

FRIDAY RING ASSIGNMENTS

Under Black Belt

CREATIVE WEAPONS - will be split as necessary by age/rank

	TIME	RING
7 & Under, All Ranks, Boys & Girls	1:30	32
8-10, All Ranks, Boys & Girls	1:30	32
11-13, Beginner & Intermediate, Boys & Girls	1:30	34
11-13, Advanced Boys & Girls	1:30	34
14-17, All Ranks, Boys & Girls	1:30	36
18 & Up, All Ranks, Men	1:30	36
18 & Up, All Ranks, Women	1:30	36

CREATIVE FORM - will be split as necessary by age/rank

7 & Under, All Ranks, Boys & Girls	2:15	32
8-10, All Ranks, Boys & Girls	2:15	32
11-13, All Ranks Boys & Girls	2:15	34
14-17, All Ranks, Boys & Girls	2:15	34
18 & Up, All Ranks, Men	2:15	36
18 & Up, All Ranks, Women	2:15	36

MUSICAL WEAPONS - will be split as necessary by age/rank

7 & Under, All Ranks, Boys & Girls	3:00	32
8-10, All Ranks, Boys & Girls	3:00	32
11-13, All Ranks Boys & Girls	3:00	34
14-17, All Ranks, Boys & Girls	3:00	34
18 & Up, All Ranks, Men	3:00	36
18 & Up, All Ranks, Women	3:00	36

MUSICAL FORM - will be split as necessary by age/rank

7 & Under, All Ranks, Boys & Girls	3:45	32
8-10, All Ranks, Boys & Girls	3:45	32
11-13, All Ranks, Boys & Girls	3:45	34
14-17, All Ranks, Boys & Girls	3:45	34
18 & Up, All Ranks, Men	3:45	36
18 & Up, All Ranks, Women	3:45	36

EXTREME WEAPONS - will be split as necessary by age/rank

17 & Under, All Ranks, Boys & Girls	4:30	34
18 & Up, All Ranks. Men & Women	4:30	34

EXTREME FORM - will be split as necessary by age/rank

17 & Under, All Ranks, Boys & Girls	5:15	34
18 & Up, All Ranks. Men & Women	5:15	34