



CAPSULE ENDOSCOPY

PLEASE READ CAREFULLY AND FOLLOW THE INSTRUCTIONS BELOW

Patient Name: _____

Date: _____

**** HOLD IRON SUPPLEMENTS 2 DAYS PRIOR TO PROCEDURE****

THE DAY BEFORE THE EXAM:

- You will be on a clear liquid diet for the entire day. Please see the attached clear liquid diet informational sheet. As a reminder, **nothing red or blue in color or any alcoholic beverages.**
- At 3:00PM, take 2 Dulcolax tablets.
- At 5:00PM, mix and 8.3oz bottle of Miralax with 64oz of Gatorade. Drink an 8oz glass of the mixture every 10-15 minutes until gone.
- At 8:00PM, take the other 2 Dulcolax tablets.
- There is *nothing* to eat or drink after 10PM, except for your necessary medications with small sips of water.

THE DAY OF EXAM:

- Arrive at the SOGA Farmington office located at:
23133 Orchard Lake Rd., Ste. 200 Farmington, MI 48336
at 8:00AM for your capsule endoscopy. Please dress in comfortable, loose fitting clothing. Be sure to wear a cotton t-shirt under your clothes, as the sensor belt must be worn on top of it.
- After swallowing the M2A capsule, you are to have nothing to eat or drink for 2 hours. After 10AM, you can have clear liquids (no dairy, and nothing red or purple in color) until you return at 4:00PM.
- After ingesting the capsule and until it is excreted, you should not be near any source of powerful electromagnetic fields, such as an MRI device.
- The Capsule Endoscopy lasts approximately 8 hours and then is considered complete. DO NOT disconnect the equipment or remove the belt at any time during this period.

Any questions, please call us at (248) 579-9220 and we'll be happy to assist in any way that we can!