

NATIONAL KARATE SCHOOLS INTRAMURAL

Youth, Teen & Adult Divisions

BASICS - WHITE BELT	PERFORMANCE	COMPETITIVE	RING
10 Yrs. & Under Boys & Girls	5:00	5:30	12
11-17 Yrs. Boys & Girls	6:00	6:15	12
18 & Up Men & Women	6:30	6:45	12

Order of Below Divisions:

1st: NON-JUDGED PERFORMANCE BASICS, WEAPONS OR EMPTY-HAND FORM

2nd: JUDGED COMPETITIVE BASICS

3rd: JUDGED COMPETITIVE WEAPONS

4th: JUDGED COMPETITIVE EMPTY-HAND FORM

5th: JUDGED COMPETITIVE SPARRING

	Time	Ring		Time	Ring
8 & Under Gold & Gold w/Green Stripe Boys	5:00	26	11-12 Gold thru Green w/Purple Stp Boys	7:00	16
8 & Under Green & Green w/Purple Stp Boys	5:00	28	11-12 Gold thru Green w/Purple Stp Girls	6:30	15
8 & Under Gold thru Green w/Purple Stp Girls	5:00	30	11-12 Purple thru Purple w/Blue Stp Boys	7:00	21
8 & Under Purple & Purple w/Blue Stp Boys	5:00	19	11-12 Purple thru Blue w/Red Stripe Girls	7:00	22
8 & Under Purple thru Red w/Brown Stp Girls	5:00	31	11-12 Blue thru Blue w/Red Stp Boys	7:00	24
8 & Under Blue thru Red w/ Brown Stp Boys	5:00	21	11-12 Red and Red w/Brown Stp Boys	7:00	26
9-10 Gold thru Green w/Purple Stp Boys	5:00	22	11-12 Red and Red w/Brown Stp Girls	7:00	23
9-10 Gold thru Green w/Purple Stp Girls	5:00	23	13-17 Gold thru Red w/Brown Stp Boys	7:00	28
9-10 Purple thru Purp w/Blue Stp Boys	7:00	12	13-17 Gold thru Red w/Brown Stp Girls	7:00	30
9-10 Purple thru Blue w/Red Stripe Girls	6:30	13	18 & Up Gold thru Red w/Brown Stripe Men	7:00	31
9-10 Blue thru Blue w/Red Stp Boys	6:30	20	18 & Up Gold thru Red w/Brown Stp Women	7:00	31
9-10 Red and Red w/Brown Stp Boys	7:00	19			
9-10 Red and Red w/Brown Stp Girls	6:30	14			

***Highest Belt level competing in Friday Intramural is
Red w/ Brown Stripe belt***

***Divisions may be split depending on the number of competitors
by age, rank and/or size***