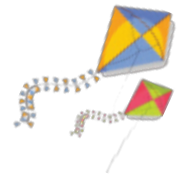




# SENIORS ALIVE!

June 2023



## ~ Mission statement ~

Greater Hillsborough Senior Services reaches out to seniors to provide support, services, congregate opportunities and advocacy that help them remain active, respected and vital members of their community.

### BOARD OF DIRECTORS

#### June Meeting

Saturday, June 10, 2023  
9:00 am at Premier Printing

### BOARD OFFICERS

#### Chairperson

Lou Ellen Beard  
lbeard@tds.net  
(603) 464-5138

#### Vice-Chairperson

Bonni Hadley  
info@premierprintingnh.com  
(603) 464-5321

#### Treasurer

Bob Charron  
rrcharron1@outlook.com  
(603) 464-3630

#### Secretary

Cindy Stosse  
cynq1t7@yahoo.com  
(603) 478-3115

### BOARD MEMBERS

Tina Blanchette  
Tina.blanchette70@yahoo.com

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twbush@tds.net

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Carol McKillip  
cmckillip@hcmow.org

Tia McMahon  
tia.mcmahon@td.com

Charles Nystrum  
chucknye@msn.com

Marion Perreault  
marione@gsinet.net

## From the GHSS Chair...

Here we are entering June already! The good news is we will be holding a luncheon this month. This has been arranged by some of the board of directors and the American Legion has graciously allowed us to use the function hall, the meal will be prepared by the Toll Booth Tavern.

Sometimes things look easy and they seem to just happen, but I want to take a moment to let the board of directors know that your hard work and efforts to make things happen are appreciated. We are fortunate to have such a giving group of people on the board and everyone plays an important part. Thank you!

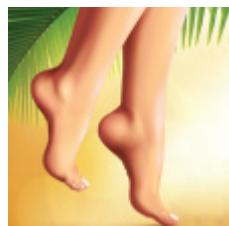
As always we are looking for more volunteers, drivers and Board of Director members. You can reach out to any board member with questions, concerns or ideas .

Happy summer,

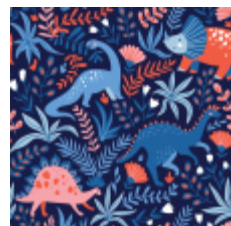
LouEllen Beard

Great Hillsborough Senior Services, Chair

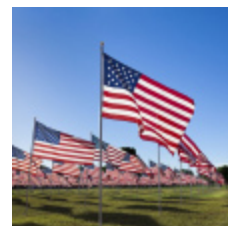
## Noteable June Holidays...



**National Go Barefoot Day**  
Thursday, June 1st



**Dinosaur Day**  
Thursday June 1st



**Flag Day**  
Wednesday, June 14th



**Father's Day**  
Sunday, June 18th

### For More Information View GHSS online

Facebook: Go to Facebook.com and search for Greater Hillsborough Senior Services  
Send us an email at GHSS@ghsservices.org / Visit our new website at GHSServices.org

## Featured Profile...

### Walter C. Peck

By Marianne Hammond



Walter C. Peck was born on October 22, 1928, in Waterbury Connecticut. He lived in Cheshire, Connecticut for twenty years and after one year in high school he went to a tech school in Wolcott, Connecticut where he wanted to study auto mechanics but was instead placed into tin smithing and became bored and frustrated so he joined the Army and went off to see the world.

Walter was in the 7th Air Command and stationed in Hawaii for overseas duty. He got out of the service in 1946 and returned to CT where he had his own business and also worked as a Corrections Officer at the local prison.

Walter and Phyllis married young, he was 21 and she 20. They had two children, Walter III who lives in Hooksett, and Donna who lives in Milford and has the five grandchildren and five great grandchildren Walter's delight.

After twenty years Walter sold his business and having purchased a home in Washington, NH and a camp in Maine as well as their home in CT he decided to come to New Hampshire. As was told to me, the home in Washington is like "Walton's Mountain" with family on all sides in their own homes. Moving to Washington he was soon approached by a friend to see if he would take over the school bus driver position. He was agreeable to doing that and did so for twenty years. The students would comment on times when Walter would intercede to stop an action and he often would tell the kids "I've done worse than you and can tell from your eyes what you intend to do".

His home in Washington is now his nephew's son who is starting his family life. Having raised his nephew, seeing his son taking over his home was a joy, and he is pleased it is in good hands.

Walter has hunted and fished all over. He has many stories to tell of hunting trips and fun times he had earlier in his life. Now he is comfortable sitting and telling stories and sharing his life with his partner Gail Dauphinais whom he lives with. Gail and Walter recently moved from Washington to Hillsborough and are enjoying their new surroundings, neighbors and life.

His parting words to me were "Do what you want while you are young and can do it, do not wait till you are too old to enjoy life."

## GHSS COOKS: SEAFOOD SALAD



Prep: 10 Minutes  
Servings: 4

### Ingredients

1 pound imitation crab meat  
1 shallot, minced (red onion okay also)  
1/2 cup mayonnaise

1/2 cup celery, minced  
1/2 teaspoon paprika  
1/2 teaspoon fresh or dried dill  
1/4 teaspoon Kosher salt  
1/4 teaspoon coarse ground black pepper  
1/4 Teaspoon dried crumbled Thyme

### Directions

1. In a large bowl add all the ingredients together gently, stirring until well coated.
2. Refrigerate for an hour before serving.



## Deering Community Church Free Saturday Community Breakfast

9:00 am to 12:00 pm  
June 10, 2023  
ALL ARE WELCOME



### One Interesting Fact



There are over 12,000 different types of ants on earth.  
Ants can lift twenty times their body weight.  
Ants don't have lungs. Air enters and leaves through tiny holes all over their body.

# SENIOR TRIPS

## June RSVP Deadlines

- Sandown Winery by Friday, June 2nd
- King Arthur by Friday, June 2nd

## RSVP for all Event Trips to:

Ernie Giovelli, Trip Coordinator  
Email: wetwo1217@hotmail.com  
Cell Phone: +1 (631) 891-9548

You may also register online.  
[GHSServices.org/reservations](https://GHSServices.org/reservations)

## RSVP for all Warner Trips to:

Riché Colcombe, Trip Coordinator  
Phone: +1 (603) 478-1989

## Upcoming 2023 Trips

- Ice Cream Tour, July 13th
- Sunapee Dinner Cruise
- Foster's Clam Bake
- Ice Cream Tours
- The Hobo Train
- Encore Casino

## JUNE TRIPS



### Sandown Winery

Thursday, June 1st, 2023

**Cost: \$25/person pay at the winery  
Lunch Not Included**

- 1-1/2 Hour Tour of the Winery. •
- Includes 5 Wine Samples •

**Bus leaves Hillsborough Shaws at 9:30 am.**

**Bus returns at approximately 3:30 pm.**

**RSVP to Ernie or Online Registration is Required.**

### King Arthur Store & Café

Thursday, June 15, 2023

**Cost: FREE / Lunch not included.**

- Visit this amazing store and shop. •
- Café is on your own. •

**Bus leaves Hillsborough Shaws at 9:00 am.**

**Bus returns at approximately 3:30 pm**

**RSVP to Ernie or Online Registration is Required.**

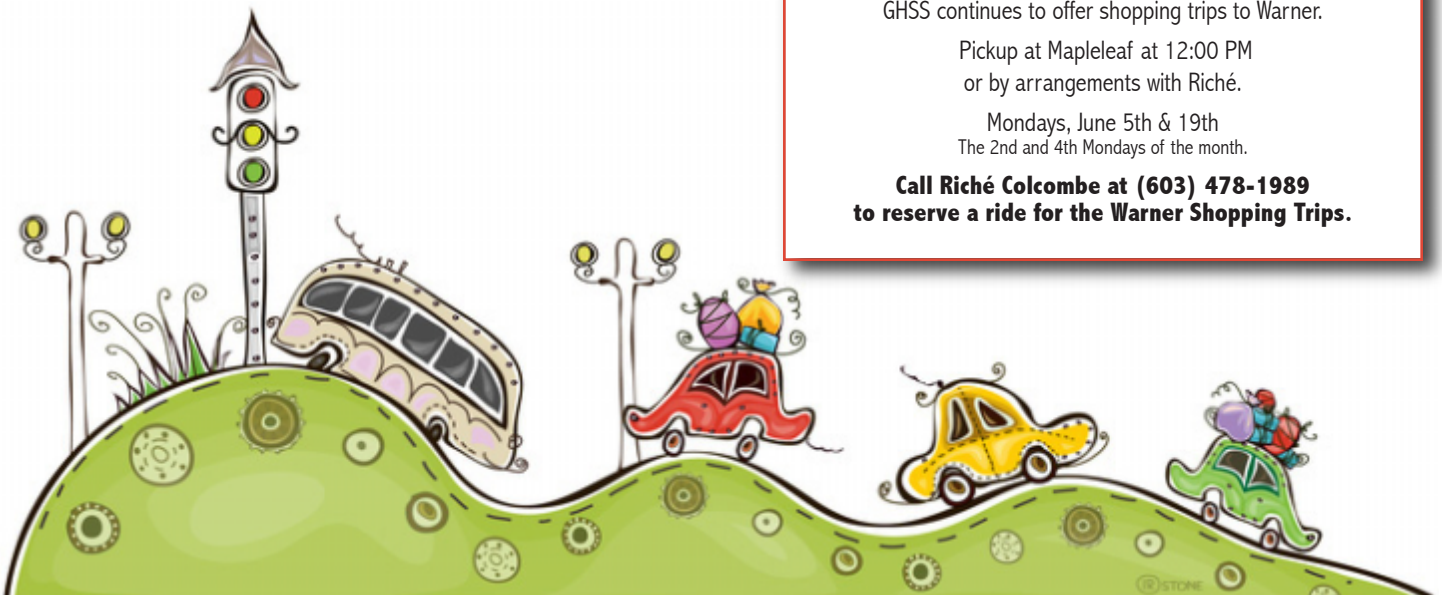
## June Warner Shopping Trips

With support from the towns of Hillsborough and Deering  
GHSS continues to offer shopping trips to Warner.

Pickup at Mapleleaf at 12:00 PM  
or by arrangements with Riché.

Mondays, June 5th & 19th  
The 2nd and 4th Mondays of the month.

**Call Riché Colcombe at (603) 478-1989  
to reserve a ride for the Warner Shopping Trips.**







**HILLSBOROUGH COMMUNITY CENTER FUNDRAISING**

The Hillsborough Community Center fundraising committee has a wonderful lineup of community events scheduled for 2023, all to benefit the future regional community center. Each event focuses on our mission to provide multi-generational programs that will improve the health, well-being, education, and social opportunities of those in our region.

Events allow us to raise funds to support our project, bring the community together, and to educate people about how the future center will benefit all. In order to make these events a success, we need your help. Please contact Gene Gould by phone at (603) 464-4007 or by email at [gene.gould@hccnh.org](mailto:gene.gould@hccnh.org) to let us know if you can volunteer at any of our events.

You can view our complete calendar of events at [hccnh.org/events](http://hccnh.org/events). We appreciate your continued support of this project, and we look forward to seeing you at our events!

**3RD ANNUAL COMMUNITY CRAFT & FLEA MARKET**

Join us on Saturday, June 10th for the Hillsborough Community Center Craft & Flea Market! Our vendors will have all sorts of treasures and treats, all in one place, rain or shine! Grimes Field, Hillsboro, 8:00 AM – 2:00 PM. (Vendors set up at 7:00 AM). Learn more at [hccnh.org/flea-market](http://hccnh.org/flea-market). We will be accepting donations of sellable items in good, clean condition at the event. Contact Gene Gould at (603) 464-4007 for more information.

**50/50 RAFFLE FUNDRAISER**

Tickets for our 50/50 Raffle Fundraiser are now for sale for \$2.00 each or 3 tickets for \$5.00. We'll draw the winner at our booth at the Hillsboro Summerfest on Saturday, July 15th at 7:00 p.m. Need not be present to win. Visit [hccnh.org/raffle](http://hccnh.org/raffle) to see where you can buy tickets before the fair.

**HILLSBOROUGH COMMUNITY CENTER**  
**CRAFT & FLEA MARKET**  
SATURDAY, JUNE 10  
7:00 AM - 2:00 PM  
GRIMES FIELD  
HILLSBORO  
Vendor space \$20  
To register visit:  
[hccnh.org/flea-market](http://hccnh.org/flea-market)  
Many thanks to our event sponsor:  
**shaws**  
All proceeds benefit the future regional community center.

**LUNCH**  
**GHSS Senior Luncheon**  
HILLSBOROUGH AMERICAN LEGION #59  
THURSDAY, JUNE 8, 2023, 12:00 NOON  
\$7.00/PERSON  
BROUGHT TO YOU BY THE TOLL BOOTH TAVERN  
ZITI & MEATBALLS • SALAD • BREAD • CAKE FOR DESSERT  
PLEASE REPLY BY FRIDAY, JUNE 2ND TO ERNIE GIOVELLI  
AT (603) 478-1989 OR ONLINE AT [GHSSERVICES.ORG](http://GHSSERVICES.ORG)  
TRANSPORTATION IS AVAILABLE FROM MAPLELEAF AT 11:30 AM.

**HILLSBOROUGH Community Center**  
**50/50 RAFFLE**  
\$2.00 EACH - or -  
3 TICKETS for \$5.00  
DRAWING JULY 15  
7:00PM  
[hccnh.org/raffle](http://hccnh.org/raffle)  
Special thanks to our sponsors:  
**shaws** **HILLSBORO**  
Bank of New Hampshire  
Jeep Ford CHRYSLER RAM  
All proceeds benefit the future regional community center.



### Fuller Public Library

29 School Street, Hillsboro, NH 03244

**(603) 464-3595**

**fullerlibrary.bibliionix.com**

**Email: circ@fullerlibrary.info**

Fuller Public Library has a lot of programs planned for all ages. Participate and enjoy!



**JUNE AOTM**  
Paula Kerouac is the featured Artist of the Month. Take a look at Paula's art all month in the Gilbert Room.

**Fuller Library now has a community newsletter.**

**Subscribe by emailing:**

**HillsboroughHubNH@gmail.com**

Find out about all the events going on in our community in one spot!

#### June 6th, Tuesday, 1:00 pm or 6:30 pm

How To's Day: We'll be creating a Spring Wreath using painted clothespins. Reserve your spot by May 30th so we have enough supplies.

#### June 17th, 10:00 am – 12:00 pm

NH Author meet and greet. Books from each author will be for sale or bring your own copies to be signed. Participating authors are: Karen Coulters, Ellen Reed, Marge Burke, SM Stevens, David Gonthier, Judith Sanders, Lisa Mathews, Sue McPhee, Chris Philbrook, Cally Chamberlain, Al Aborn, Judy Bibbins, Jessie Salisbury, Debbie Farr and Kathy Stoughton.

#### June 19th

Summer Reading begins! This summer's theme is 'All Together Now'. When you stop in, we are asking for one item for Hillsboro's Food Pantry. Together, we can help our community. Please check the food expiration dates. Adults each earn a raffle ticket for every book read or listened to towards our weekly raffles.

#### All Summer!

Join a book group this summer! We have 4 groups available for adults: Popular Fiction, Mystery, Cookbook, and Military History. Give us a call or stop in if you might be interested, 603-464-3595.

#### Mondays, 1:00 – 3:00 pm

Knitting Purls, a crafting circle. Bring whatever project you are working on. Others are willing to help you learn a new skill or help with a project you are working on.

#### Thursdays, 1:00 – 3:00 pm

Adult Games: Scrabble and Cribbage are played weekly.

**FREE TECH HELP**  
**Mondays, 2:00 – 4:00 PM**  
 at Fuller Public Library  
 or, call (603) 464-5285 to make an appointment for another time.  
 Provided by Project Lift

**Crafty Critters** continues on the 3rd Thursday of each month from 1 to 3 pm. You are welcome to bring your handwork and we will continue tying quilts. Please come and join us at the Mapleleaf community room! **Thursday, June 15th!**

## Deering NH Public Library



#### JUNE 2023 DEERING PUBLIC LIBRARY SCHEDULE

The Deering schoolhouse library building will be open throughout June on Saturdays from 10 am to 1 pm. The following additional programs will be offered in June:

**June 3, 2023, starting at 11 am** – Create your own summer reading bookmarks! Craft project for kids or the young at heart.

**June 17, 2023, starting at 11 am** – Deering resident and graphic novel artist Joel VanPatten discusses the artwork in his novel 'Jol', written by John Durgin.

**June 24, 2023 at 2 pm** – Junior Zookeeper Encounter; Come meet some live and unusual animals! At the Deering Town Hall - Presented by the library in collaboration with the Deering Association.



**“Discipline is choosing between what you want now and what you want most.”**  
**ABRAHAM LINCOLN**





How much easier does it get than to place a new **area carpet** in a room? Buy a bound area rug, open the plastic, roll it out and center it in your room. We just received multiple **8'x10'**, **9'x12'** and **12'x12'** bound carpets in both regular saxony fibers as well as berbers in mostly earth tone covers. These are not seconds.

We continue to build up our **Ashley** upholstery line that replaces the Lane we use to carry now that Lane went out of business. Ashley's quality is better. We receive orders in about 3 weeks and their price points remain the same. Look online at Ashley for all the products they offer.

By March 1st we had sold more kitchen cabinetry by **Candlelight** than we did in all of last year. This, we believe this is because of their superior craftsmanship, their vast wood and finish selections and mainly because they are, Made In America. Call today for a free measure and print out.



*Candlelight  
Cabinetry*

**On April 6th Eaton's celebrated our 77th anniversary.**  
*Thank you for your patronage!*

**EATON'S**  
**52 West Main St. Hillsboro**  
**603-464-3250**

*SERVING OUR COMMUNITIES FOR 77+ YEARS.*



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HILLSBOROUGH COUNTY

**Meals on Wheels delivers.** It's a name you know... and a name you trust, to provide meals and services to your loved ones. Since 1977, we have helped older, homebound and disabled adults to live independently in their own homes, which is where they want to be.

**HOME DELIVERED MEALS**

- Meals are nutritionally balanced, consisting of a protein, vegetable, and a side in a microwavable tray, calcium and vitamin enriched beverage mix, bread and dessert.
- Meals meet one-third of the USDA recommended daily allowance for adults.
- Menu is prepared by a registered dietitian and posted each month on our website.
- Meals are delivered Monday - Friday, 10:00 a.m. - 1:30 p.m. by a friendly, dedicated team of staff and volunteers.
- Drivers provide a brief friendly visit and wellness check.

[www.hcmow.org](http://www.hcmow.org)

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# JUNE 2023

## JUNE HOLIDAYS

NATIONAL BARE FOOT DAY: JUNE 1ST

DINOSAUR DAY: JUNE 1ST

FLAG DAY: JUNE 14TH

FATHER'S DAY: JUNE 18TH

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY | SATURDAY  |
|---|--|--|---|--|--------|---|
|   |  |  |   | 1<br><b>SPL: 9:30 AM</b><br>Sandown Winery<br><b>SCC: 9:00 AM</b><br>Strong Living Exercise<br><b>FL: 1:00 PM</b><br>Games for Adults<br>Every Thursday  | 2      | 3<br>Deering Library<br>11:00 PM<br>Create Your Own<br>Summer Reading<br>Bookmark<br>All Ages   |
| 4   | 5<br><b>SCC: 9:00 AM</b><br>Strong Living Exercise<br><b>ML: 12:00 PM PICK-UP</b><br>Warner Shopping Trip  | 6<br><b>Bingo – Mapleleaf<br/>Community Room</b><br>1:00 – 3:00 PM<br><b>FPL – 1:00 or 6:30 PM</b><br>How To's Day   | 7   | 8<br><b>AL#59: 12:00 PM</b><br>Senior Luncheon<br><b>SCC: 9:00 AM</b><br>Strong Living Exercise<br><b>FL: 1:00 PM</b><br>Games for Adults  | 9      | 10<br><b>GHSS Board<br/>Meeting – 9:00 am</b><br>Premier Printing<br><b>Deering Com. Church</b><br>9:00 AM – 12:00 PM<br>Free Breakfast |
| 11  | 12<br><b>SCC: 9:00 AM</b><br>Strong Living Exercise<br><b>FPL: 1:00 PM</b><br>Knitting Purls<br><b>FPL: 2:00 PM</b><br>Military Book Club                    | 13   | 14<br> | 15<br><b>SPL: 9:00 AM</b><br>King Arthur Store & Café<br><b>SCC: 9:00 AM</b><br>Strong Living Exercise<br><b>ML: 1:00 – 3:00 PM</b><br>Crafty Critters<br><b>FL: 1:00 PM</b><br>Games for Adults | 16     | 17<br><b>FPL: 10:00 AM – 12:00 PM</b><br>NH Authors<br>Meet & Greet<br><b>Deering Library, 11:00 AM</b><br>Joel VanPatten               |
| 18<br> | 19<br>Fuller Public Library<br>Summer Reading Begins<br><b>SCC: 9:00 AM</b><br>Strong Living Exercise<br><b>ML: 12:00 PM PICK-UP</b><br>Warner Shopping Trip | 20<br><b>FPL: 12:30 – 1:30 PM</b><br>Cookbook Group<br><b>Bingo – Mapleleaf<br/>Community Room</b><br>1:00 – 3:00 PM | 21  | 22<br><b>SCC: 9:00 AM</b><br>Strong Living Exercise<br><b>FL: 1:00 PM</b><br>Games for Adults  | 23     | 24<br><b>Deering Town Hall</b><br>2:00 PM<br>Junior<br>Zookeeper<br>Encounter   |
| 25  | 26<br><b>FPL: 1:00 PM</b><br>Knitting Purls  | 27   | 28  | 29<br><b>SCC: 9:00 AM</b><br>Strong Living Exercise<br><b>FL: 1:00 PM</b><br>Games for Adults  | 30     |   |

Calendar Key Codes: **AL#59** (American Legion), **SPL** (Shaw's Parking Lot), **ML** (Maple Leaf), **PP** (Premier Printing), **DFG** (Deering Fish & Game), **FL** (Fuller Library), **SCC** (Smith Congregational Church)



**Greater Hillsborough Senior Citizens**

*Serving Seniors ~ Celebrating Life!*

**June 2023**

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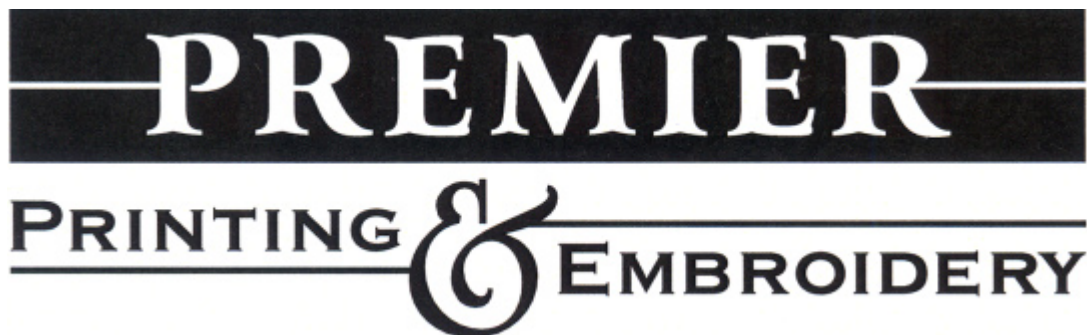
Greater Hillsborough Senior Services

PO Box 401

Hillsborough, NH 03244

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