



SENIORS ALIVE!

October 2023



~ Mission statement ~

Greater Hillsborough Senior Services reaches out to seniors to provide support, services, congregate opportunities and advocacy that help them remain active, respected and vital members of their community.

BOARD OF DIRECTORS

September Meeting

Saturday, October 14, 2023
9:00 am at Deering Fish & Game

BOARD OFFICERS

Chairperson

Lou Ellen Beard
pbeard@tds.net
(603) 464-5138

Vice-Chairperson

Bonni Hadley
info@premierprintingnh.com
(603) 464-5321

Treasurer

Bob Charron
rrcharron1@outlook.com
(603) 464-3630

Secretary

Cindy Stosse
cynqlt7@yahoo.com

BOARD MEMBERS

Trish Bush
twbush@tds.net

Ernie Giovelli
wetwo1217@hotmail.com

Ginks Leiby
ginks.leiby@icloud.com

Carol McKillip
cmckillip@hcmow.org

Tia McMahon
Tia.McMahon@nbtbank.com

Charles Nystrum
chucknye@msn.com

Marion Perreault
marione@gsinet.net

Anita Vassar
Anitavssr65@gmail.com

From the GHSS Chair...

GHSS has had a busy summer! As I'm writing this letter, Ernie is preparing two coach busses totaling 92 people for a trip on the Hobo Railroad. I think that is a first and we are delighted to have so much interest. Please make sure to "Thank Ernie" when you see him! He has the Casino trip on his radar along with some smaller trips with our own bus to finish out the year. We welcome ideas for local trips that you all might enjoy in the future!

The luncheon at the legion for September was catered by Steve Schacht and was well attended. We plan to have another one in October, check inside the newsletter for the details. We are in the planning stages for the December Christmas Party that was so enjoyed last year. Watch the newsletter for details in November!

As always we can use volunteers, board members and bus drivers!

Stay well,
LouEllen Beard
Chair, GHSS Board of Directors

Noteable October Holidays...



Columbus Day

Columbus Day is a U.S. holiday that commemorates the landing of Christopher Columbus in the Americas in 1492. Columbus Day 2022 occurs on Monday, October 9th. It was unofficially celebrated in a number of cities and states as early as the 18th century, but did not become a federal holiday until 1937. Indigenous Peoples' Day, also celebrated on Monday, October 10th in 2022, honors the past, present, and futures of Native peoples throughout the US. The holiday recognizes the legacy and impact of colonialism on Native communities, and it also celebrates the cultures, contributions, and resilience of contemporary Native peoples.

For More Information View GHSS online

Facebook: Go to Facebook.com and search for Greater Hillsborough Senior Services
Send us an email at GHSS@ghsservices.org / Visit our new website at GHSServices.org

Featured Profile...

Dwight G. Gould Sr. Owner of Eaton's Furniture

By Marianne Hammond



Dwight Gould, Sr. is the owner of Eaton's Furniture on Main Street in Hillsborough. Dwight was born in Peterborough on March 20, 1953, and has lived in Hillsborough his whole life. Dwight first worked at the Monadnock Paper Mills, in Bennington for thirteen years, then went into a partnership with Jim Grappone at G&G Electro Plating and in 1997 purchased Eaton's having been involved with for many years. To date he has been with Eaton's for fifty-six years.

Yvonne and Dwight have been married sixteen years and between them have eleven children, and nine grandchildren. Grandson Zakk helps out with the business at Eaton's, keeping it a family business.

Eaton's has been in business since 1946 and at the present site since 1947.

Dwight was a Hillsborough Fire Captain (now retired) as well as a part of the Rescue Company, played in the Second Time Around Band for fourteen years. For many of those years, they played for the Butler Park Summer Concerts. Dwight loves music, gardening and stacking wood.

When asked how he feels about GHSS "It's a good cause and every town should have such an organization though many do not". Asked why he advertises in the GHSS newsletter he stated, "The newsletter has a good reputation and people who buy from Eaton's seem to come from that generation." So, if you are looking for a nice piece of furniture check out locally and maybe the right piece is there for you, with free delivery.

A colorful poster for the Deering Meditation and Memory Garden Bench Fundraising Challenge. The background features a large tree with green leaves and a blue sky with white clouds. The text is in various colors and fonts. A QR code is visible in the bottom right corner, and a small image of a blue bench is shown in the bottom right corner.

**DEERING
MEDITATION AND
MEMORY GARDEN**

Bench Fundraising Challenge

The DMNG is seeking donations for a bench for the garden. A generous, anonymous donor will match all donations up to \$1000.

Send checks to
Deering Community Church
763 Deering Center Road
Deering NH 03144
Or scan the QR Code to pay via PayPal
**Note donation is for DMNG Bench.

SCAN ME

A poster for the Deering Community Church Free Saturday Community Breakfast. The top half shows a close-up of a breakfast meal with pancakes, sausages, and eggs. The bottom half contains text about the event.

DEERING COMMUNITY CHURCH

FREE SATURDAY COMMUNITY BREAKFAST

9:00 am to 12:00 pm
September 9, 2023

ALL ARE WELCOME



SENIOR TRIPS

October RSVP Deadlines

- RSVP by October 9th

RSVP for all Event Trips to:

Ernie Giovelli, Trip Coordinator

Email: wetwo1217@hotmail.com

Cell Phone: +1 (631) 891-9548

*** Payments will be accepted only after registering with Ernie.**

Trip Details are available online.
Online Registration **NOT** Available.
Visit GHSServices.org

RSVP for all Warner Trips to:

Riché Colcombe, Trip Coordinator

Phone: +1 (603) 478-1989

Upcoming 2023 Trips

- Tilton Mall
- Vermont Country Store

*Always bring cash or credit cards for extra purchases or food that is not included.

OCTOBER TRIP



Encore Casino

Thursday, October 19, 2023

Cost is \$40* / RSVP Required

Payable by check to GHSS or cash at Premier Printing

- 36 Seats Coach Transportation •
- Enjoy Encore Casino's 185+ Table Games •
- 2,700+ Slot Machines •

LUNCH IS ON YOUR OWN / NOT INCLUDED

**Coach leaves Hillsborough Shaws at 9:30 am
Arrives in Hillsborough at Shaws About 4:00 pm**

***Payments will be accepted only after registering with Ernie.**

**New Policy: Registration starts on the first of each month.
If a trip falls in October, please wait until October 1st.**

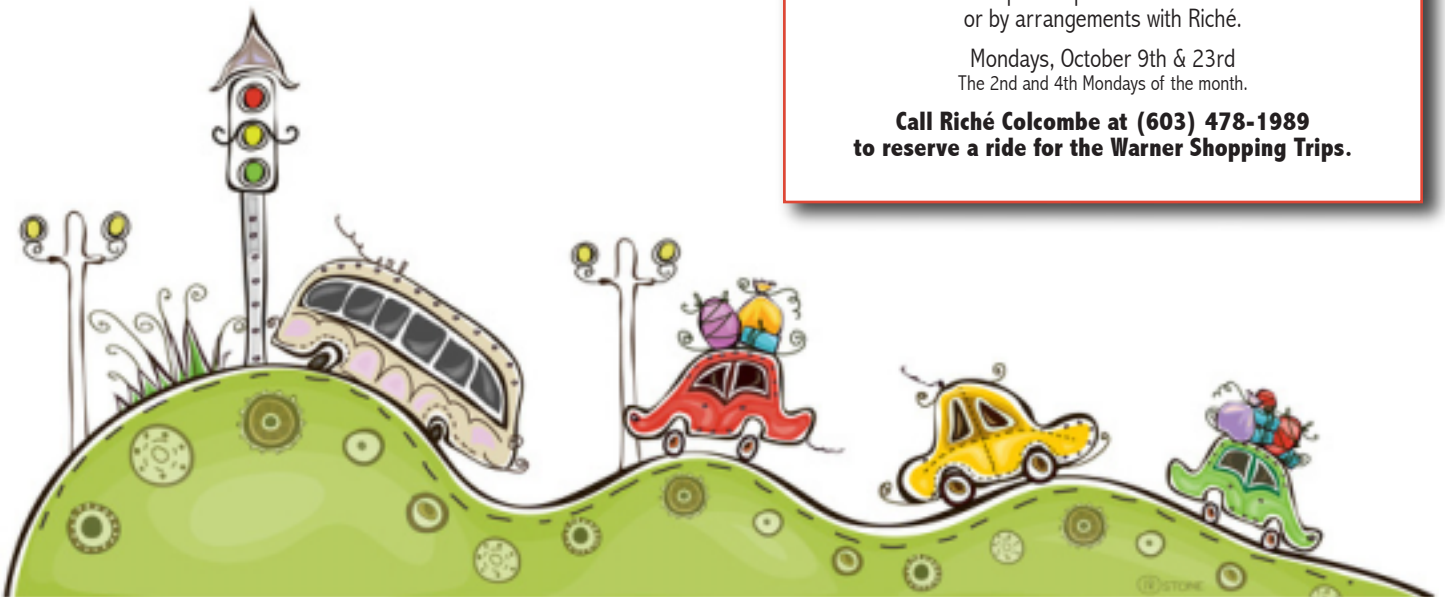
October Warner Shopping Trips

With support from the towns of Hillsborough and Deering
GHSS continues to offer shopping trips to Warner.

Pickup at Mapleleaf at 12:00 PM
or by arrangements with Riché.

Mondays, October 9th & 23rd
The 2nd and 4th Mondays of the month.

**Call Riché Colcombe at (603) 478-1989
to reserve a ride for the Warner Shopping Trips.**





Hillsborough Community Center Fundraising News

LOCAL AREA SALONS RAISE MORE THAN \$900 FOR COMMUNITY CENTER PROJECT



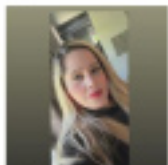
Melissa Blair of Topper's Day Spa, Soraya Grendell of Fantasy Salon in Henniker, and Jess Merrill of Strangefellows Barbershop raised over \$900! These businesses went above and beyond for us, and we are so thankful to be able to work with them. It is so wonderful to see our community come together to support our cause and some fantastic local businesses! It truly takes a village, and we are so grateful for the kindness and generosity everyone has shown. Each donation brings us one step closer towards the dream of building a regional community center!



Melissa Blair of Topper's Day Spa, Soraya Grendell of Fantasy Salon in Henniker, and Jess Merrill of Strangefellows Barbershop raised over \$900! These businesses went above and beyond for us, and we are so thankful to be able to work with them. It is so wonderful to see our community come together to support our cause and some fantastic local businesses! It truly takes a village, and we are so grateful for the kindness and generosity everyone has shown. Each donation brings us one step closer towards the dream of building a regional community center!



Melissa Blair of Topper's Day Spa, Soraya Grendell of Fantasy Salon in Henniker, and Jess Merrill of Strangefellows Barbershop raised over \$900! These businesses went above and beyond for us, and we are so thankful to be able to work with them. It is so wonderful to see our community come together to support our cause and some fantastic local businesses! It truly takes a village, and we are so grateful for the kindness and generosity everyone has shown. Each donation brings us one step closer towards the dream of building a regional community center!



Melissa Blair of Topper's Day Spa, Soraya Grendell of Fantasy Salon in Henniker, and Jess Merrill of Strangefellows Barbershop raised over \$900! These businesses went above and beyond for us, and we are so thankful to be able to work with them. It is so wonderful to see our community come together to support our cause and some fantastic local businesses! It truly takes a village, and we are so grateful for the kindness and generosity everyone has shown. Each donation brings us one step closer towards the dream of building a regional community center!

Our 3rd Annual Cuts for a Cause fundraiser was another huge success! The talented staff of Toppers, Missies Day Spa, Soraya Grendell of Fantasy Salon in Henniker, and Jess Merrill of Strangefellows Barbershop raised over \$900! These businesses went above and beyond for us, and we are so thankful to be able to work with them. It is so

wonderful to see our community come together to support our cause and some fantastic local businesses! It truly takes a village, and we are so grateful for the kindness and generosity everyone has shown. Each donation brings us one step closer towards the dream of building a regional community center!



3RD ANNUAL ATV POKER RUN SUCCESS!

Many thanks to all of the participants, volunteers, and sponsors who made our 3rd Annual ATV Poker Run fundraiser a success! This event brought in a total of more than \$2900 in registrations, donations, and sponsorship funds. The winner of \$500 for the best hand was Lisa Morris. The prize of \$150 for worst hand went to Tracy Shea. A shout out of thanks also goes to the Hillsboro Fire Department for preparing some excellent food! We appreciate the generous support of our sponsors Livingston's Sales and Shaw's. Special thanks to the Contoocook Valley ATV Club, Riché Colcombe, and Steven Lamonde for assistance with the maps, signage posting, and the coordination of this event! And last but not least, we appreciate our dedicated and valued volunteers Marianne & John Hammond, Laura & Gene Gould, and Kimberly Damboise for running the checkpoints. Thank you for making events like this a success, we couldn't do it without your support!



2ND ANNUAL HARVEST FESTIVAL

Saturday, October 14th from 9:00 a.m. until 2:00 p.m. join us for games, vendors, food, and family fun under a big tent at our 2nd Annual Harvest Festival! Free admission. Rain or shine at Grimes Field! Vendors: There's still room to reserve a 10x10 space for your tent and wares. Visit hccnh.org/harvest-festival to learn more.



FAMILY SKATE NIGHT & HALLOWEEN COSTUME CONTEST

On Saturday, October 28th from 5:00 p.m. until 8:00 p.m., skate the evening away to lively music put on by Monadnock Roller Derby. Great prizes! We'll be at the Hillsboro-Deering Middle School. Many thanks to the Monadnock Roller Derby and Jocelynn Drew for coordinating this event! Cash and credit cards will be accepted

- Admission \$10
- Skate rentals are \$5
- Families are \$20 (plus skate rental)
- Concessions will be available.

**FOR MORE INFORMATION, CALL OR EMAIL DEANNA HIGGINS
AT (603) 464-4007 OR DEANNA.HIGGINS@HCCNH.ORG**

SILVER LININGS
Senior Healthy Living Expo

Silver Linings: Senior Healthy Living Expo



Silver Linings Senior Healthy Living Expo

The **Silver Linings: Senior Healthy Living Expo** provides a face-to-face forum for the public to hear directly from experts, advocates and care providers.

The free expo includes valuable information, demonstrations from vendors, door prizes, giveaways, and presentations on a wide range of topics.

Silver Linings Healthy Living Expo: Manchester

- Manchester Community College
- October 14, 2023 • 9:00 am to 1:00 pm
- 1066 Front Street, Manchester, NH 03102

What are people saying?

"The attendees we interacted with were very engaged, and I had valuable networking opportunities with peers at other agencies."

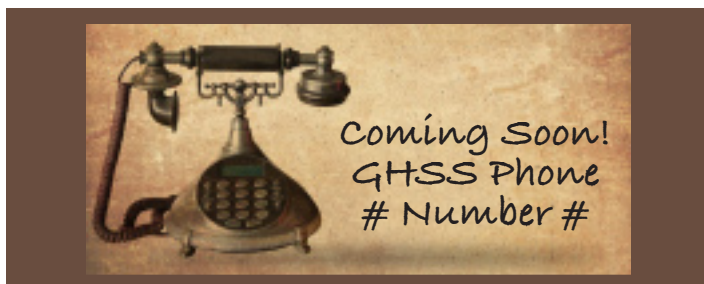
"The attendance was great and information and number of exhibitors was impressive. Keep this event going it appears to be very much appreciated by the community."

"I just attended the Silver Linings: Senior Healthy Living Expo in Plymouth and it was FANTASTIC! My husband has the early stages of dementia and I obtained a wealth of information plus immediate networking!!"

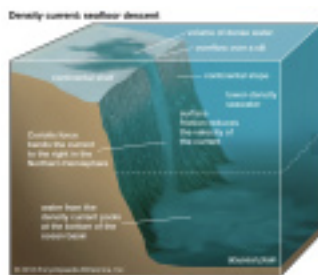
Questions? Contact Billy Wilson
by email at bwilson@unionleader.com
or by phone at (603) 668-4321 ext. 506.

Sponsored by





One Interesting Fact



The ocean floor covers more than 70 percent of the planet's surface. Like dry land, the ocean floor has various features including flat plains, sharp mountains, and rugged canyons). However, the lowest point in the world ocean is much deeper than the highest point on land.

A WEARE AUTHOR

An Important Topic & a Public Invitation

By Chris Hague

The Deering Women's Guild welcomes local author and speaker Marjorie Burke on Wednesday, October 4, to share with the public a remarkable story of a couple's journey through Alzheimer's.

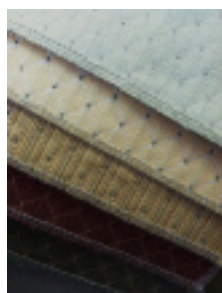
Marjorie has written five books, including a trilogy describing the love and loss she and her husband shared as his Alzheimer's disease progressed. Her talk will focus on that journey as it affected her during and after her husband's life.

Weare readers are acquainted with Marjorie's poetry, and many know her through her active civic and church life. She has facilitated support groups for caregivers and is a member of the Weare Area Writers' Group. Through her first book, "Melting Ice and Shifting Sand," we meet her husband Don, as the book alternates voices between the two partners during the early stages of Don's memory loss.

Subsequent books look at the stresses and joys of care giving and decisions that must be made for the welfare of both partners. These are not clinical descriptions, although the facts included are accurate. They are relatable, compassionate stories of what to expect if a loved one experiences Alzheimer's, and how love, faith and courage sustain a family.

This talk will be held at 1 PM on October 4 in the Deering Community Church, 763 Deering Center Road (Route 149), Deering. The public is encouraged to attend at no charge. Copies of Marjorie's books will be available.

The Deering Women's Guild is open to all women of any faith or of none. Its mission is to enhance the spiritual life and friendships of women in the community and support benevolent work.



I know it's still a ways away, but get ready now for winter. Have your chimney checked and apply for fuel assistance for those of you who are eligible. And, don't forget to keep your floors warm with a new bound rug from Eatons. We have 8' x 10', 9' x 12' and 12' x 12' rugs in stock. Open them up and roll them out. Many earth-tone colors are available.

We currently have a variety of medical lift chairs in stock for immediate delivery. Looking for a particular color? Our two companies offer over 600 fabric choices. Free payment plans for medical chairs.

We have 6 different fabric colors of glide rockers on our floor. American made. These chairs make a good birthday, anniversary, retirement, or just a "we love you" present.

Matching love, sofa and recliner fabrics are available.

EATON'S
52 West Main St. Hillsboro
603-464-3250

SERVING OUR COMMUNITIES FOR 77+ YEARS



Fuller Public Library

29 School Street, Hillsboro, NH 03244

(603) 464-3595

fullerlibrary.biblionix.com

Email: circ@fullerlibrary.info

Fuller Public Library has a lot of programs planned for all ages. Participate and enjoy!

Fuller Library now has

a community newsletter.

Subscribe by emailing:

HillsboroughHubNH@gmail.com

Find out about all the events going on in our community in one spot!



CONGRATULATIONS
Fuller Public Library
2023 NH Library
of the Year

October 3rd, Tuesday, 1:00 pm

How To's Day: Canning Ring Pumpkin (Class is Full)

October 5th, Thursday, 6:30 pm

Fuller Public Library Book Discussion

October 6th, Friday, 1:00 pm

Tea & Conversation

October 9th, Monday

Closed for Columbus Day

October 10th, Tuesday, 6:30 pm

If These Walls Could Talk: Celebrating 100 Years of the Red Arrow Diner with Mike Morin.

October 16th, Monday, 2:00 pm

Military History Book Group

October 17th, Tuesday, 12:00 pm

Cookbook Group Meets

October 17th, Tuesday, 1:00 or 6:30 pm

Mystery Book Group Meets

October 28th, Saturday, 11:00 am

2023 NH Library of the Year Ceremony

October 31st, Tuesday, 5:00 – 8:00 pm

Trick or Treat at the Library!



JOIN US FOR BINGO!

October 3rd & 31st*

1:00 – 3:00 pm

Maple Leaf

Community Room

50 Cents/Card

PLEASE SEE
BRUNCH BINGO*
AD ON PAGE 6
FOR BINGO
BRUNCH DETAILS.

OCTOBER SENIOR LUNCHEON

At the American Legion Post #59

Thursday, October 12, 2023

12:00 Noon • Cost: \$7.00

Welcome Fall! Catered by the Toll Booth Tavern

Pork Loin • Gravy • Potatoes • Veggies • Bread & Butter

~ Dessert by Saxy Chef ~

TO RESERVE YOUR LUNCH, PLEASE RSVP BY OCTOBER 9TH
to Ernie at wetwo1217@hotmail.com or +1 (631) 891-9548

The bus will leave Maple Leaf at 11:30 am.



Crafty Critters has been discontinued until further notice due to low attendance. Please look in upcoming newsletters for occasional art and crafts programs in the future. If you have an idea for a program, please contact us at GHSS@ghsservices.org

Deering NH Public Library



OCTOBER 2023 DEERING PUBLIC LIBRARY SCHEDULE

In October, the library will be open on the first Saturday of the month and then the collection will be moved to the conference room at the town hall for the winter. The following events are planned.

Friday, October 6th, 7 pm

The Deering Library presents a program by NH author and historian Glenn Knoblock, entitled "New Hampshire Cemeteries and Gravestones". At the Deering Town Hall at 7 pm. The program is free to everyone.

Saturday, October 7th, 10 am

Open House at the Deering Schoolhouse / Library Building. The library will be open from 10 am to 2 pm, as part of the Deering Town Safety Day events. All are welcome.



**"Faith is taking the first step even
when you don't see the whole staircase."**

MARTIN LUTHER KING, JR.

**INVITING ALL ADULTS 60 AND
OLDER TO JOIN US FOR A
DELICIOUS & HEALTHY MEAL!**

Antrim First Presbyterian Church



**Wednesday, October, 18
73 Main St, Antrim
Lunch Served at 12 Noon**

Chicken Pot Pie

**RSVP to Jan Howe by Wednesday, 10/11
pastorantrimfpc@gmail.com
802-376-9115**

This FREE lunch is sponsored by:



MEALS on WHEELS HILLSBOROUGH COUNTY

*Suggested
Donation
\$3 per meal*



BRUNCH BINGO

**Maple Leaf Community Room
Hillsborough, NH**

Tuesday, October 17, 2023

Lunch served at 12:00 PM

BINGO: 1:00 – 3:00 PM (optional)



Meals On Wheels of Hillsborough County
will provide a fresh, delicious & healthy
lunch to anyone 60 years or older.

\$3.00 Suggested Donation to Meals On Wheels.

Reserve Your Lunch!
Call Anita Vasser
(603) 785-0765
by October 10th.



**G Granite State
Computers**

No Tricks. No Gimmicks. Just Quality Service.

Home & Business Solutions



All platforms serviced



**granitestatecomputers.com
603-490-2762 • 877-273-0956**

OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Strong Living Exercise FL: 9:00 AM Knitting Purls	2 Strong Living Exercise FL: 1:00 PM: Knitting Purls	3 FL: 1:00 pm or 6:30 pm How To's Day Class is Full ML: 1:00 PM BINGO	4	5 SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Games for Adults FL: 6:30 pm Book Discussion	6 FL: 1:00 PM Tea & Conversation DL: 7:00 PM At the Deering Town Hall NH Cemeteries & Gr.	7 DL: 10:00 AM – 2:00 PM Open House at the Deering Library
8 	9	10 FL: 6:30 pm If These Walls Could Talk: Celebrating 100 Years of the Red Arrow Diner	11	12 AL#59: 12:00 PM Senior Luncheon SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Games for Adults	13	14 GHSS Board Meeting – 9:00 am Premier Printing Deering Com. Church Free Breakfast (9–12) Harvest Festival! 9:00 AM – 2:00 PM Grimes Field
15 Strong Living Exercise FL: 9:00 AM Knitting Purls FL: 1:00 PM: Knitting Purls Military History Book Club	16 Strong Living Exercise FL: 1:00 PM: Knitting Purls FL: 2:00 PM Military History Book Club	17 ML: 12:00 PM Brunch BINGO FPL: 12:30 PM Cookbook Group FL: 6:30 PM Mystery Book Group	18 Antrim 1st Presbyterian Church 12:00 PM Senior Luncheon	19 Encore Casino Trip Shaws at 9:30 AM SCC: 9:00 AM Strong Living Exercise FL: 1:00 PM Games for Adults	20	21
22 Strong Living Exercise ML: 12:00 PM PICK-UP Warner Shopping Trip FL: 1:00 PM Knitting Purls	23 Strong Living Exercise ML: 12:00 PM PICK-UP Warner Shopping Trip FL: 1:00 PM Knitting Purls	24	25	26 SCC: 9:00 AM Strong Living Exercise SPL: 10:30 AM Encore Casino	27	28 FL: 11:00 AM 2023 NH Library of the Year Ceremony HDMS: 5:00 – 8:00 PM Family Skate Night & Halloween Contest
29 Strong Living Exercise FL: 9:00 AM Knitting Purls	30 Strong Living Exercise FL: 1:00 PM Knitting Purls	31 ML: 1:00 PM BINGO FL: 5:00 – 8:00 PM Trick or Treat at the library!				

Calendar Key Codes: **AL#59** (American Legion), **SPL** (Shaw's Parking Lot), **ML** (Maple Leaf), **PP** (Premier Printing), **DFG** (Deering Fish & Game), **DPL** (Deering Public Library), **FL** (Fuller Library), **SCC** (Smith Congregational Church)

After I sent you my info the library was named 2023 NH Library of the Year!! Can you remove the how to's day (the class is full anyways) and add Oct 28 at 11am the library will receive 2023 NH Library of the Year award. ??



Greater Hillsborough Senior Citizens

Serving Seniors ~ Celebrating Life!

October 2023

**US Postage Paid
Hillsborough, NH
Permit No. 30
Non-Profit**

GHSS Mailing Address:

Greater Hillsborough Senior Services

PO Box 401

Hillsborough, NH 03244

ADDRESS SERVICE REQUESTED

This newsletter is brought to you by:



**3 School Street
Hillsboro, NH 03244
(603) 464-5321
Fax: (603) 464-5859
info@premierprintingnh.com**

We are your one stop shopping for all your business needs.