

NATIONAL KARATE SCHOOLS INTRAMURAL

Youth, Teen & Adult Divisions

BASICS - WHITE BELT	PERFORMANCE	COMPETITIVE	RING
10 Yrs. & Younger Boys & Girls	5:00 NK-028	5:30 NK-029	11
11-17 Yrs. Boys & Girls	6:00 NK-030	6:15 NK-031	11
18 & Up Men & Women	6:30 NK-032	6:45 NK-033	11

Order of Divisions:

1st: NON-JUDGED PERFORMANCE BASICS, WEAPONS OR EMPTY-HAND FORM

2nd: JUDGED COMPETITIVE BASICS

3rd: JUDGED COMPETITIVE WEAPONS

4th: JUDGED COMPETITIVE EMPTY-HAND FORM

5th: JUDGED COMPETITIVE SPARRING

	Time	Ring		Time	Ring
8 & Younger Gold & Gold w/Green Stripe Boys NK-34	5:00	27	11-12 Gold thru Green w/Purple Stp Boys NK-47	7:00	29
8 & Younger Green & Green w/Purp Stp Boys NK-35	5:00	20	11-12 Gold thru Green w/Purple Stp Girls NK-48	6:30	31
8 & Younger Gold thru Green w/Purp Stp Girls NK-36	5:00	12	11-12 Purple & Purple w/Blue Stp Boys NK-49	6:30	19
8 & Younger Purple & Purp w/Blue Stp Boys NK-37	5:00	29	11-12 Purple thru Blue w/Red Stripe Girls NK-50	7:00	23
8 & Younger Purple thru Red w/Brn Stp Girls NK-38	5:00	32	11-12 Blue & Blue w/Red Stp Boys NK-51	6:30	25
8 & Younger Blue thru Red w/ Brown Stp Boys NK-39	5:00	24	11-12 Red & Red w/Brown Stp Boys NK-52	6:30	16
9-10 Gold thru Green w/Purple Stp Boys NK-40	5:00	23	11-12 Red & Red w/Brown Stp Girls NK-53	7:00	12
9-10 Gold thru Green w/Purple Stp Girls NK-41	5:00	31	13-17 Gold thru Red w/Brown Stp Boys NK-54	7:00	32
9-10 Purple & Purple w/Blue Stp Boys NK-42	6:30	11	13-17 Gold thru Red w/Brown Stp Girls NK-55	7:00	24
9-10 Purple thru Blue w/Red Stripe Girls NK-43	6:30	25	18 & Up Gold thru Red w/Brown Stripe Men NK-56	7:00	27
9-10 Blue & Blue w/Red Stp Boys NK-44	6:30	21	18 & Up Gold thru Red w/Brown Stp Women NK-57	7:00	20
9-10 Red & Red w/Brown Stp Boys NK-45	6:30	14			
9-10 Red & Red w/Brown Stp Girls NK-46	6:30	15			

***Highest Belt level competing in Friday Intramural is
Red w/ Brown Stripe belt***

***Divisions may be split depending on the number of competitors
by age, rank and/or size***