

# FRIDAY RING ASSIGNMENTS

## Under Black Belt

### CREATIVE WEAPONS - will be split as necessary by age/rank

	TIME	RING
7 & Under, All Ranks, Boys & Girls	1:30	33
8-10, All Ranks, Boys & Girls	1:30	33
11-13, Beginner & Intermediate, Boys & Girls	1:30	35
11-13, Advanced Boys & Girls	1:30	35
14-17, All Ranks, Boys & Girls	1:30	37
18 & Up, All Ranks, Men	1:30	37
18 & Up, All Ranks, Women	1:30	37

### CREATIVE FORM - will be split as necessary by age/rank

7 & Under, All Ranks, Boys & Girls	2:15	33
8-10, All Ranks, Boys & Girls	2:15	33
11-13, All Ranks Boys & Girls	2:15	35
14-17, All Ranks, Boys & Girls	2:15	35
18 & Up, All Ranks, Men	2:15	37
18 & Up, All Ranks, Women	2:15	37

### MUSICAL WEAPONS - will be split as necessary by age/rank

7 & Under, All Ranks, Boys & Girls	3:00	33
8-10, All Ranks, Boys & Girls	3:00	33
11-13, All Ranks Boys & Girls	3:00	35
14-17, All Ranks, Boys & Girls	3:00	35
18 & Up, All Ranks, Men	3:00	37
18 & Up, All Ranks, Women	3:00	37

### MUSICAL FORM - will be split as necessary by age/rank

7 & Under, All Ranks, Boys & Girls	3:45	33
8-10, All Ranks, Boys & Girls	3:45	33
11-13, All Ranks, Boys & Girls	3:45	35
14-17, All Ranks, Boys & Girls	3:45	35
18 & Up, All Ranks, Men	3:45	37
18 & Up, All Ranks, Women	3:45	37

### EXTREME WEAPONS - will be split as necessary by age/rank

17 & Under, All Ranks, Boys & Girls	4:30	35
18 & Up, All Ranks. Men & Women	4:30	35

### EXTREME FORM - will be split as necessary by age/rank

17 & Under, All Ranks, Boys & Girls	5:15	35
18 & Up, All Ranks. Men & Women	5:15	35