

SENIORS ALIVE!



\sim Mission statement \sim

Greater Hillsborough Senior Services reaches out to seniors to provide support, services, congregate opportunities and advocacy that help them remain active, respected and vital members of their community.

BOARD OF DIRECTORS July Meeting

Saturday, August 12, 2023 9:00 am at Premier Printing

BOARD OFFICERS

Chairperson Lou Ellen Beard pbeard@tds.net (603) 464-5138

Vice-Chairperson Bonni Hadley

info@premierprintingnh.com (603) 464-5321

Treasurer Bob Charron rrcharron1@outlook.com (603) 464-3630

> **Secretary** Cindy Stosse cynqlt7@yahoo.com

BOARD MEMBERS

Trish Bush twbush@tds.net Ernie Giovelli wetwo1217@hotmail.com Ginks Leiby ginks.leiby@icloud.com Carol McKillip cmckillip@hcmow.org Tia McMahon tia.mcmahon@td.com **Charles Nystrum** chucknye@msn.com Marion Perreault marione@qsinet.net Anita Vassar Anitavssr65@gmail.com

From the GHSS Chair...

Well the good news is it has finally stopped raining! As I'm writing this the windows are open and the air is refreshing finally! While we are grateful for not needing to water gardens everyday, we definitely got more than needed. It was sad to have the weather interfere with the Hillsboro Summerfest, a big Thank You to the volunteers that work countless hours to make it all happen.

Ernie continues to plan trips for each month, so be sure to check inside this issue to see what's happening in August and the upcoming months. The popular Sunapee Cruise was sold out as of this writing, can't wait to hear all about it.

As always we continue to need volunteers for events, bus drivers to share the load of adding more events and still have a couple of seats open on the board of directors. If your interested in any of these positions just reach out to any board member - all contact info is on the front page of the newsletter.

Best regards, Lou Ellen Beard Chair, GHSS Board of Directors

Noteable August Holidays...

The most notable thing about August holidays is the sheer number of holidays devoted to happiness and food. From national peach month to ice cream sandwiches, spumoni, fajitas, sandwiches, watermelon, chocolate chip cookies and lemon pies, August has you covered. Eat on and be happy!



Ice Cream Sandwich Day Wednesday, August 2nd



Lemon Meringue Day Tuesday, August 15th



Fajita Day Friday, August 18th



Eat a Peach Day Tuesday, August 22nd

For More Information View GHSS online

Facebook: Go to Facebook.com and search for Greater Hillsborough Senior Services Send us an email at GHSS@ghsservices.org / Visit our new website at GHSServices.org

Featured Profile...

Keith T. Cobbett Owner of Granite State Computers

By Marianne Hammond



Keith T. Cobbett, owner of Granite State Computers, was born on October 26, 1974, in Northern Massachusetts and lived in Lawrence until he was eighteen. He moved from there to Derry, New Hampshire until 2002 when he purchased a home in Hillsborough and moved here. That home was sold and he purchased another Hillsborough home where he lives today with his soon to be wife. The upcoming marriage will be this coming fall.

Keith has always worked in the computer field and started GSC in 1999. He worked out of his home until July 2022 when he converted the store on Main Street where he now houses his company. The shop is warm, welcoming, and comfortable for people to stop in anytime during his business hours.

Advertising anywhere on paper according to Keith is an asset to any company and advertising in the Greater Hillsborough Senior Services newsletter is an added bonus. He states he feels it has enhanced his clientele and is worth the effort.

Keith is active in the community and is the current President of the Hillsborough Chamber of Commerce, on the Zoning Board for Hillsborough for a three-year term, on the Economic Development Committee, and the Hillsborough/Deering Study Committee. And he runs a business! Keith loves reading and kayaking. He and his future wife have three rescued cats and two rescued dogs and chickens.

When asked what he has to say about GHSS "GHSS is a fantastic organization and the volunteers do not get enough credit for all the hard work they do to give seniors in this area things to do and places to go."

It is without a doubt that this is a busy and dedicated to his community man. He is committed to helping Hillsborough become a better place for all. So, if you need a new computer or need help with one, please check this business out.



DEERING COMMUNITY CHURCH

FREE SATURDAY COMMUNITY BREAKFAST

9:00 am to 12:00 pm August 12, 2023

ALL ARE WELCOME

5 Interesting Facts

- Rubber bands will last much longer when they are refrigerated.
- There are 293 ways to make change for a dollar.
- The Grand Theft Auto franchise has lawsuits that total over \$1 billion.
- All clocks in Pulp Fiction are set to 4:20.
- The eye of an ostrich is bigger than its brain.



August RSVP Deadlines

Foster's Clambake by Tuesday, August 22nd

RSVP for all Event Trips to:

Ernie Giovelli, Trip Coordinator Email: wetwo1217@hotmail.com Cell Phone: +1 (631) 891-9548

* Payments will only be accepted after registering with Ernie.

Trip Details are available online. Online Registration NOT Available. Visit GHSServices.org

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RSVP for all Warner Trips to:

Riché Colcombe, Trip Coordinator Phone: +1 (603) 478-1989

Upcoming 2023 Trips

- The Hobo Train
- Encore Casino
- More coming...

AUGUST TRIPS



Foster's Clambake Thursday, August 24, 2023 Cost is \$35* / RSVP Required

Payable by check to GHSS or cash at Premier Printing

- Premier Coach Transportation & Lunch is included
 - Coach leaves Hillsborough Shaws at 9:30 am Bus returns at approximately 3:30 pm

August Warner Shopping Trips

With support from the towns of Hillsborough and Deering GHSS continues to offer shopping trips to Warner.

Pickup at Mapleleaf at 12:00 PM or by arrangements with Riché.

Mondays, August 14th & 28th The 2nd and 4th Mondays of the month.

Call Riché Colcombe at (603) 478-1989 to reserve a ride for the Warner Shopping Trips.

> *Always bring cash or credit cards for extra purchases or food that is not included.



Hillsborough Community Center Fundraising News

CUTS FOR A CAUSE

For the entire month of August, talented local hair stylists and barbers will be helping us raise funds to build a regional community center. Visit any one of these businesses and let them know that you'd like a portion of the cost of your hair cut to be donated to our project! This is a great time for back-to-school haircuts! Schedule your appointment today. Don't see your stylist on this list? Ask them to reach out to us to participate!

- STRANGEFELLOWS BARBERSHOP
- TOPPERS SALON AND SPA
- FANTASY HAIR
- MISSIE'S DAY SPA

COMMUNITY YOGA WITH AUDREY BETHEL

Join us on Sunday, August 13th from 10:00 AM until 11:30 AM at The Emporium, 5 West Main St, Hillsboro. Audrey Bethel of Bethel Farm Yoga & Living Arts Center will be leading a community yoga class. All levels of yoga ability are welcome. Please bring your yoga mat and towel. Light refreshments will be available. Suggested donation: \$20.

AUDITIONS FOR "MURDER AT THE MALT SHOP"

The Hillsborough Community Center will be holding auditions for "Murder at The Malt Shop," a theatrical production by Cheri L. Maxson. The cast of 16 characters includes 8 teens and 8 adult roles. Want to solve a murder? Or maybe be the murderer?! Or, you can sign up to help us behind the scenes with costumes, hair, makeup, lighting, and sound.

Auditions will be held at the Hillsboro United Methodist Church, 16 Henniker St, Hillsboro:

August 15th, 6:00 p.m. – 8:00 p.m. August 17th, 6:00 p.m. – 8:00 p.m.

FOR MORE INFORMATION, CALL GENE GOULD AT (603) 464-4007.





HILLSBOROUGH COMMUNITY CENTER



AUDREY BETHEL OF BETHEL FARM YOGA & LIVING ARTS CENTER

ALL LEVELS CLASS Sunday • 10 Am - 11:30 Am

AUGUST 13TH

\$20 SUGGESTED DONATION

THE EMPORIUM • 5 WEST MAIN ST • HILLSBOROUGH

ALL PROCEEDS BENEFIT THE FUTURE REGIONAL COMMUNITY CENTER



Fuller Public Library 29 School Street, Hillsboro, NH 03244 (603) 464-3595 fullerlibrary.biblionix.com Email: circ@fullerlibrary.info

Fuller Public Library has a lot of programs planned for all ages. Participate and enjoy!

> Fuller Library now has a community newsletter. Subscribe by emailing: HillsboroughHubNH@gmail.com

Find out about all the events going on in our community in one spot!

August 1st, 1:00 pm or 6:30 pm How To's Day: "Pickling and Canning" Please call to register.

August 3rd, Thursday, 6:30 pm Fuller Public Library Book Group

August 11th, Friday, 1:00 pm What's Cooking? A teen cooking program. Call to register.

August 14th, Monday, 2:00 pm Military History Book Group

August 17th, Thursday, 10:30 am Celebrating the end of Summer Reading. Flying High Dogs, Grimes Field - Rain or Shine! All are welcome. Please leave your dogs at home!

August 18th, Friday Summer Reading ends. Time to collect your final prizes.

August 22nd, Tuesday, 12:30 pm Cookbook Book Group

August 22nd, Tuesday, 6:30 pm Mystery Book Group meets.

August 24th, Thursday, 7:00 - 8:00 pm The King Snakes Butler Park Concert Series. Sponsored by Fuller Public Library. Bring your own chair.

LIBRARY CHANGE OF HOURS **Special Dates Only**

August 17th, Opens at 12:00 Noon Join us at 10:30 am at Grimes Field for the Flying Dog Show.

August 24thnd, Thursday, Closing at 6:30 pm Closing early for the summer concert in Butler Park. Sponsored by Fuller Public Library.



PLEASE SEE **BRUNCH BINGO* AD ON PAGE 6** FOR BINGO **BRUNCH DETAILS.**

DEERING COMMUNITY FAIRE 763 Deering Center Road Deering, NH 03244 **SATURDAY** August 19, 2023 10:00 am - 3:00 pm



Art and Craft Vendors • Wine Basket Dining Certificate Raffle Tree • Other Raffles & Mini Raffles Car Care • Live Music • Baked Goods • Homemade Jams Children's Games • Food & Drinks

Sponsored by the Deering Community Church and the Deering Women's Guild



Crafty Critters has been discontinued until further notice due to low attendance. Please look in upcoming newsletters for occasional art and crafts programs in the future. If you have an idea for a program, please contact us at GHSS@ghsservices.org

Deering NH Public Library



JULY 2023 DEERING PUBLIC LIBRARY SCHEDULE

The Deering schoolhouse library building will be open throughout July on Saturdays from 10 am to 1 pm. The following additional programs will be offered in June:

August 11, 2023, 7 pm – Deering Library presents Robert Goodby at the Town Hall with his program "12,000 Years Ago in the Granite State".

August 12, 2023, starting at 11 am – At the library, Aquatic Insects with Deering resident and biologist Mike Thomas. There will also be an insect craft project for kids.

August 19, 2023, starting at 11 am – At the library, Oil Painting with Deering resident and artist Betsy Holmes.

August 26, 2023, starting at 11 am - At the library, Mushrooms! Family fun with fungi. Presented by Deering resident and mycologist Gary Samuels. For all ages.



"Life ought not merely to contain acts of worship, it should be an act of worship" JOHN BLANCHARD -

AI: Rocking Our World

I was not expecting to have extra space in this GHSS August newsletter. So, I decided to write this article about AI also known as Artificial Intelligence. Except for one thing, I didn't write this article. Instead, I wrote twelve key words, popped them into an AI content creator, selected text only and waited for 23 seconds while content was created. Except for the next paragraph, AI's work follows. All generated by AI. In 23 seconds.

It is amazing, but for right now I find the following text seriously flawed. Right now it is sterile, the writing basic with little imagination and the most critical concern about Al is missing. What happens if or when Al turns on humankind? Or has it already?

Artificial Intelligence or AI has been gaining significant attention in recent years due to its potential to transform our lives and revolutionize various industries. AI refers to the development of computer systems that can perform tasks that typically require human-like intelligence, such as speech recognition, decision making, and problem solving.

Some concerns with Al include the potential for job displacement, as machines become increasingly capable of performing tasks that were previously done by humans. There are also concerns around privacy and security, as Al systems may have access to vast amounts of personal data.

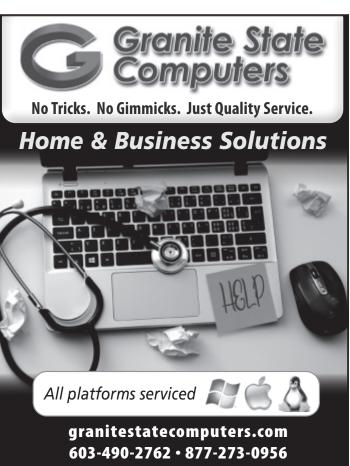
However, there are also numerous benefits to Al. For example, Al can be used to improve healthcare by analyzing patient data to identify potential health risks. It can also be used to increase efficiency and productivity in industries such as manufacturing and logistics. Overall, while there are certainly concerns to consider, the potential benefits of AI are vast and can't be ignored. As we continue to develop and refine these technologies, it is important to approach them with caution and ensure that they are being used ethically and responsibly.

AI GENERATED IMAGES

Did you know these 4 images were also generated by an Al image generator?







AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cuts for a Cause All Throughout August See Ad Page 4		L: 1:00 pm or 6:30 pm How To's Day Pickling & Canning	2	³ SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Games for Adults FL: 6:30 PM FPL Book Group	4	۵
٥	7 SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Knitting Purls	8	6	 SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Games for Adults 	Tea & Conversation Tea & Conversation FL: 1:00 PM What's Cooking DPL: 7:00 PM 12,000 Years Ago	 GHSS Board Meeting - 9:00 am Premier Printing Deering Com. Church Free Breakfast (9-12) DPL: 11:00 AM 12,000 Years Ago
The Emporium Hillsborough Yoga 10:00 AM – 11:30 PM	14 SCC: 9:00 AM Strong Living Exercise ML: 12:00 PM PICK-UP Warner Shopping Trip FL: 1:00 PM: knitting Purls FL: 2:00 PM Military History Book Club	15 ML: 1:00 PM BINGO	16	17 17 Grimes Field 10:30 AM Flying High Dogs Flying High Dogs SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Games for Adults Games for Adults	18 Fuller Public Library Summer Reading Ends Pick Up Prizes	Deering Community Church 10:00 AM – 3:00 PM Deering: 11:00 AM Oil Painting
20	21 SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Knitting Purls	FPL: 12:30 PM Cookbook Group FL: 6:30 PM Mystery Book Group	23	24 Stc: 9:00 AM Strong Living Exercise SPL: 9:30 AM Foster's Butler Park The King Snakes Concert	25	26 DPL: 11:00 AM Mushrooms!
27	 ²⁸ SCC: 9:00 AM Strong Living Exercise ML: 12:00 PM PICK-UP Warner Shopping Trip FL: 1:00 PM Knitting Purls 	29 ML: 12:00 PM Meals On Wheels Brunch BINGO ML: 1:00 PM BINGO	30	31 Strong Living Exercise FL: 1:00 PM Games for Adults		

Calendar Key Codes: AL#59 (American Legion), SPL (Shaw's Parking Lot), ML (Maple Leaf), PP (Premier Printing), DFG (Deening Fish & Game), DPL (Deering Public Library), FL (Fuller Library), SCC (Smith Congregational Church)



Greater Hillsborough Senior Citizens

Serving Seniors ~ Celebrating Cife!

August 2023

GHSS Mailing Address: Greater Hillsborough Senior Services PO Box 401 Hillsborough, NH 03244 **ADDRESS SERVICE REQUESTED** US Postage Paid Hillsborough, NH Permit No. 30 Non-Profit

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