

KUWALA GARDENS

Smashed Avo Egg

Freshly smashed avocado with a seasoned chopped boiled egg on charcoal sourdough bread.

11000

Kuwala Breakfast

Eggs of choice, fried Macon, choice of beef sausage, bake beans and two slices of toast.

14000

Keto Breakfast

Eggs of choice, macon or sausages, avocado and mushrooms.

12000

Veggie Omelette

Mozzarella cheese, onions, tomato, green pepper and avocado on the toast.

12000

Fluffy Pancakes

Sweet soft fluffy pancake stack with golden syrup and whipped cream.

11000

French Toast

Cinnamon and sugar toast with Golden syrup or Chocolate sauce served with bananas.

10000

BREAKFAST

Filled croissants

Caprese Mozzarella Basil 14000

Basil pesto and cherry tomatoes with mozzarella melt and balsamic glaze.

Burgers

Prego

Juicy steak grilled in a flavorsome marinade served on a fresh bread roll.

CHICKEN

12000

BEEF

13000

Cheese burger 12000

Grilled beef patty with cheese and salad. Served with chips.

Chicken burger 12000

Special grilled saucy chicken with salad. Served with chips.

Kuwala burger 14000

Grilled double beef patty with cheese and salad served with chips and onion rings.

Fish burger 13000

crumbed fish, tomato, lettuce and caramelized onions with our special sauce. Served with chips.

Prawn roll 16000

Spicy prawns, chips, lettuce and caramelized onions with mayo sauce.

Pizzas

Margherita 16000

Mozzarella and fresh basil on a tomato base.

Creamy Garlic Pesto 16000

Cherry tomatoes, mozzarella cheese, rocket and micro-greens with a creamy garlic drizzle on a basil pesto base.

Chicken Oregano 18000

Paprika chicken and fresh oregano on a tomato and mozzarella base.

Spinach Mushroom 18000

Baby spinach, feta cheese, mushroom slices with garlic mozzarella and olive oil.

Breakfast Pizza 16000

Garlic chicken topped with scrambled eggs on a rosemary mozzarella base.

Filetto Di Manzo 18000

Feta, mushrooms, basil pesto and beef fillet topped with rocket and pickled onions on a parmesan mozzarella base.

Frutti di mare 22000

Paprika prawns and fresh oregano on a tomato and mozzarella base.

Full-house Pizza 20000

Chicken, Beef, mushroom, green pepper, feta and tomato on a mozzarella base.

Mediterranean Tuna 18000

Tuna and mozzarella on a basil pesto base.

CROISSANTS, BURGERS & PIZZAS

Artisanal plates

Chicken Waffle 13000
Southern style fried chicken dipped in a chili garlic honey sauce topped with pickles, green onions and parmesan served on a waffle.

Fish Wraps 14000
Golden fried Chambo fillet wrapped in a wrap with pickled cabbage, avo, chopped peppers, green sauce and spicy sriracha mayo.

Chicken Wrap 13000
Pan fried lemon zest chicken complimented with roasted red pepper sauce and cucumbers wrapped in a fresh wrap.

Grilled Cheese Toastie 10000
Block cheddar cheese and butter toasted on triple layered white sandwich bread.

Chicken Sandwich 11000
Tender chicken with cheese and caramelized onions.

Chicken Mayo Toastie 11000
Toasted bread with Shredded chicken with mayo.

Chicken Lollipops 13000
Six chicken lollipops tossed in a sweet spicy sauce, served with chips.

Grilled Prawns 22000
Five prawns with chips and salads.

Kuwala Steak 20000
Grilled T-Bone served with mushroom sauce.

Kuwala Platter 26000
Four wings, chips, four samosas, sausage, beef strips, onion and salad.

Grilled Chicken Fillet 16000
Lemon Grilled fillet, served with mashed Potato, and vegetables.

Beef or Chicken Stir Fry 16000
Beef or chicken served with rice and vegetables or salad.

Chicken Alfredo 16000
Strips of seasoned chicken breast sautéed then coated in a creamy Alfredo sauce.

Spaghetti Bolognese 16000
Succulent ground beef, simmered onions, garlic, and tomatoes, forms the hearty base of our Bolognese sauce.

Quesadilla 14000
Crispy tortillas filled with gooey cheese, served with zesty salsa and sour cream.

Pan fried Chambo 14000
Open or closed optional.

Starches: Chips, Rice, Mash Potatoes, Nsima, Sweet potato fries, Cassava or fries and Plantain. *Ask waiter whats available.*

Kuwala Sweet Spicy Wings 12000
Fried wings tossed in a sweet spicy sauce served with chips or sweet potato fries.

Thyme Chicken Sandwich 15000
Tender thyme chicken on a soft Italian bread layered with onions, rocket, sweet chili sauce and a caramelized cheese.

Fresh bowls

Mongolian Stir-Fry
Mouthwatering Moon Rice Karonga Kilombero and spaghetti base mixed with fresh vegetables and soya sauce zest.

CHICKEN	13000
BEEF	13000
EGGPLANT	11000

Teriyaki Ginger Glaze
Ginger glazed teriyaki with Moon Rice Karonga Kilombero, fried egg, carrots, cucumbers, spring onions, sesame seeds.

BEEF	14000
EGGPLANT	12000

Utawaleza Salad 12000
Rainbow salad with spiced chickpeas, minty cucumbers, carrots, marinated cherry tomatoes, mixed greens with feta and croutons served with orange vinaigrette.

Chicken Salad 13000
Lettuce, cherry tomatoes, onions, sesame seeds, cucumber, carrots and chicken with our special dressing.

Triple Hummus 13000
Chickpea, red pepper, and black bean hummus served with vegetable sticks, dates, pita pockets, and breadsticks.

ADDITIONS	+ Feta (20gr)	2500
	+ Chicken (50gr)	4000
	+ Beef (50gr)	4500
	+ Avocado	1500

FRESH BOWLS & ARTISANAL PLATES

Croissants

French croissant	2500
Pain au chocolat	3500
Roche croissant	4500
Nutella croissant	4500



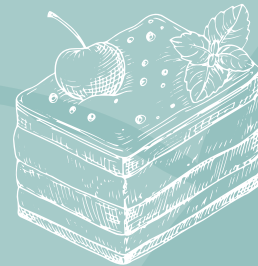
Cakes

Lemon & passion cheesecake	6500
Strawberry cheesecake	6000
Chocolate ganache cake	5000



Waffle

Waffle with Ice cream	8000
Chocolate Waffle with Ice cream	8000
Waffle with Banana and Syrup	7000
Chocolate Waffle with Nuttela	8500



Pancakes

Chocolate Pancake with Nuttela	6000
Chocolate Pancake with Cream & banana	6500

Kuwala specials

Oreo Ice cream Sandwich	8000
Banana split with Ice cream and nuts	8000
Kuwala Ice cream Sandwich	8000



YOU MAKE MY DAY Sweet

DESSERTS

Coffee

Plunger coffee	4000
Espresso	2500
Americano	3000 / T 3500
Cappuccino	3000 / T 4000
Macchiato	3200
Cafe bombon	3500
Mocha	4000
Latte	3500
Salted caramel latte	4500
Vanilla latte	4500
Iced coffee	4000
Caramel iced latte	4500
Vanilla iced latte	4500
Spanish iced latte	4500

Teas

Fresh mint tea	2500
Herbal teas	3000
Masala chai	3500
Tea latte	3500
English tea	3000
Rooibos teas	3000

Frappes

Chocolate	5000
Vanilla bean	5000
Mint mocha chip	5500

Milkshakes

Strawberry	5000
Vanilla	5000
Chocolate	5000

Juices

Depends on seasonal availability

ABC Glow <i>Apple, beetroot and carrot.</i>	5000
Citrus refresher <i>Orange, lemon and mint.</i>	5000
Cucumber detox <i>Cucumber, apple and cilantro.</i>	5000
Carrot affair <i>Carrot, orange and ginger.</i>	5000
100% juices <i>Ask waiter whats available.</i>	4000
Ginger shot	2500

Smoothies

Depends on seasonal availability

Tropical house A medley of tropical fruits.	5500
Pineapple booster Pineapple, turmeric, banana and coconut milk.	5500
Date me Dates, almond milk and cinnamon.	5500
Coco mango Coconut, mango, banana and milk.	5500

Mocktails

Depends on seasonal availability

Orange Mojito slush Citrus fruits juices.	5000
Pineapple Basil Slush Pineapple freshly squeezed with fresh basil.	5000
Mix berry Ice Tea Assorted berries freshly squeezed.	5500
Electric Lemonade Electric syrup and fresh lemonade with sprite.	5500
Passion Fresh passionfruit with lemonade and mint.	5500
Ananas Fresh pineapple juice with sprite.	5500
Strawberry Strawberry syrup with sprite lemonade.	5500
Virgin Mint Mojito Mint, lemonade and sprite.	5500

Refreshers

Local Lemonade	4000
Water bottle still	1000
Water bottle sparkling	2500
Sprite · Coca Cola · Fanta	1000
Soda · Tonic · Ginger Ale	3000
Appletiser · Grapetiser	3000
Red Bull · Red Bull light	3500
Gonda Power	1700
Moringa Zing	2000

SUBSTITUTIONS
OR ADDITIONS

+ Almond or Soy Milk	2500
+ Condensed Milk	2000
+ Caramel or Vanilla shot	2000
+ Honey	1500
+ Extra milk	2000

◇ ASK THE WAITER FOR THE BAR DRINKS MENU ◇

DRINKS

Drinks

Refreshers

Local Lemonade	4000
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Water bottle sparkling	2500
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Cocktails

Home-made Sauvignons Gin, lime, lemon juice, fresh mint and syrup.	6500
Cape Ville Robust Malibu, Captain Morgan, Tango, lemon juice and syrup.	7500
Neglon Campari, Tango, Cinzano and sugar syrup.	8500
Morgan Tale Captain Morgan, Vodka, lemon juice and syrup.	7000
Vanilla Sky Vodka, lemon juice, orange juice, sugar syrup, vanilla and pineapple.	6500
Lemon Drop Malawi gin, lemon juice, fresh mint and syrup.	6500
Classic Mojito Bacardi, lemon juice, fresh mint and syrup.	6500
Lime and Orange Margarita Triple Sec, Tequila Silver, syrup and soda.	7000
Tropical Sunrise Vodka, Triple Sec and orange juice.	7000
Sneak Pathada Sprite, Ginger Ale, Bitters and Vodka.	7500
Jungle Fever Malibu, Rum, Passion fruit and syrup.	8500

Ciders

Savana Dry	4000
Hunters Gold · Hunters Dry	3500
Brutal Fruit	4000
Breezer	4000

Beers

Kuchekuche	1500
Castle	2000
Carlsburg Green	2000
Carlsburg Special Brew	2000
Chill	2000

Shoots

Amarula	3000
Malawi Gin	2700
Malfy Gin	4000
Tanqueray Gin	4000
Jermeinster	5500
Bombay Gin	3000
Roberto Cavalli Vodka	8000
Monty Blanc Vodka	8000
Smirnoff Vodka	3500
Kilos Vodka	8000
Ciroc Vodka	6000
Abolut Vodka	3500
Jameson Irish Whiskey	4500
Jameson Stout Irish Whiskey	5500
Jameson Select Irish Whiskey	8000
Red Label Whiskey	4000
Black Label Whiskey	6500
Double Black Whiskey	8500
Gold Label Whiskey	11500
Green Label Whiskey	12500
Blue Label Whiskey	28000
Glenfiddich 12 years Whiskey	8000
Glenfiddich 15 years Whiskey	10000
Glenfiddich 18 years Whiskey	14000
Macallan 12 years Whiskey	8500
Jack Daniels Whiskey	5000
Jack Daniels Honey Whiskey	5000
The Balvenie	27000
Chivas 18 years Whiskey	11500
Jagermeister	5500
Tequila Gold	5500
Tequila Silver	4000
Lovoka	4500
Premier Brandy	2500
Klipdrift Premium	4500
Malibu	3000
Southern Comfort	3500
Strawberry Lips	3000
Captian Morgan Rum	4000
Bacardi Rum	3000
Van Gough	8000
Cactus Jack	4000
Campari	4000
Tango	4000

Wines

Drostdyhof Red · Glass	4000
Four Cousins Natural Sweet Red · 750ml	40000
Four Cousins Natural Sweet Red · 1L	40000
Zonnebloem Red · 750ml	40000
Nederburg Stein Red · 750ml	40000
Caerbertnet Red · 750ml	40000
Nederburg Red · 750ml	40000
Nederburg Merlot Red · 750ml	40000
Nederburg Barolle Red · 750ml	40000
Protea Shiraz Red · 750ml	40000
Blunnel Malbeg Red · 750ml	40000
Ruppet and Ruth's Child Red · 750ml	60000
The Chocolate Block Red · 750ml	85000
Four Cousins Sweet Rose · 750ml	40000
Four Cousins Sweet Rose · 1L	45000
Nederburg Rose · 750ml	40000
Four Cousins Natural Sweet White · 750ml	40000
Four Cousins Natural Sweet White · 1L	40000
Caerbertnet White · 750ml	40000
Sauvignon Blanc White · 750ml	40000
Nederburg Barolle White · 750ml	40000
Protea Shiraz White · 750ml	40000