

# NATIONAL KARATE SCHOOLS INTRAMURAL

## Little Masters Basics Divisions

<b>BASICS - WHITE BELT</b>	<b>PERFORMANCE</b>	<b>COMPETITIVE</b>	<b>RING</b>
5 & Under Boys & Girls	5:00 NK-001		15
6 Yrs. Boys & Girls	5:30 NK-002		15
7 Yrs. Boys & Girls	6:00 NK-003		15

### **BASICS - WHITE w/1 GOLD STRIPE**

5 & Under Boys & Girls	5:00 NK-004	5:45 NK-005	13
6 -7 Yrs. Boys & Girls	5:00 NK-006	5:45 NK-007	14

### **BASICS - WHITE w/2 GOLD STRIPES**

5 & Under Boys & Girls	5:00 NK-008	5:45 NK-009	20
6 -7 Yrs. Boys & Girls	5:00 NK-010	5:45 NK-011	27

### **BASICS - WHITE w/ 1 GREEN STRIPE**

5 & Under Boys & Girls	5:00 NK-012	5:45 NK-013	16
6 -7 Yrs. Boys & Girls	5:00 NK-014	5:45 NK-015	17

### **BASICS - WHITE w/ 2 GREEN STRIPES**

5 & Under Boys & Girls	5:00 NK-016	5:45 NK-017	24
6 -7 Yrs. Boys & Girls	5:00 NK-018	5:45 NK-019	29

### **BASICS - WHITE w/ 1 PURPLE STRIPE & UP**

5 & Under Boys & Girls	5:00 NK-020	5:45 NK-021	18
6-7 Yrs. Boys & Girls	5:00 NK-022	5:45 NK-023	25

## Little Masters Sparring Divisions

<b>Boys</b>			
5 & Under - All Belt Levels		6:30 NK-024	16
6-7 Yrs. - 2 Green Stripes and Below		6:30 NK-025	17
6-7 Yrs - 1 Purple Stripe & Up		6:30 NK-026	25
<b>Girls</b>			
7 & Under - All Belt Levels		6:30 NK-027	18

\*NASKA rules will be used in all divisions.

Note: Only Light headgear contact (no face contact) is allowed  
in all Under Black Belt divisions.

*Performance Divisions are non-judged divisions and will receive a performance trophy.  
Competitive Divisions will be judged and the top 8 scores will receive awards.  
All others will receive participation awards.*