

NATIONAL KARATE SCHOOLS INTRAMURAL

Little Masters Basics Divisions

BASICS - WHITE BELT	PERFORMANCE	COMPETITIVE	RING
5 & Under Boys & Girls	5:00		15
6 Yrs. Boys & Girls	5:30		15
7 Yrs. Boys & Girls	6:00		15

BASICS - WHITE w/1 GOLD STRIPE

5 & Under Boys & Girls	5:00	5:45	13
6 -7 Yrs. Boys & Girls	5:00	5:45	14

BASICS - WHITE w/2 GOLD STRIPES

5 & Under Boys & Girls	5:00	5:45	20
6 -7 Yrs. Boys & Girls	5:00	5:45	27

BASICS - WHITE w/ 1 GREEN STRIPE

5 & Under Boys & Girls	5:00	5:45	16
6 -7 Yrs. Boys & Girls	5:00	5:45	17

BASICS - WHITE w/ 2 GREEN STRIPES

5 & Under Boys & Girls	5:00	5:45	24
6 -7 Yrs. Boys & Girls	5:00	5:45	29

BASICS - WHITE w/ 1 PURPLE STRIPE & UP

5 & Under Boys & Girls	5:00	5:45	18
6-7 Yrs. Boys & Girls	5:00	5:45	25

Little Masters Sparring Divisions

Boys			
5 & Under - All Belt Levels		6:30	16
6-7 Yrs. - 2 Green Stripes and Below		6:30	17
6-7 Yrs - 1 Purple Stripe & Up		6:30	25
Girls			
7 & Under - All Belt Levels		6:30	18

*NASKA rules will be used in all divisions.

Note: Only Light headgear contact (no face contact) is allowed
in all Under Black Belt divisions.

*Performance Divisions are non-judged divisions and will receive a performance trophy.
Competitive Divisions will be judged and the top 8 scores will receive awards.
All others will receive participation awards.*