

# NATIONAL KARATE SCHOOLS INTRAMURAL

## Little Masters Divisions

BASICS - WHITE BELT	PERFORMANCE	COMPETITIVE	RING
5 & Younger Boys & Girls	5:00		14
6 Yrs. Boys & Girls	5:30		14
7 Yrs. Boys & Girls	6:00		14

### BASICS - WHITE w/ 1 GOLD STRIPE

5 & Younger Boys & Girls	5:00	5:45	16
6 -7 Yrs. Boys & Girls	5:00	5:45	15

### BASICS - WHITE w/ 2 GOLD STRIPES

5 & Younger Boys & Girls	5:00	5:45	21
6 -7 Yrs. Boys & Girls	5:00	5:45	19

### BASICS - WHITE w/ 1 GREEN STRIPE

5 & Younger Boys & Girls	5:00	5:45	17
6 -7 Yrs. Boys & Girls	5:00	5:45	18

### BASICS - WHITE w/ 2 GREEN STRIPES

5 & Younger Boys & Girls	5:00	5:45	25
6 -7 Yrs. Boys & Girls	5:00	5:45	10

### BASICS - WHITE w/ 1 PURPLE STRIPE & UP

5 & r Boys & Younger Girls	5:00	5:45	22
6-7 Yrs. Boys & Girls	5:00	5:45	13

## LITTLE MASTERS SPARRING DIVISIONS

<b>Boys</b>			
5 & Younger - All Belt Levels		6:30	17
6-7 Yrs. - 2 Green Stripes and Below		6:30	18
6-7 Yrs - 1 Purple Stripe & Up		6:30	13
<b>Girls</b>			
7 & Younger Belt Levels		6:30	10

**\*NASKA rules will be used in all divisions.**

**Note: Only Light headgear contact (no face contact) is allowed  
in all Under Black Belt divisions.**

*Performance Divisions are non-judged divisions and will receive a performance trophy.  
Competitive Divisions will be judged and the top 8 scores will receive awards.  
All others will receive participation awards.*