

A Reason to Care

Visiting volunteers help validate older adults' validity and worth, as well as increase their overall well-being. Volunteers help to make independence and reduce isolation and loneliness.

Being a Heart to Heart Volunteer creates a supportive link to the community. No matter how you spend your time with your new acquaintance, being in his or her home for an hour can be the single most importance event of their day.

Some comment from Heart to Heart members...

"I find it hard to express just how much it means (to all of us) to have all of you in our lives." ~ M.K.

"Thank you for being there when I needed you." ~ D.K.

*My dearest Heart to Heart, I am feeling very much obliged just to say a big thank you for everything...everyone helping with love and care with hope.
~ K.M.*

Become a Volunteer

Do you have a few hours you want to put to good use? Do you want to make a difference in the lives of your neighbors?

If you answered "Yes", then please contact Heart to Heart to inquire about volunteer opportunities.

Volunteer drivers are always needed during the day to drive seniors to medical appointments, hair appointments, to grocery stores, to run errands, and more. As a volunteer driver, you must have a clean driving record, a valid driver's license, and proof of insurance. Even if you don't drive or have access to a vehicle, you can be a friendly visitor or help out with events.

You will be helping your neighbors who are 60 years-old and older who need a little support to sustain their independence.

Volunteers generally provide services Monday through Friday from 9:00 am-5:00 pm and occasionally are needed on a Saturday or a Sunday.

Heart to Heart Ministry St. Gertrude Parish



*Volunteers Helping
Older Adults of St.
Gertrude Parish
& the Edgewater
Community*

History & Mission

In 1986, a few women from St. Gertrude parish realized their older neighbors needed a little assistance. They were people from the parish were asking for help with grocery shopping and to get to doctors' appointments. As the older adults aged, their needs grew and the parish recognized that community support was needed. Thus, Heart to Heart began.

The mission of Heart to Heart is to provide caring volunteers to assist older adults and enable them to remain independent and connected to our community for as long as possible. When needed, referrals are made to supportive services or agencies.

What Will be Expected of Me as a Volunteer?

- You will be asked to be dependable, respectful, and caring.
- You will be asked to accept people as they are.
- You will be asked to uphold each person's dignity.
- You must receive VIRTUS training, a program created by the Catholic Church to protect vulnerable populations.

Volunteer Opportunities & Responsibilities

- Be a friendly visitor
- Make well-being phone calls
- Help with fundraising events

You will be asked to interview with Jane Callahan-Moore, Heart to Heart's director, to complete an application and a criminal background check, attend VIRTUS training by the Archdiocese, and Heart to Heart training.

In Return for your Service

For your volunteer service, you will be given an opportunity to enrich your own life, be able to share your abilities and your talents, learn an appreciation for older adults, and make a difference in the life of another.



Contact Information

Heart to Heart Office

St. Gertrude Ministry Center
6214 N. Glenwood Ave.
Chicago, IL 60660

Contact:

Jane Callahan-Moore,
Director of Parish Social Services

Phone Number:

773.973.5464

Website:

[www.stgertrudechicago.org/
heart-to-heart](http://www.stgertrudechicago.org/heart-to-heart)

Email:

heart2heart@stgertrudechicago.org

Please Note Our New Hours

Monday - 10:00 am-4:00 pm
Tuesday - 10:00 am-4:00 pm
Wednesday - 10:00 am-4:00 pm
Thursday - 10:00 am-4:00 pm
Friday - 10:00 am-4:00 pm

Lending Closet Hours

Tuesday - 10:00 am - 3:00 pm
Thursday - 10:00 am - 3:00 pm

*Please call 773.973.5464 to
arrange an appointment.*