

# NATIONAL KARATE SCHOOLS INTRAMURAL

## Youth, Teen & Adult Divisions

BASICS - WHITE BELT	PERFORMANCE	COMPETITIVE	RING
10 Yrs. & Younger Boys & Girls	5:00	5:30	11
11-17 Yrs. Boys & Girls	6:00	6:15	11
18 & Up Men & Women	6:00	6:15	11

### Order of Divisions:

**1st: NON-JUDGED PERFORMANCE BASICS, WEAPONS OR EMPTY-HAND FORM**

**2nd: JUDGED COMPETITIVE BASICS**

**3rd: JUDGED COMPETITIVE WEAPONS**

**4th: JUDGED COMPETITIVE EMPTY-HAND FORM**

**5th: JUDGED COMPETITIVE SPARRING**

	Time	Ring			Time	Ring
8 & Younger Gold & Gold w/Green Stripe Boys	5:00	27		11-12 Gold thru Green w/Purple Stp Boys	7:00	29
8 & Younger Green & Green w/Purp Stp Boys	5:00	20		11-12 Gold thru Green w/Purple Stp Girls	6:30	31
8 & Younger Gold thru Green w/Purp Stp Girls	5:00	12		11-12 Purple & Purple w/Blue Stp Boys	6:30	19
8 & Younger Purple & Purp w/Blue Stp Boys	5:00	29		11-12 Purple thru Blue w/Red Stripe Girls	7:00	23
8 & Younger Purple thru Red w/Brn Stp Girls	5:00	32		11-12 Blue & Blue w/Red Stp Boys	6:30	25
8 & Younger Blue thru Red w/ Brown Stp Boys	5:00	24		11-12 Red & Red w/Brown Stp Boys	6:30	16
9-10 Gold thru Green w/Purple Stp Boys	5:00	23		11-12 Red & Red w/Brown Stp Girls	7:00	12
9-10 Gold thru Green w/Purple Stp Girls	5:00	31		13-17 Gold thru Red w/Brown Stp Boys	7:00	32
9-10 Purple & Purple w/Blue Stp Boys	6:30	11		13-17 Gold thru Red w/Brown Stp Girls	7:00	24
9-10 Purple thru Blue w/Red Stripe Girls	6:30	25		18 & Up Gold thru Red w/Brown Stripe Men	7:00	27
9-10 Blue & Blue w/Red Stp Boys	6:30	21		18 & Up Gold thru Red w/Brown Stp Women	7:00	20
9-10 Red & Red w/Brown Stp Boys	6:30	14				
9-10 Red & Red w/Brown Stp Girls	6:30	15				

***Highest Belt level competing in Friday Intramural is  
Red w/ Brown Stripe belt***

***Divisions may be split depending on the number of competitors  
by age, rank and/or size***