



RESURRECTION COMPOST PROJECT AT ST. GERTRUDE PARISH

COMPOST DO'S & DON'TS

Compost

All vegetable & fruit matter
Flour products, grains, & legumes
Nuts, seeds, & eggshells
Baked goods/bread
Baked snack foods
Eggshells
Coffee grounds & filters
Tea bags & loose tea
Wilted flowers
Used, non-greasy paper towels, napkins, & tissues
Herbs & spices
Houseplant trimmings
Spoiled tofu or tempeh
Spoiled tomato products
Old jelly, jam, or preserves
Organic house waste

Do Not Compost

No meat
No fish
No eggs
No dairy products
No fat, oil, or grease
No fruit pits
No animal feces or cat litter
No chemicals or cleaners
No personal care products
No yard waste
Limit liquids



For more information, visit stgertrudechicago.org
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