



# SENIORS ALIVE!

April 2023



## ~ Mission statement ~

Greater Hillsborough Senior Services reaches out to seniors to provide support, services, congregate opportunities and advocacy that help them remain active, respected and vital members of their community.

### BOARD OF DIRECTORS

#### April Meeting

Saturday, April 8, 2023  
9:00 am at Premier Printing

### BOARD OFFICERS

#### Chairperson

Lou Ellen Beard  
pbeard@tds.net  
(603) 464-5138

#### Vice-Chairperson

Bonni Hadley  
info@premierprintingnh.com  
(603) 464-5321

#### Treasurer

Bob Charron  
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(603) 464-3630

#### Secretary

Cindy Stosse  
cynq1t7@yahoo.com  
(603) 478-3115

### BOARD MEMBERS

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Tia McMahon  
tia.mcmahon@td.com

## From the GHSS Chair...

Welcome Spring! While I think Mother Nature is confused, my grandparents always called March storms poor mans fertilizer. So as the saying goes "always something to be grateful for". I have green poking up through the snow which is encouraging.

We have been having great attendance at the monthly luncheons, I would just like to remind everyone reservations are important, we have to tell the cooks a week in advance how many we will be serving. Look for April Luncheon details inside this newsletter. Also you can reserve a pick up to go order if you choose! As always we have the 50/50 raffle at each luncheon. All are welcome to attend.

I would like to Welcome Carol McKillip to the board of directors, she has been helping out at the luncheons for a few months now and works for Meals on Wheels. She brings with her lots of energy and information that we feel will be an asset to the board.

Reminder to check inside for all the trips scheduled in the next couple months !

As always please contact any board member with questions or concerns.

Happy spring,

LouEllen Beard

Greater Hillsborough Senior Services Chair

## Noteable April Holidays...



**April's National Poetry Month** is a marvelous opportunity to celebrate the expressiveness, delight, and pure charm of poetry. It is a special occasion that reminds us of the integral role of poets and poetry in our cultures. Poetry helps us appreciate the world around us and empathize with one another.



**April Fools' Day** has been celebrated for several centuries by different cultures, though its exact origins remain a mystery. April Fools' Day traditions include playing hoaxes or practical jokes on others, often yelling "April Fools!"



**Tuesday, April 18, 2023** is Tax Deadline Day. If you haven't already, get your taxes finished up!

## For More Information View GHSS online

Facebook: Go to Facebook.com and search for Greater Hillsborough Senior Services  
Send us an email at [GHSS@ghsservices.org](mailto:GHSS@ghsservices.org) / Visit our new website at [GHSServices.org](http://GHSServices.org)

## Featured Profile...

### Guy Landry

By Marianne Hammond as discussed with two of his children  
Marie O'Keefe and Maurice Landry



He was known as a kind, helpful, giving friend and neighbor to all who knew the man. He loved to help children and young adults to be out in nature and active. He would fix motorcycles for free for many. His workshop always had a project or two to help those who needed an expert mechanic and tinkerer.

Guy Gerald Landry was born January 28, 1934, and left this earth on April 27, 2022. He was born in Coaticook, Quebec, Canada and stayed there with his family till they took a train to Manchester, New Hampshire and ultimately settled in Windham. He graduated from Nashua high school in 1954. From there he entered the Army National Guard and the Air National Guard where he used his experience to work on the mechanical instrumentation on planes.

It was only through pure serendipity that he met the love of his life Rita. One day, Rita and her best friend Lucille were out on a motorcycle ride and it started raining. They took shelter under a tree. While waiting for the rain to pass, two men on motorcycles stopped to take shelter from the rain under the same tree. These two men were Guy and his best friend, Les. Guy and Rita married in 1955 and had six children, Maurice, Roger (who passed in 1977), Michael, Leah, Henry and Marie. He had five grandchildren and two great grandchildren at the time of his passing.

In the 1960's Guy started a motorcycle repair shop in his garage in Londonderry. In the following years he expanded the business and moved twice - to Windham and then Salem. He worked at Sylvania here in Hillsborough from 1986 and until his retirement in 1999. While working in the area he used to travel around looking for a new place to settle and continue his and Rita's life into retirement. One day he traveled up on Windsor Road and found Rocky Ledge Road in Windsor where he found his perfect landing spot. He lived in a camper on the property for years, clearing and preparing the site for their forever home which was completed in 1990.

Neighbors to this day will stop by the Landry homestead and tell stories of friendship and the kindness of Guy. He and his wife would be a fixture at the Corner Store for many years until she passed in 2010. He became lost without her. It helped that friends and family would often take him to the Corner Store for lunch and visit with him.

The family is forever thankful to Vivian Clark for the many years of caretaking and support of Guy. She is a blessing and still visits with the family.

Guy was awarded the Windsor GHSS Cane in 2021 and it has remained his for now. He will be missed by many.



### Deering Community Church

#### Free Saturday Community Breakfast

9:00 am to 12:00 pm

April 8, 2023

ALL ARE WELCOME

### One Interesting Fact

What is a tittle? The small distinguishing mark we see over a lowercase i and a lowercase j is called a tittle—an interesting name that looks like a portmanteau (combination) of tiny and little, and refers to a small point or stroke in writing and printing.

# SENIOR TRIPS

## April RSVP Deadlines

- The McAuliffe Discovery Center  
RSVP or Register Online by  
Friday, 04/21/2023

## RSVP for all Special Trips to:

Ernie Giovelli, Trip Coordinator  
Email: wetwo1217@hotmail.com  
Cell Phone: +1 (631) 891-9548

## RSVP for all Warner Trips to:

Riché Colcombe, Trip Coordinator  
Phone: +1 (603) 478-1989

**You may also register online.**

**[GHSServices.org/trips](http://GHSServices.org/trips)**

## Upcoming 2023 Trips

- La Belle Winery
- King Arthur
- Foster's Clam Bake
- Ice Cream Tours
- Sunapee Cruise
- Yankee Candle
- Paul Reiser at Palace Theater
- Harts Turkey Farm
- Encore Casino

## APRIL TRIPS



## The McAuliffe Discovery Center

Thursday, April 27, 2023

**Cost: \$15.00 + Lunch**

- Tour the Planetarium at 11:00 am •
- Watch the show from 12:00 – 12:30 pm •
- Lunch at the Cannoli Stop at the Candy Shop •

**Leave Hillsborough Shaws at 10:00 am.**

**RSVP or Online Registration is Required**

## April Warner Shopping Trips

With support from the towns of Hillsborough and Deering  
GHSS continues to offer shopping trips to Warner.

Pickup at Maple Leaf at 12:00 PM  
or by arrangements with Riché.

This month: Mondays, April 10th & 24th  
The 2nd and 4th Mondays of the month.

**Call Riché Colcombe at (603) 478-1989  
to reserve a ride for the Warner Shopping Trips.**







## GROUNDWELL OF SUPPORT

The Hillsborough Community Center's application for Congressionally Directed Spending through Senator Shaheen's office has been submitted. These funds are earmarked specifically for New Hampshire community projects. If our project is selected for funding, we will then enter the next phase of the application process through the Transportation, Housing and Urban Development subcommittee.

Thank you very much to all who took the time to write a letter of support for our project. Your letters are greatly appreciated and will help persuade the committee who reviews these competitive applications that our project is worthy of funding and will have a substantial economic impact on our region. These letters of support illustrate the power of community voices and how meaningful this project is to the region's residents. We will make an announcement through our social media and newsletter once we learn more about our grant application status.

## \$10,000 DONATION!



The Hillsborough Community Center project received a \$10,000 donation from Shaw's Supermarket! This generous contribution will help sponsor our 2023 community fundraising events. Many thanks to Darrick Louder, the general manager of our Hillsboro store, for coordinating this much-needed donation! Photo credit: Maryann Cheung. Pictured (left to right): Gene Gould, Kimberly Damboise, Deanna Higgins, Executive Director Becky Johnson, Edward Clark, and Darrick Louder, Shaw's Store Manager.

## UPCOMING EVENTS

### April 22nd – Family Skate Night

Skate the evening away to lively music put on by Monadnock Roller Derby. Concessions and skate rentals available. Three great raffle prizes. Hillsboro-Deering Middle School, 5:00PM-8:00PM. [hccnh.org/skate](http://hccnh.org/skate)

**HILLSBOROUGH**  
Community Center

*Family  
Skate  
Night*

**SATURDAY, APRIL 22**  
5:00 PM - 8:00 PM

**HILLSBORO-DEERING MIDDLE SCHOOL**

\$10 admission - \$20 family  
Children under 5 are free with a paid adult

\$5 skate rentals  
cash & credit cards accepted  
Concessions will be available

THIS EVENT IS GENEROUSLY SPONSORED BY:

**shaw's**

\*NOT A SCHOOL SPONSORED EVENT

### June 10th – 3rd Annual Community Craft & Flea Market

Antiques, collectables, jewelry, wellness & makeup, up-cycled items, candles, macramé, laser-engraved gifts, artwork, household items, baked goods, all in one place for one day! Grimes Field, 7:00AM-2:00PM. **Register as a vendor for this event at [hccnh.org/flea-market](http://hccnh.org/flea-market)**





### Fuller Public Library

29 School Street, Hillsboro, NH 03244

**(603) 464-3595**

**fullerlibrary.biblionix.com**

**Email: circ@fullerlibrary.info**

Fuller Public Library has a lot of programs planned for all ages. Participate and enjoy!



### Throughout April!

April is Poetry Month! Stop in to add to our Post-It Poem.

### April 4th, Tuesday, 1:00 pm or 6:30 pm

How To's Day: Create a Journal with Rena Rockwell.

### April 17th – the 22nd

Book donations welcomed during library hours. Please bring your books inside.

### April 18th, 12:30 – 1:30 PM

The Cookbook Club discusses Make It Ahead by Ina Garten.

### April 18th, 6:30 – 7:30 PM

The Mystery Book Group discusses "Deep Water" by Ken Sheldon (led by author)

### April 8th & 22nd, Saturdays, 10:00 am

Seedy Saturdays: Ask Robin about seed starting and general gardening questions.

April 8th: Container gardening with Robin.


April 22nd: When to plant outside with Robin.

### April 25th, Tuesday, 6:30 pm

Welcoming Pollinators program with John Root. What roles do pollinators play in our ecosystem, and which native plants can we plant to help nourish them?



# LUNCH



**GHSS Senior Luncheon**

HILLSBORO, NH 03244  
THURSDAY, 4/17/2020

TRANSPORTATION  
IS AVAILABLE  
FROM MAPLE  
LEAF AT 11:30 AM

PLEASE REPLY  
AT (603) 464-

BAKED HAM • HOM  
COLE SLAW • ROLL A

ON #59

**2:00 NOON**

ELLEN BEARD  
SERVICES.ORG

ARONI AND CHEESE  
UPSIDE DOWN CAKE

"SORRY  
THIS EVENT IS  
CANCELED"

**“Power is not a means, it is an end.  
One does not establish a dictatorship  
in order to safeguard a revolution;  
one makes the revolution in order to  
establish the dictatorship.”**

— George Orwell

**Crafters Corner** continues on the 3rd Thursday of each month from 1 to 3 pm.  
You are welcome to bring your handwork and we will continue tying quilts.  
Please come and join us at Maple Leaf community room!

## FREE TECH HELP

**Mondays, 2:00 – 4:00 PM**  
**at Fuller Public Library**

or, call (603) 464-5285 to make an  
 appointment for another time.

**Provided by Project Lift**

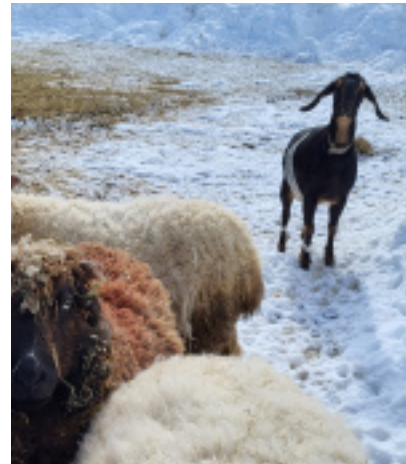




## SPRING LAMBS AT HAMMOND FARM

Maryanne and John Hammond have several new lambs that have recently been born on their farm in Hillsborough, NH. Below are a few pictures of these precious babies. The ones outside are 2 white singles from Black mamas. The triplets are all female one black 2 white and really cute.

Spring Lamb is considered a delicacy, and is a very tender cut of meat, with characteristic pink color and firm texture. Typically a spring lamb is three to five months old, with the meat being much more delicate than older lamb, as it hasn't matured on the wild grazing to develop robust flavours.






**MEALS ON WHEELS**  
HILLSBOROUGH COUNTY

**Meals on Wheels delivers.** It's a name you know... and a name you trust, to provide meals and services to your loved ones. Since 1977, we have helped older, homebound and disabled adults to live independently in their own homes, which is where they want to be.

**HOME DELIVERED MEALS**

- Meals are nutritionally balanced, consisting of a protein, vegetable, and a side in a microwavable tray, calcium and vitamin enriched beverage mix, bread and dessert.
- Meals meet one-third of the USDA recommended daily allowance for adults.
- Menu is prepared by a registered dietitian and posted each month on our website.
- Meals are delivered Monday - Friday, 10:00 a.m. - 1:30 p.m. by a friendly, dedicated team of staff and volunteers.
- Drivers provide a brief friendly visit and wellness check.


[www.hcmow.org](http://www.hcmow.org)  
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# APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 <b>APRIL FOOLS DAY</b>
2	3 SCC: 9:00 AM Strong Living Exercise FPL: 1:00 PM Knitting Every Monday	4 FPL – 1:00 or 6:30 PM How To's Day	5	6 SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Games for Adults Every Thursday	7	8 GHSS Board Meeting 9:00 am at Premier Printing FPL: 10:00 – 11:00 AM Seedy Saturdays
9	10 SCC: 9:00 AM Strong Living Exercise ML: 12:00 PM PICK-UP Warner Shopping Trip FPL: 2:00 PM Military Book Club	11	12	13 SCC: 9:00 AM Strong Living Exercise AL#59: 12:00 PM GHSS Senior Luncheon FL: 1:00 PM Games for Adults	14	15
16 2023 Tax Day is the 18th 	17 SCC: 9:00 AM Strong Living Exercise FPL: 1:00 PM Knitting	18 FPL: 9:00 AM – 8:00 PM Book Donations FPL: 12:30 – 1:30 PM Cookbook Group FPL: 6:30 – 7:30 PM Mystery Book Group	19	20 SCC: 9:00 AM Strong Living Exercise FPL: 9:00 AM – 8:00 PM Book Donations ML: 1:00 – 3:00 PM Crafty Critters	21 FPL: 12:00 – 5:00 PM Book Donations	22 FPL: 10:00 – 11:00 AM Seedy Saturdays FPL: 9:00 AM – 1:00 PM Book Donations HDMs: 5:00 – 8:00 PM Family Skate Night
23	24 SCC: 9:00 AM Strong Living Exercise ML: 12:00 PM PICK-UP Warner Shopping Trip FPL: 1:00 PM Knitting	25 FPL: 6:30 PM Welcoming Pollinators	26	27 SCC: 9:00 AM Strong Living Exercise SPL: 10:00 AM McAuliffe-Shepard Discovery Center Trip FL: 1:00 PM Games for Adults	28	29
						30

**Calendar Key Codes:** **AL#59** (American Legion), **SPL** (Shaw's Parking Lot), **ML** (Maple Leaf), **PP** (Premier Printing), **DFG** (Deering Fish & Game), **FL** (Fuller Library), **SCC** (Smith Congregational Church)



## **Greater Hillsborough Senior Citizens**

*Serving Seniors ~ Celebrating Life!*

**April 2023**

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GHSS Mailing Address:

Greater Hillsborough Senior Services

PO Box 401

Hillsborough, NH 03244

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