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## Understanding the 3-3-3 Rule

### The 3 Days, 3 Weeks, 3 Month Rule of adopting a rescue dog.

The 3-3-3 rule is a general guideline. Every dog is unique and will adjust differently. Be prepared to give your new furry friend space and allow them to go at their own pace.

#### 3Days



- Feeling overwhelmed
- May be scared/unsure what is going on
- Not comfortable enough to be themselves
- May not eat or drink
- May shut down and hide in crate or under furniture
- Testing boundaries

#### 3Weeks



- Starting to settle in
- Feeling more comfortable
- Realizing this could possibly be their forever home
- Figured out their environment
- Getting into a routine
- Starting to let their guard down, and showing true personality
- May start showing some behavior issues

#### 3Months



- Completely comfortable in their new home
- Building trust and bonds with household members
- Gained sense of security with new family
- Set in a routine