

Medications to Stop Prior to your Colonoscopy

Medication Category	Examples		When to Hold
Anticoagulants / Blood Thinners	Angiomax Eliquis Heparin Lovenox Plavix	Pradaxa Savaysa Xarelto Warfarin (Coumadin)	*Hold 3-7 days. Inform us if you are taking any of these. We require a clearance from your prescribing physician.
Antiplatelets	Aspirin (if directed) Dipyridamole	Prasugrel Ticagrelor	*Hold 7 days prior
NSAIDs	Diclofenac Ibuprofen Ketoprofen Ketorolac	Meloxicam Naproxen Relafen Oxaprozin	*Hold 5 days prior
Iron Supplements	Ferrous Fumarate Ferrous Gluconate Ferrous Sulfate	Iron Bisglycinate Polysaccharide Iron Complex	*Hold 7 days prior
Herbal Supplements	CBD oil Echinacea Ephedra Fish Oil Garlic Ginkgo	Ginseng Kava St. John's Wort Valerian Vitamin E	*Hold 7 days prior
Oral Antidiabetes	Glimepiride Glipizide Glyburide	Metformin Pioglitazone Rosiglitazone	*Hold one day before and morning of your procedure
Insulin	NovoLog Apidra HumaLog Humilin	Novolin Tresiba Levemir Lantus	*Typically reduce dose by 50% day before procedure and hold day of procedure. Monitor frequently and adjust as needed.
SGLT-2 Inhibitors	Farxiga Glyxambi Invokana Jardiance	Qtern Steglatro Steglujan	*Hold 4 days prior. Inform us if you are taking any of these. We may require clearance.
GLP-1 Agonists	Adlyxin Bydureon Byetta Mounjaro Ozempic Rybelsus	Saxenda Trulicity Victoza Wegovy Zepbound	*Hold 7 days prior. Inform us if you are taking any of these. We may require clearance.
Diet Medications	Contrave Phentermine Setmelanotide	Topiramate ER Xenical	*Hold 7 days prior