



Dear Patients:

IT IS THE PATIENT'S RESPONSIBILITY TO UNDERSTAND AND FOLLOW THE GUIDELINES OF THEIR INSURANCE PLANS.

We will make every effort to obtain authorization or referral from your primary care physician, however, you must be aware of your insurance benefits. Since there are many different insurance plans, we cannot be expected to know every detail of every plan.

A screening colonoscopy may be a covered benefit under your plan; however, if ANY medical condition is found (ex: diverticular disease, polyps, ect.), your benefits will revert to the medical aspect of your plan and you would be responsible for any copays or deductibles. Legally, we cannot and will not re-bill any claims to the insurance company after the procedure has been done.

"NO SHOW" POLICY

We understand emergencies happen but when a patient cancels a procedure without enough notice or does not show up this does not allow us enough time to be able to accommodate our other patients. We ask that you please call us at least 72 hours in advance to cancel your procedure. Patients who fail to cancel or call will be subject to a \$50 "NO SHOW" fee. This fee will be charged to the patient, because it is not covered by insurance.

SOUTH OAKLAND GASTROENTEROLOGY ASSOCIATES, P.C.

PATIENT: _____

DATE: _____

PROCEDURE:

COLONOSCOPY

EGD

LIVER BIOSPY

ERCP

SBE

OTHER: _____

SCHEDULED AT:

BEAUMONT FARMINGTON

28080 GRANDRIVER AVE, DOOR #3
FARMINGTON HILLS, MI 48336

LAKES MEDICAL CENTER

2300 HAGGERTY ROAD, SUITE 1000
WEST BLOOMFIELD, MI 48323

HURON VALLEY HOSPITAL

1 WILLIAMS CARLS DRIVE
COMMERCE, MI 48382

The Endoscopy Dept. the facility will call you after 1pm the afternoon before your procedure to give you your arrival time. If you are unable to answer they will leave you a voicemail. They will also call you 3-5 business days before your procedure to ask pre-anesthesia questions, they do need to speak with you to be able to hold your appointment.

Cancellations:

MANDATORY 72-hour notice is required for the hospital, so that we can fill that time slot with another patient.

Please refer to Bowel Prep instruction page on how to properly prep for your upcoming procedure.

*****YOU MUST HAVE A DRIVER FOR YOUR PROCEDURE*****

Transportation does NOT include cab, uber, lyft, bus, taxi, shuttle service, ect!
Your procedure will be cancelled if you do not have a driver. Due to the pandemic your driver does not have to stay with you during your procedure but must be there for your discharge.

Reminder:

Nothing to eat the day before and morning of the procedure you can have clear liquids up to two hours before.

NO ASPRIN OR IBPROFEN SEVEN DAYS BEFORE YOUR PROCEDURE UNLESS TOLD

OTHERWISE~ TYLENOL IS OK

IF YOU ARE ON BLOOD THINNERS YOU WILL NEED TO BE TAKEN OFF OF THESE

BEFORE YOUR PROCEDURE, DO NOT TAKE YOURSELF OFF ANY BLOOD THINNERS

UNLESS YOU HEAR FROM OUR OFFICE OR YOUR CARDIOLOGIST

NO IRON SUPPLEMENTS OR MULTIVITAMINS CONTAINING IRON THREE DAYS

PRIOR TO YOUR EXAM

*****Anesthesia Prescreening will also call you 3-5 business days before your procedure and go over how and when to take your medications the day before and morning of your procedure. *****

ALL JEWELRY, CASH, CREDIT CARDS, AND CELL PHONES MUST BE LEFT AT HOME- AND DO NOT WEAR YOUR CONTACT LENSES ON THIS DAY! BE SURE TO BRING YOUR ID AND INSURANCE CARDS.

ANY QUESTIONS PLEASE CALL? (248) 579-4248 FAX: (248) 426-7350
MON- FRI 8:00AM - 4:00 PM- AFTER HOURS PLEASE CALL THE MAIN OFFICE (248)579-9220

What is a colonoscopy?

Colonoscopy lets your doctor examine the lining of your large intestine (colon) for abnormalities by inserting a thin flexible tube, as thick as your finger, into your

anus and slowly advancing it into the rectum and colon. This instrument, called a colonoscope, has its own lens and light source and it allows your doctor to view images on a video monitor.

Why is colonoscopy recommended?

Colonoscopy may be recommended as a screening test for colorectal cancer. Colorectal cancer is the third leading cause of cancer deaths in the United States. Annually, approximately 150,000 new cases of colorectal cancer are diagnosed in the United States and 50,000 people die from the disease. It has been estimated that increased awareness and screening would save at least 30,000 lives each year. Colonoscopy may also be recommended by your doctor to evaluate for symptoms such as bleeding and chronic diarrhea.

BOWEL PREP: GATORADE MIRALAX SPLIT DOSING PREP 2 DAY

PLEASE READ THE PREP INSTRUCTIONS, FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN REPEAT PREP AND EXAMINATION.

***IF YOU HAVE A HISTORY OF RENAL OR KIDNEY DISEASE OR FAILURE PLEASE CONTACT OUR OFFICE (248)579-4248, TO DISCUSS OTHER PREP OPTIONS.

ALL PREP ITEMS ARE OVER THE COUNTER! NO PRESCRIPTION IS NEEDED.

THINGS TO PICK UP:

- (2) 8.3 OZ BOTTLE OF MIRALAX OR (4) 4.1 OZ BOTTLES OF MIRALAX
- 4 DUCOLAX LAXATIVE TABLET ORAL, (DO NOT GET THE STOOL SOFTENERS)
- 4 GAS-X TABLETS
- 64 OZ OF A SPORTS DRINK, NO REDS NO PURPLES! (AKA GATORADE, POWERAID, OR PROPEL)

TWO DAYS BEFORE YOUR PROCEDURE: DATE: _____

DRINK ONLY CLEAR LIQUIDS FOR BREAKFAST, LUNCH, AND DINNER. NO SOLID FOOD, MILK, OR MILK PRODUCTS ALLOWED. CLEAR LIQUIDS INCLUDE ALL OF THE FOLLOWING THAT ARE NOT RED OR PURPLE IN COLOR: STRAINED FRUIT JUICE WITHOUT PULP, JELLO, POPSICLES, WATER, CLEAR CHICKEN BROTH OR BOUILLON, BLACK COFFEE OR TEA, CLEAR CARBONATED DRINKS AKA SPRITE, VERNORS, 7UP, SLICE, ORANGE POP, KOOL-AID ARE OK (NO COKE OR PEPSI). NO ALCOHOLIC BEVERAGES

- AT 3PM TAKE 2 DUCOLAX TABLET
- AT 5PM MIX THE MIRALAX (8.3OZ) WITH 64OZ OF THE SPORTS DRINK AND SIP ON THIS, 8 OZ EVERY 15 MIN UNTIL GONE.
- AT 8PM TAKE 2 MORE DUCOLAX TABLETS

ONE DAY BEFORE YOUR PROCEDURE: DATE: _____

DRINK ONLY CLEAR LIQUIDS FOR BREAKFAST, LUNCH, AND DINNER. NO SOLID FOOD, MILK, OR MILK PRODUCTS ALLOWED. CLEAR LIQUIDS INCLUDE ALL OF THE FOLLOWING THAT ARE NOT RED OR PURPLE IN COLOR; STRAINED FRUIT JUICES WITHOUT PULP, JELLO, POPSICLES, WATER, CLEAR CHICKEN BROTH OR BOUILLON, BLACK COFFEE OR TEA, CLEAR CARBONATED DRINKS AKA SPRITE, VERNORS, 7UP, SLICE, ORANGE POP, KOOL-AID ARE OK (NO COKE OR PEPSI). NO ALCOHOLIC BEVERAGES

- AT 3PM TAKE 2 DULCOLAX TABLET
- AT 5PM MIX HALF OF THE MIRALAX (4.1OZ) WITH 32OZ OF THE SPORTS DRINK AND SIP ON THIS, 8 OZ EVERY 15 MIN UNTIL GONE.
- AT 8PM TAKE 2 MORE DUCOLAX TABLETS

*THE HOSPITAL WILL CALL YOU SOMETIME AFTER 1PM THE DAY BEFORE THE EXAM TO LET YOU KNOW THE EXACT TIME YOU NEED TO ARRIVE.

THE DAY OF THE EXAM: DATE: _____

4 HOURS PRIOR TO YOUR ARRIVAL TIME TAKE 2 GAS X TABLETS AND DRINK THE OTHER HALF OF THE MIRALAX (4.1OZ) MIXED WITH 32 OZ OF SPORTS DRINK
WHEN YOU ARE FINISHED WITH THE MIRALAX TAKE TWO MORE GAS X TABLETS

ONLY CLEAR LIQUIDS THE DAY BEFORE YOUR PROCEDURE AND THE MORNING OF, YOU CAN HAVE CLEAR LIQUIDS UP TO TWO HOURS BEFORE YOUR PROCEDURE

CHECK LIST FOR YOUR PREP:

PLEASE USE THIS TO HELP GUIDE YOU THROUGH YOUR PREP, CHECK OFF AS YOU COMPLETE

HAVE YOU PICKED UP:

- _____ (2) 8.3 OZ BOTTLE OF MIRALAX OR (4) 4.1 OZ BOTTLES OF MIRALAX
- _____ 8 DUCOLAX LAXATIVE TABLETS
- _____ 8 GAS X TABLETS
- _____ 128 OZ OF A SPORTS DRINK

TWO DAYS BEFORE:

- _____ 3PM 2 DUCOLAX LAXATIVE TABLETS
- _____ 5PM 64 OZ OF MIRALAX MIXED WITH 8.3 OZ OF MIRALAX, SHAKEN NOT STIRRED, AND SIPPED ON UNTIL GONE
- _____ 8PM 2 DUCOLAX LAXATIVE TABLETS

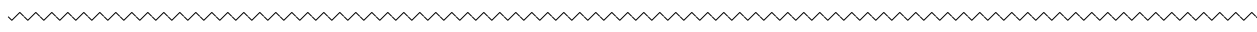
ONE DAY BEFORE:

- _____ 3PM 2 DUCOLAX LAXATIVE TABLETS
- _____ 5PM 32 OZ OF MIRALAX MIXED WITH 4.1 OZ OF MIRALAX, SHAKEN NOT STIRRED, AND SIPPED ON UNTIL GONE
- _____ 8PM 2 DUCOLAX LAXATIVE TABLETS

DAY OF PROCEDURE: PLEASE WRITE YOUR ARRIVAL TIME: _____

- _____ 4 HOURS PRIOR TO YOUR ARRIVAL TIME TAKE 2 GAS X TABLET
- _____ 4 HOURS PRIOR TO YOUR ARRIVAL TIME 32 OZ OF MIRALAX MIXED WITH 4.1 OZ OF MIRALAX, SHAKEN NOT STIRRED, AND SIPPED ON UNTIL GONE
- _____ 2 GAS X AFTER YOU'VE FINISHED YOUR MIRALAX DRINK

PLEASE BRING YOUR DRIVERS LICENSE OR PHOTO ID, INSURANCE CARDS, COVID VACCINE CARD OR NEGATIVE RESULTS WITH YOU TO THE HOSPITAL FOR YOUR PROCEDURE.



STAYING HYDRATED IS EXTREMELY IMPORTANT FOR YOUR PROCEDURE, REASONS WHY YOU SHOULD BE DRINKING MORE FLUIDS THAN NORMAL:

THE MORE FLUIDS YOU DRINK DURING THE DAY THE FULLER YOU WILL FEEL SO FASTING FOR THE DAY WILL BE MORE TOLERABLE.

PEOPLE DON'T THINK ABOUT THIS BUT THE MORE FLUIDS YOU DRINK THE EASIER IT WILL BE TO CLEAN YOURSELF OUT BEFORE YOUR PROCEDURE.

DRINKING EXTRA FLUIDS, THE DAY BEFORE AND THE MORNING OF YOUR PROCEDURE WILL ALSO HELP FLUSH THE LAXITIVES OUT OF YOUR SYSTEM SO WHEN YOU ARE FINISHED WITH YOUR PROCEDURE YOU CAN EAT WITHOUT HAVING TO RUN TO THE BATHROOM.