily scripture readings.
- Spend five minutes daily in silence with the Lord.
- Pray the Stations of the Cross at church or at home.
- Fast from specific things or foods.
- Turn off electronic devices for 30 minutes daily.
- Behavioral fasting from criticism, negativity, judgmentalism, resignation, self-righteousness, cynicism, know-it-all-ness, provincialism, self-absorption, divisiveness, intolerance, violence in thought, word or deed, excess pride, blindness to your involvement in sin, criticism, anger, bitterness, despair, and hatred.
- Give to those in need. There are so many meaningful programs that could benefit from help! They include Almoners Program, Care for Real, Heart to Heart, our Refugee & Immigrant Ministry, and more!
- Join our choir. One way to deepen your Lenten experience is through music. Please consider joining the choir and singing at the 10:30 am Sunday Masses during Lent and Holy Week. The group practices on Thursday nights from 7:00-8:15 pm in the church and usually gather about 9:30 am on Sunday mornings. Email mcbarker@stgertrudechicago.org if interested.
- *Little Black Books of Lenten Reflections*. These small books offer daily six-minute meditations on the Passion according to Matthew. The books are available for a suggestion donation of \$1.
- Catholic Relief Services Rice Bowls. Visit crsricebowl.org to learn more about this long-standing Catholic tradition. CRS bowls are available in Church.
- Sign up for a daily email reflection from the Ignatian Solidarity Network. Visit <https://ignatiansolidarity.net/lent-2023/> for information. They also offer a Lenten podcast titled *Lent 2023: Finding God in the Chaos*.

Lenten Activities at St. Gertrude

Care for Real Food Drive in Church This Weekend/Other Ways to Donate/Help

Please consider sharing your gifts and donating to the St. Gertrude monthly food donation benefiting Care for Real. The first donation opportunity is this weekend in the back of the Church. Our next planned food drive is in March.

You can also make a donation online to Care for Real, help with their Amazon Wish list or Chewy Wish List (for pet food), or drop-off your donation at their facility.

Information about all of these options can be found here:

<https://careforreal.org/wishlist/>.



Almoners Lenten Ministry: Second Collections at all Masses/Gift Cards to Share Distributed This Weekend

Each weekend during Lent, we will have a weekly second collection for the Almoner's Program. The funds raised will be used to purchase \$10.00 McDonald gift cards which parishioners can pick up at the weekend Masses and share with those in need.

Distribution of the gift cards begins this weekend.

Lenten Study: *The Crucible of Racism* by Patrick Saint-Jean, SJ - Groups Meet on Thursdays

The Lenten book study this year will continue the work begun last year on racism. We will be reading *The Crucible of Racism*, the second book by Patrick Saint-Jean, author of the book we shared together last year, *The Spiritual Work of Racial Justice*. In this book, Saint-Jean shows how Ignatian Spirituality and faithful hope can, in fact, change us, the Church, our nation, and the world.

Study groups will meet weekly in the Ministry Center on Thursday mornings at 9:00 am and Thursday evenings at 7:00 pm until March 30. Each meeting is about one hour. Sign-up sheets are on the tables in the back of the church. We have copies of the book available for \$20. For further information, email Fr. Mike Gabriel at mgabriel@stgertrudechicago.org.

Stations of the Cross: Fridays at 3:00 pm and 6:30 pm

Every Friday during Lent, we will take time from our busy schedules to reflect on the suffering journey of Christ and others in the world. On Friday afternoons at 3:00 pm, we offer the traditional way of the Cross.

At 6:30 pm, we will also have stations of the Cross joining Jesus' journey recognizing the present struggles and crosses that challenge the modern world.

The Mystic Path in Song

On Wednesday, March 15th, we will have a special evening in the Church. Titled "*The Mystic Path in Song*", the evening will feature Gerry Digman. It will be a time of reflection on the spiritual journey of the great saints and the ups and downs they faced in their own life.

Gerry will provide brief commentary for each of the eight stages of the Path, followed by songs that bring us to prayerful contemplation, deepening our understanding of the presence of God in the lives of the saints as well as in our own life. The presentation will last about an hour. A flyer is

Growing in Faith: *Online Lenten Resources*

1. An Ignatian Guide to Lent: This Lent, use Ignatian spirituality to breathe new insight into the sacred rituals of Lent. <https://www.jesuits.org/spirituality/ignatian-lent/>
2. An Ignatian Prayer Adventure: An eight-week online retreat. <https://www.ignatianspirituality.com/ignatian-prayer/the-spiritual-exercises/an-ignatian-prayer-adventure/>
3. Return to Me: Lenten daily reflections from Holy Cross College. <https://www.holycross.edu/faith-and-service-opportunities/exploring-faith/return-to-me>
4. Stations of the Cross: Renew the Earth: <https://www.jrsusa.org/resource/stations-of-the-cross-renew-the-earth/>
5. Lenten Prayers: <https://www.xavier.edu/jesuitresource/online-resources/prayer-index/lenten-prayers>
7. Lenten audio conversations: <https://onlineministries.creighton.edu/CollaborativeMinistry/Lent/Audio-Conversations/Lent-Conversations.html>
8. Lenten Spiritual Reading: <https://weare.franciscan.university/lent/spiritual-reading/>
9. *User-Friendly Lent* by David Steindl-Rast, OSB: <https://grateful.org/resource/user-friendly-lent/>
10. My Favorite Thing to Do for Lent: <https://katiewarner.com/tag/lent>
11. Lenten Activities for Children: <https://www.catholicicing.com/lenten-activities-for-children/>

Wishing all a Blessed Lent!

~ *The Growing in Faith Committee*



Pastoral Migratoria

LENTEN CAMPAIGN

40 Days of Prayer, Fasting and Action for Immigration Reform

Join us live via Zoom (Meeting ID: 87423832789) or Facebook Live Every Wednesday in Lent at 6:00 pm CST through Holy Week, April 5

All are welcome to join in the 2023 Multilingual Lenten Campaign for Immigration Reform. The campaign provides the opportunity to share one's faith through prayer, fasting and acts of mercy to raise awareness of the need for immigration reform.

Please register at bit.ly/lenten-rosary. For more information, please visit pvm.archchicago.org/immigration-lenten-campaign. Contact Mauro Pineda at mpineda@archchicago.org or 312.534.8103 or Huguet Gonzalez at mdgonzalez@archchicago.org, with any questions and/or if you would like to pray a decade in your native language.



Confirmation Information: First Retreat is Saturday, March 4

The Sacrament of Confirmation will take place next month. We ask that families of these students please note these important dates:

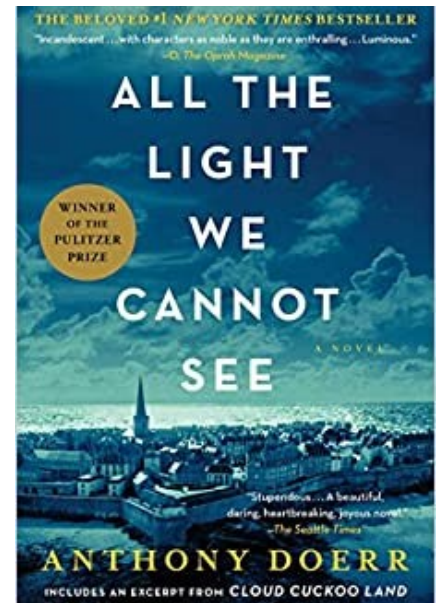
- **Saturday, March 4** - There is a Confirmation Retreat planned in the Social Hall from 9:00 am to noon.
- **Sunday, March 12** - After the 10:30 am Mass in Church, there is a rehearsal for Confirmation. Confirmation students are invited to stay after the rehearsal for a board game day and pizza.
- **Tuesday, March 14** - The Sacrament of Confirmation will take place at 7:00 pm in Church. Confirmation candidates are expected to attend a meeting with Bishop Bartosic at 6:30 pm in the Ministry Center.

Book Club Members Wanted - Next Gathering is Monday, March 13

Please join us in the Ministry Center on Monday, March 13 at 7:00 pm. We will discuss *All the Light We Cannot See* by Anthony Doerr, and we would love new voices and opinions.

Contact Lea Cloninger at 773.973.2465 or Sue Benjamin at 773.551.8401 with questions.

Please note, the gathering may be virtual if the weather is stormy.



Interfaith Model Passover Seder



Sunday, March 19th
4:00pm - 5:30pm



Interfaith Passover Seder on Sunday, March 19

All are invited to attend Emanuel Congregation's second Model Interfaith Seder! This is a learning opportunity for members of every faith group to celebrate the traditions of a Jewish seder.

The Passover style dinner is Sunday, March 19 from 4:00-5:30 pm. The menu includes gefilte fish, chicken soup with matzoh balls, herbed roast chicken, carrot tsimmes, green beans, and potato kugel. The cost is \$25.

Please sign up and pay at [https://](https://emanuelcong.shulcloud.com/form/ECRA-interfaith-model-seder.html)

emanuelcong.shulcloud.com/form/ECRA-interfaith-model-seder.html.

Loving Outreach to Survivors of Suicide (LOSS) Group

Catholic Charities' Loving Outreach to Survivors of Suicide Loss (LOSS) offers in-person and online support groups for adults who are grieving the loss of a loved one to suicide.

Since 1979, LOSS has helped guide individuals and families through this challenging grieving process. Our individual and group sessions provide safe, nonjudgmental environments where survivors can share their feelings and experiences.

Participants receive information and hope from veteran facilitators who help new members realize that they are not alone, and that they will not feel this confusion and deep sadness for the rest of their lives.

LOSS groups are also supported by licensed mental health professionals who meet survivors wherever they are in the grieving process.

For more information, email loss@catholiccharities.net, call 312.655.7283, or visit <https://www.catholiccharities.net/behavioral-health-programs/loss-loving-outreach-to-survivors-of-suicide/>.



CATHOLIC CHARITIES

Archdiocese of Chicago

Baptisms

- Isabel Angela Salvatore, daughter of Michael Salvatore and Melissa O'Neal -Salvatore
- Luca John Baravetto, son of Jeffrey Baravetto and Lisa Salvatore-Baravetto

Altar Servers, Cantors, Musicians, Ministers of the Word, & Eucharistic Ministers

Ministers of the Word:

- Saturday, February 25 at 5:00 pm - Jennifer Kiedaisch, Amanda Robertson
- Sunday, February 26 at 8:00 am - David Sullivan, Marty McDermott
- Sunday, February 26 at 10:30 am - Tim Love, Michelle Kuehlhorn

Cantors & Musicians:

- Saturday, February 25 at 5:00 pm - Amir Ghazaleh
- Sunday, February 26 at 8:00 am - Jim Manzardo
- Sunday, February 26 at 10:30 am - Paula Dempsey; Denise Goodman-clarinet, Dana Sullivan-flute

Eucharistic Ministers:

- Saturday, February 25 at 5:00 pm - Mary Cook
- Sunday, February 26 at 8:00 am - Brian DeVarenne
- Sunday, February 26 at 10:30 am - Sarah Millar, Troy McMillan, Carlos Barragan

Altar Servers:

- Sunday, February 26 at 10:30 am - Cross Bearer -Emily Stecky; Acolytes - Henry Jacobson, Dominic Millar

Mass Intentions

- **Monday, February 27:** 7:30 am - Living and deceased parents of St. Gertrude parishioners
- **Tuesday, February 28:** 7:30 am - Living and deceased Torreano family members
- **Wednesday, March 1:** 7:30 am - Sheila McGuire †
- **Thursday, March 2:** 7:30 am - Communion Service
- **Friday, March 3:** 7:30 am - Dan & Patt Elster †
- **Saturday, March 4:** 7:30 am - Purgatorial Society; 5:00 pm - James Corbett †
- **Sunday, March 5:** 8:00 am - Living and deceased Torreano family members; 10:30 am - Mary Lou O'Toole and Bobby Udrow †; 10:30 am Gym Mass - Matt Bussey †

(† indicates the person is deceased)

Mass Times/Reconciliation/Rectory Office Hours

- Sunday: 8:00 am, 10:30 am in Church, 10:30 am Gym Mass; Monday-Friday: 7:30 am (Thursday is a Communion Service.); Saturday: 7:30 am & 5:00 pm
- Reconciliation is offered on Saturday from 4:15-4:45 pm in Church or by appointment by calling the Rectory at 773.764.3621.
- The Rectory office is open Monday-Friday from 8:30 am-4:30 pm and Saturday from 9:00 am - 2:30 pm.
- For the most up-to-date information, visit stgertrudechicago.org.

Please Pray for our Parishioners and Friends

- | | | |
|--------------------|-------------------|------------------------|
| • Zara Bradley | • Gina Heidkamp | • John Nardella |
| • Lilly Buie | • Maria Hertl | • Richard Seitz |
| • Aida Calvopina | • Bernice Kiedysz | • Elinora E. Tolentino |
| • KC Conway | • Marilyn Klein | • Manuel & Norma Viray |
| • Ann Collins Dole | • Patricia Meade | • Leon Ward |
| • Luke Fitzgerald | • Karey Myers | • Yyes Yoza |

If you would like to add a name to the prayer list, please contact the Rectory office at 773.764.3621 or email stgertrude1420@stgertrudechicago.org. Names will remain on the list for three weeks. After that time, please renew the name using same contact information.

Donate to our Parish

- Parishioners can donate to St. Gertrude:
- Text the word *Donate* to 1.773.741.9505.
 - PayPal link - visit our parish website at www.stgertrudechicago.org
 - GiveCentral: www.givecentral.org/location/8/allevants

Email esoto@stgertrudechicago.org for additional information.

Parish Staff

Rev. Michael Gabriel, Parish Administrator
Mary Clare Barker, Minister of Music
Eloy Escamilla, Pastoral Associate
Maria Garcia, Rectory Office Manager
Laurie Hasbrook, Heart to Heart Lending Closet Manager
Andy Mueller, Parish Buildings Engineer
Tracy Shields, Communications Director
Eduardo Soto, Director of Parish Management
Patricia Sullivan, Heart to Heart Director