

### **Smashed Avo Egg**

Freshly smashed avocado with a seasoned chopped boiled egg on charcoal sourdough bread.

10500

### **Trendy Eggs**

Organic eggs served on a bed of garlic greens, on toasted sourdough bread or butter croissant.

10000

### **Kuwala Breakfast**

Eggs of choice, fried Macon, choice of (chicken or beef) sausage, bake beans and two slices of toast.

13000

### **Keto Breakfast**

Eggs of choice, macon or sausages, avocado and mushrooms.

10000

### **Eggs Benedict**

Two poached eggs on a soft croissant with macon, blistered cherry tomatoes, and hollandaise sauce.

11000

### **Veggie Omelette**

Mozzarella cheese, onions, tomato, green pepper and avocado on the toast.

11500

### **Fluffy Pancakes**

Sweet soft fluffy pancake stack with golden syrup and whipped cream.

10500

### **Granola Buddha Bowl**

Seed and nut granola served with fresh yogurt, seasonal fruit and chia seeds.

10500

### **French Toast**

Cinnamon and sugar toast with Golden syrup or Chocolate sauce served with bananas.

10000

**BREAKFAST**

## Fresh bowls

### Mongolian Stir-Fry

Mouthwatering Moon Rice Karonga Kilombero and spaghetti base mixed with fresh vegetables and soya sauce zest.

<b>CHICKEN</b>	<b>12500</b>
<b>BEEF</b>	<b>12500</b>
<b>EGGPLANT</b>	<b>10000</b>

### Teriyaki Ginger Glaze

Ginger glazed teriyaki with Moon Rice Karonga Kilombero, fried egg, carrots, cucumbers, spring onions, sesame seeds.

<b>BEEF</b>	<b>13000</b>
<b>EGGPLANT</b>	<b>11500</b>

### Forest Pho Soup

Lemongrass soy broth with vermicelli rice noodles and mushrooms topped with coriander, spring onions, sunflower seeds, and micro-greens.

### Utawaleza Salad

Rainbow salad with spiced chickpeas, minty cucumbers, carrots, marinated cherry tomatoes, mixed greens with feta and croutons served with orange vinaigrette.

### Chicken Salad

Lettuce, cherry tomatoes, onions, sesame seeds, cucumber, carrots and chicken with our special dressing.

### Triple Hummus

Chickpea, red pepper, and black bean hummus served with vegetable sticks, dates, pita pockets, and breadsticks.

<b>ADDITIONS</b>	<b>+ Feta (20gr)</b>	<b>1500</b>
	<b>+ Chicken (50gr)</b>	<b>3000</b>
	<b>+ Beef (50gr)</b>	<b>3500</b>
	<b>+ Avocado</b>	<b>1000</b>

## Artisanal plates

### Chicken Waffle

Southern style fried chicken dipped in a chili garlic honey sauce topped with pickles, green onions and parmesan served on a waffle.

### Fiesta Fish Tacos

Golden fried Chambo fillet filled in a soft taco shell with pickled cabbage, avo, chopped peppers, green sauce and spicy sriracha mayo.

### Philly Cheese Steak Melt

Classic steak and mozzarella melt on Sourdough or Italian bread. Optional hot sauce or creamy garlic dip.

### Chicken Gorgonzola Wrap

Pan fried lemon zest chicken complimented with roasted red pepper sauce, cucumbers and gorgonzola cream wrapped in a fresh wrap.

### Grilled Cheese Toastie

Block cheddar cheese and butter toasted on triple layered white sandwich bread.

### Thyme Chicken Sandwich

Tender thyme chicken on a soft Italian bread layered with onions, rocket, sweet chili sauce and a caramelized cheese.

### Chicken Mayo Toastie

Toasted bread with Shredded chicken with mayo.

### Chicken lollipops

Six chicken lollipops tossed in a sweet spicy sauce, served with chips.

### Keto Wrap

Lettuce wrap and inside chicken or salmon with avocado and cheese.

### Grilled prawns

Five prawns with chips and salads.

### Kuwala Steak

Grilled T-Bone served with chips and salad.

### Kuwala Platter

Four wings, chips, four samosas, sausage, beef strips, onion and salad.

### Grilled Chicken Fillet

Lemon Grilled fillet, served with mashed Potato, and vegetables.

### Garlic Chicken

Spicy Chicken cubes served with rice and vegetables or salad.

### Beef Stir Fry

Beef Stir Fry served with rice and vegetables or salad.

## FRESH BOWLS & ARTISANAL PLATES

## Filled croissants

### Caprese Mozzarella Basil 12000

Basil pesto and cherry tomatoes with mozzarella melt and balsamic glaze.

### Smoked Salmon 13000

Smoked salmon with cream cheese, cherry tomatoes, and spring onions on an activated charcoal croissant.

### Grilled Halloumi 12000

Grilled halloumi cheese with fresh mint yogurt and cucumbers.

## Burgers

### Prego

Juicy steak grilled in a flavorsome marinade served on a fresh bread roll.

CHICKEN 12000

BEEF 13000

### Cheese burger 12000

Grilled beef patty with cheese and salad. Served with chips.

### Chicken burger 12000

Special grilled saucy chicken with salad. Served with chips.

### Kuwala burger 14000

Grilled double beef patty with cheese and salad served with chips and onion rings.

### Fish burger 13000

crumbed fish, tomato, lettuce and caramelized onions with our special sauce. Served with chips.

### Prawn roll 14000

Spicy prawns, chips, lettuce and caramelized onions with mayo sauce.

## Pizzas

### Margherita 15000

Mozzarella and fresh basil on a tomato base.

### Creamy Garlic Pesto 16000

Cherry tomatoes, mozzarella cheese, rocket and micro-greens with a creamy garlic drizzle on a basil pesto base.

### Chicken Oregano 18000

Paprika chicken and fresh oregano on a tomato and mozzarella base.

### Breakfast Pizza 16000

Garlic chicken topped with scrambled eggs on a rosemary mozzarella base.

### Spinach Mushroom 16000

Baby spinach, feta cheese, mushroom slices with garlic mozzarella and olive oil.

### Spicy Diavola 17500

Beef salami, chicken polony, sweet pickled hot chili, green peppers and fresh basil on a tomato garlic base.

### Filetto Di Manzo 17500

Feta, mushrooms, basil pesto and beef fillet topped with rocket and pickled onions on a parmesan mozzarella base.

### Frutti di mare 20000

Paprika prawns and fresh oregano on a tomato and mozzarella base.

### Full-house House Pizza 20000

Chicken, Beef, mushroom, green pepper, feta and tomato on a mozzarella base.

## CROISSANTS, BURGERS & PIZZAS

## Croissants

French croissant	2500
Pain au chocolat	3500
Roche croissant	4500
Nutella croissant	4500



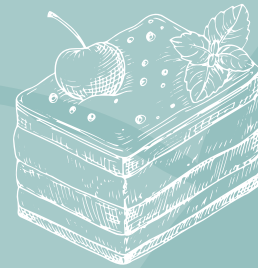
## Cakes

Lemon & passion cheesecake	6500
Strawberry cheesecake	6000
Chocolate ganache cake	5000



## Waffle

Waffle with Ice cream	8000
Chocolate Waffle with Ice cream	8000
Waffle with Banana and Syrup	7000
Chocolate Waffle with Nuttela	8500



## Pancakes

Chocolate Pancake with Nuttela	6000
Chocolate Pancake with Cream & banana	6500

## Kuwala specials

Oreo Ice cream Sandwich	8000
Banana split with Ice cream and nuts	8000
Kuwala Ice cream Sandwich	8000



YOU MAKE MY DAY Sweet

DESSERTS

# Build your own bagel

## 1 CHOOSE A BAGEL BASE

Plain	2000
Cinnamon and Raisins	2500
Everything bagel Sesame, Poppy, Salt, Onion and Garlic	2500

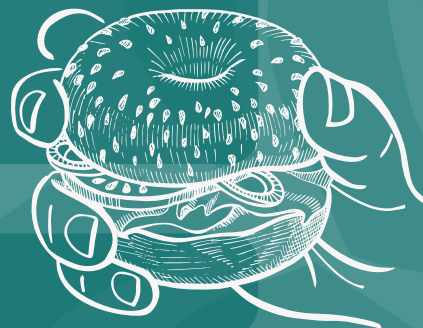


## 2 PICK YOUR TOPPING

Cream Cheese	3500
Eggs	4000
Salmon	4000
Tuna Salad	4000

## 3 CHOOSE YOUR SAUCE

Nutella	3000
Syrup	3000
Jam	3000
Honey	3000



## 4 BITE AND ENJOY!

HERE'S TO A HOLE DAY OF happiness

## Coffee

Plunger coffee	4000
Espresso	2500
Americano	3000 / T 3500
Cappuccino	3000 / T 4000
Macchiato	3200
Cafe bombon	3500
Mocha	4000
Latte	3500
Salted caramel latte	4500
Vanilla latte	4500
Iced coffee	4000
Caramel iced latte	4500
Vanilla iced latte	4500
Spanish iced latte	4500

## Teas

Fresh mint tea	2500
Herbal teas	3000
Masala chai	3500
Tea latte	3500
English tea	3000
Rooibos teas	3000

## Frappes

Chocolate	5000
Vanilla bean	5000
Mint mocha chip	5500

## Milkshakes

Strawberry	5000
Vanilla	5000
Chocolate	5000

## Juices

*Depends on seasonal availability*

ABC Glow	5000
Apple, beetroot and carrot.	
Citrus refresher	5000
Orange, lemon and mint.	
Cucumber detox	5000
Cucumber, apple and cilantro.	
Carrot affair	5000
Carrot, orange and ginger.	
Ginger shot	2500

## Smoothies

*Depends on seasonal availability*

<b>Tropical house</b>	5500
A medley of tropical fruits.	
<b>Pineapple booster</b>	5500
Pineapple, turmeric, banana and coconut milk.	
<b>Date me</b>	5500
Dates, almond milk and cinnamon.	
<b>Coco mango</b>	5500
Coconut, mango, banana and milk.	

## Mocktails

*Depends on seasonal availability*

<b>Orange Mojito slush</b>	5000
Citrus fruits juices.	
<b>Pineapple Basil Slush</b>	5000
Pineapple freshly squeezed with fresh basil.	
<b>Mix berry Ice Tea</b>	5500
Assorted berries freshly squeezed.	
<b>Electric Lemonade</b>	5500
Electric syrup and fresh lemonade with sprite.	
<b>Passion</b>	5500
Fresh passionfruit with lemonade and mint.	
<b>Ananas</b>	5500
Fresh pineapple juice with sprite.	
<b>Strawberry</b>	5500
Strawberry syrup with sprite lemonade.	
<b>Virgin Mint Mojito</b>	5500
Mint, lemonade and sprite.	

## Refreshers

Local Lemonade	4000
Water bottle still	1000
Water bottle sparkling	2500
Sprite · Coca Cola · Fanta	1000
Soda · Tonic · Ginger Ale	3000
Appletiser · Grapetiser	3000
Red Bull · Red Bull light	3500
Gonda Power	1700
Moringa Zing	2000

SUBSTITUTIONS  
OR ADDITIONS

+ Almond or Soy Milk	2500
+ Condensed Milk	2000
+ Caramel or Vanilla shot	2000
+ Honey	1500
+ Extra milk	2000

◇ ASK THE WAITER FOR THE BAR DRINKS MENU ◇

# Drinks

## Refreshers

Local Lemonade	4000
Water bottle still	1000
Water bottle sparkling	2500
Sprite · Coca Cola · Fanta	1000
Soda · Tonic · Ginger Ale	3000
Appletiser · Grapetiser	3000
Red Bull · Red Bull light	3500
Gonda Power	2000
Moringa Zing	1700

## Mocktails

*Depends on seasonal availability*

<b>Orange Mojito slush</b> Citrus fruits juices.	5000
<b>Pineapple Basil Slush</b> Pineapple freshly squeezed with fresh basil.	5000
<b>Mix berry Ice Tea</b> Assorted berries freshly squeezed.	5500
<b>Electric Lemonade</b> Electric syrup and fresh lemonade with sprite.	5500
<b>Passion</b> Fresh passionfruit with lemonade and mint.	5500
<b>Ananas</b> Fresh pineapple juice with sprite.	5500
<b>Strawberry</b> Strawberry syrup with sprite lemonade.	5500
<b>Virgin Mint Mojito</b> Mint, lemonade and sprite.	5500

## Cocktails

<b>Home-made Sauvignons</b> Gin, lime, lemon juice, fresh mint and syrup.	6500
<b>Cape Ville Robust</b> Malibu, Captain Morgan, Tango, lemon juice and sugar syrup.	7500
<b>Neglon</b> Campari, Tango, Cinzano and sugar syrup.	8500
<b>Morgan Tale</b> Captain Morgan, Vodka, lemon juice and syrup.	7000
<b>Vanilla Sky</b> Vodka, lemon juice, orange juice, sugar syrup, vanilla and pineapple.	6500
<b>Lemon Drop</b> Malawi gin, lemon juice, fresh mint and syrup.	6500
<b>Classic Mojito</b> Bacardi, lemon juice, fresh mint and syrup.	7000
<b>Lime and Orange Margarita</b> Triple Sec, Tequila Silver, syrup and soda.	7000
<b>Tropical Sunrise</b> Vodka, Triple Sec and orange juice.	7500
<b>Sneak Pathada</b> Sprite, Ginger Ale, Bitters and Vodka.	7000

## Ciders

Savana Dry	4000
Hunters Gold · Hunters Dry	3500
Brutal Fruit	4000
Breezer	4000

## Beers

Kuchekuche	1300
Castle	1300
Carlsburg Green	1500
Carlsburg Special Brew	1500
Chill	2000

## Shoots

Amarula	3000
Malawi Gin	2700
Malfy Gin	4000
Tanqueray Gin	4000
Jermeinster	5500
Bombay Gin	3000
Roberto Cavalli Vodka	8000
Monty Blanc Vodka	8000
Smirnoff Vodka	3500
Kilos Vodka	8000
Ciroc Vodka	6000
Abolut Vodka	3500
Jameson Irish Whiskey	4500
Jameson Stout Irish Whiskey	5500
Jameson Select Irish Whiskey	8000
Red Label Whiskey	4000
Black Label Whiskey	6500
Double Black Whiskey	8500
Gold Label Whiskey	11500
Green Label Whiskey	12500
Blue Label Whiskey	28000
Glenfiddich 12 years Whiskey	8000
Glenfiddich 15 years Whiskey	10000
Glenfiddich 18 years Whiskey	14000
Macallan 12 years Whiskey	8500
Jack Daniels Whiskey	5000
Jack Daniels Honey Whiskey	5000
The Balvenie	27000
Chivas 18 years Whiskey	11500
Jagermeister	5500
Tequila Gold	5500
Tequila Silver	4000
Lovoka	4500
Premier Brandy	2500
Klipdrift Premium	4500
Malibu	3000
Southern Comfort	3500
Strawberry Lips	3000
Captian Morgan Rum	4000
Bacardi Rum	3000
Van Gough	8000
Cactus Jack	4000
Campari	4000
Tango	4000

## Wines

Drostdyhof Red · Glass	4000
Four Cousins Natural Sweet Red · 750ml	40000
Four Cousins Natural Sweet Red · 1L	40000
Zonnebloem Red · 750ml	40000
Nederburg Stein Red · 750ml	40000
Caerbertnet Red · 750ml	40000
Nederburg Red · 750ml	40000
Nederburg Merlot Red · 750ml	40000
Nederburg Barolle Red · 750ml	40000
Protea Shiraz Red · 750ml	40000
Blunnel Malbeg Red · 750ml	40000
Ruppet and Ruth's Child Red · 750ml	60000
The Chocolate Block Red · 750ml	85000
Four Cousins Sweet Rose · 750ml	40000
Four Cousins Sweet Rose · 1L	45000
Nederburg Rose · 750ml	40000
Four Cousins Natural Sweet White · 750ml	40000
Four Cousins Natural Sweet White · 1L	40000
Caerbertnet White · 750ml	40000
Sauvignon Blanc White · 750ml	40000
Nederburg Barolle White · 750ml	40000
Protea Shiraz White · 750ml	40000