

ANY QUESTIONS OR CONCERNS PLEASE CALL: (248) 516-3778.  
CLEARANCE FORM MUST BE FAXED TO: (248) 426-7350  
OFFICE HOURS: MONDAY-THURSDAY 8:00AM - 5:00 PM, FRIDAY 8AM-4PM.  
PLEASE BE AWARE HOLIDAYS MAY AFFECT THESE TIMES.  
AFTER HOURS, PLEASE CALL THE MAIN OFFICE (248)579-9220.

### **INSTRUCTIONS FOR YOUR BOWEL PREPARATION WITH PLEN-VU: SPLIT DOSING**

- PLEASE READ CAREFULLY- DO NOT EXCEED RECOMMENDED DOSAGE AS SERIOUS SIDE EFFECTS MAY OCCUR
- FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN A REPEAT PREP AND EXAMINATION!
- IF YOU HAVE A HISTORY OF CONGESTIVE HEART FAILURE, SEVERE LIVER DISEASE, OR CHRONIC RENAL FAILURE PLEASE CONTACT THE OFFICE TO DISCUSS OTHER PREP.

#### **DAY BEFORE EXAM:**

- Drink only clear liquids for breakfast, lunch, and dinner. Solid foods, milk, and milk products are not allowed. Please refer to the clear liquid diet guide, no alcoholic beverages allowed.
- At 5pm use the mixing container and mix the contents of the Dose 1 pouch with at least 16oz of water by shaking or using a spoon until its dissolved. Drink the mixture and finish within 30 minutes.
- Refill the container with at least 16 oz of clear liquid, then drink again and finish within 30min. Continue to drink clear liquids throughout the remainder of the evening, hydration is extremely important.

#### **DAY OF EXAM:**

- FOUR HOURS PRIOR TO YOUR ARRIVAL TIME, use the mixing container and mix the contents of Dose 2 (Pouch A and Pouch B) with at least 16 oz of water by shaking or using a spoon until its completely dissolved. Drink the mixture and finish within 30 minutes.
- Refill the container with at least 16 oz of clear liquid, then drink again and finish within 30min.
- NOTHING TO DRINK AFTER YOU HAVE FINISHED THE LAST DOSE OF THE PREP