

FRIDAY RING ASSIGNMENTS

Under Black Belt

CREATIVE WEAPONS - *will be split as necessary by age/rank*

	TIME	RING
7 & Under, All Ranks, Boys & Girls	2:30	32
8-10, All Ranks, Boys & Girls	2:30	32
11-13, Beginner & Intermediate, Boys & Girls	2:30	34
11-13, Advanced Boys & Girls	2:30	34
14-17, All Ranks, Boys & Girls	2:30	36
18 & Up, All Ranks, Men	2:30	36
18 & Up, All Ranks, Women	2:30	36

CREATIVE FORM - *will be split as necessary by age/rank*

7 & Under, All Ranks, Boys & Girls	3:15	32
8-10, All Ranks, Boys & Girls	3:15	32
11-13, All Ranks Boys & Girls	3:15	34
14-17, All Ranks, Boys & Girls	3:15	34
18 & Up, All Ranks, Men	3:15	36
18 & Up, All Ranks, Women	3:15	36

MUSICAL WEAPONS - *will be split as necessary by age/rank*

7 & Under, All Ranks, Boys & Girls	4:00	32
8-10, All Ranks, Boys & Girls	4:00	32
11-13, All Ranks Boys & Girls	4:00	34
14-17, All Ranks, Boys & Girls	4:00	34
18 & Up, All Ranks, Men	4:00	36
18 & Up, All Ranks, Women	4:00	36

MUSICAL FORM - *will be split as necessary by age/rank*

7 & Under, All Ranks, Boys & Girls	4:45	32
8-10, All Ranks, Boys & Girls	4:45	32
11-13, All Ranks, Boys & Girls	4:45	34
14-17, All Ranks, Boys & Girls	4:45	34
18 & Up, All Ranks, Men	4:45	36
18 & Up, All Ranks, Women	4:45	36

EXTREME WEAPONS - *will be split as necessary by age/rank*

17 & Under, All Ranks, Boys & Girls	5:30	32
18 & Up, All Ranks. Men & Women	5:30	34

EXTREME FORM - *will be split as necessary by age/rank*

17 & Under, All Ranks, Boys & Girls	6:15	32
18 & Up, All Ranks. Men & Women	6:15	34