

**DECEMBER 19, 1980** 



AUGUST 26, 2006



## VISHAL BHAGAT

## MEMORIAL GOLF TOURNAMENT 2011

NORTHSHORE COUNTRY CLUB





#### The Vishal Raju Bhagat Foundation

Est. November 2006

"A Sacred Warrior Fights Against Diabetes"

Vishal Raju Bhagat Foundation

#### History

On August 26, 2006, Vishal Bhagat, the only son of Mr. Raju Bhagat, lost his precious life in a drowning accident at Lake Mathis. It was a heavy sorrow for him, his family and friends. We all understood the reality and stood up for Vishal's noble and sacred war against diabetes. Vishal's spark of life motivated all of us. In November of 2006, we started the Vishal Bhagat Memorial Golf Tournament to raise funds primarily to fight against juvenile diabetes. This is the sixth year of this journey. Now, it has become a pressing mission - to fight against diabetes and raise awareness of the disabled within various communities.

#### Hope

One day, we all hope we will find the cure for diabetes. The scientific community will make strides to beat this disease, which has affected so many of our brothers and sisters.

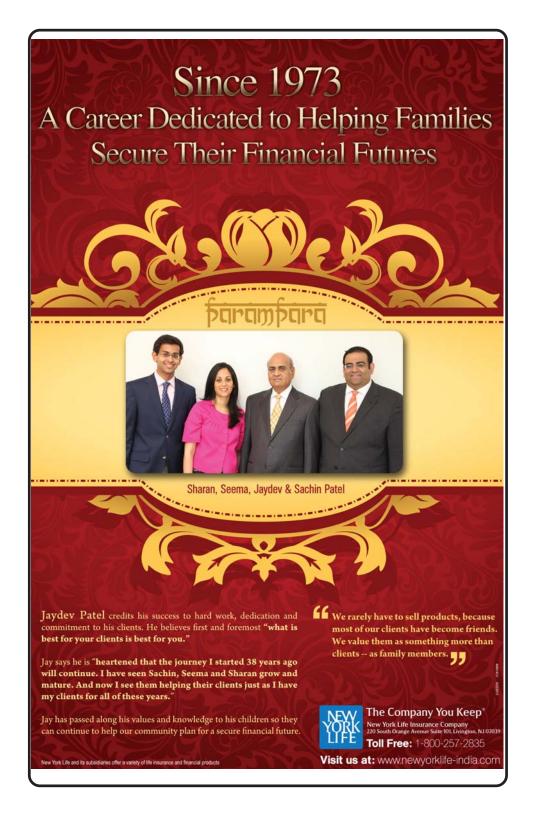
#### **Future**

The Vishal Raju Bhagat Foundation aspires to continue to broaden this movement through increasing participation in the Vishal Bhagat Memorial Golf Tournament and planning to add new satellite events in up coming years. The Vishal Raju Bhagat Foundation is a platform upon which, ideas and thoughts are communicated. Our hope is that our efforts will provide the fuel, that when ignited by Vishal's spark into a flame, will produce the needed energy to eradicate diabetes.

Currently the sole fund-raising event for the Foundation is the Vishal Bhagat Memorial Golf Tournament. We are not number one we are the only one. Funds raised from this event have allowed for grants to various charities, including the Juvenile Diabetes Research Foundation, March of Dimes Foundation, American Diabetes Association, The Miracle Foundation, Driscoll Children's Hospital, and numerous local organizations. The Foundation is proud to host this event at NorthShore Country Club and has arranged numerous activities for you to enjoy throughout the weekend. Thank you for sharing and celebrating with us during this time.

- By Kirit G Bhakta, Kingsville

Visit www.vishalrajubhagat.org www.vishalbhagat.org





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#### **Definition of Juvenile Diabetes**

Juvenile Diabetes Mellitus is now more commonly called Type 1 Diabetes. It is a syndrome with disodered metabolism and inappropriately high blood glucose levels due to deficiency of insulin secretion in the pancreas.

#### **Description of Juvenile Diabetes**

After a meal, a portion of the food a person eats is broken down into sugar (Glucose), the sugar then passes into the bloodstream and into the body's cells via a hormone called insulin. Insulin is produced by the pancreas. Normally the pancreas produces the right amount of insulin to accommodate the quantity of sugar. However, if the person has diabetes, either the pancreas produces no insulin, or the cells do not respond normally to the insulin. Sugar builds up in the blood and overflows into the urine, and passes from the body unused. Diabetes can be associated with major complications involving many organs including the heart, eyes, kidneys, and nerves, especially if the blood sugar is poorly controlled over the years.

The exact cause of Type 1 diabetes (Juvenile Diabetes) is still unclear. However, it is believed that type 1 diabetes results from an infectious or toxic insult to persons whose immune system is genetically predisposed to develop an aggressive autoimmune response. Either against altered pancreatic B Antigens (Proteins) or against small molecules of the B cell resembling a viral protein (called Molecular Nimicry). It is not cause by obesity or by eating excessive sugar. The risk of Juvenile diabetes is higher than all other virtually all other severe chronic diseases of childhood. Juvenile Diabetes tends to run in families. Brothers and sisters of a child with Juvenile Diabetes have at least 100 times the risk of developing diabetes as a child in an unaffected family.

#### **Symptoms of Juvenile Diabetes**

The symptoms of type 1 diabetes (Juvenile Diabetes) may occur suddenly and include frequent urination, increased thirst, extreme weakness and fatigue, urinating at night (Nocturnal Enuresis), blurred vision, numbness or tingling in the hands or feet, heavy or labored breathing, drowsiness or lethargy, fruity odor in the breath.

## A child with the above symptoms must be seen by a physician as soon as possible. Complications of Diabetes

If juvenile diabetes is left unmanaged, damage can occur to eyes - leading to diabetic retinopathy and possible blindness. An estimated 17 million people in the U.S. have diabetes of, which about 1.4 million have type 1 diabetes . The highest prevalence of type 1 diabetes is Scandinavia, where it compromises 20% of the total number of patients with diabetes. The prevalence of type 1 diabetes is about 5-10 percent of the total number of diabetes patients in the U.S. while in Japan and China, less than 1% of patients with diabetes have type 1. Approximately 35 American children are diagnosed with juvenile diabetes everyday.

The fasting blood sugar test involves fasting overnight, and blood being drawn the next morning. The glycohemoglobin test reflects the cumulative effects of high blood glucose (and measures the degree of control over blood glucose after treatment begins)

Treatment of type 1 diabetes includes: diet, insulin, self monitoring of blood glucose, and exercise.

We have cordial regards and thanks for all sponsors who made the foundation stronger every moment; and all the well wishers from around the world.

By Kirit G Bhakta, Kingsville

#### **Schedule of Events**

#### Friday, October 07, 2011

#### Golf—Four Man Scramble

11:00 am Registration & Lunch Buffet1:00 pm Shotgun Start6:30 pm Awards, Cocktails & Dinner

5:00 pm Weekend Medal Play Registration Begins 6:30 pm Cocktails & Dinner

#### Saturday, October 08, 2011

10:00 am Brunch Buffet 11:00 am Golf Tournament Shotgun Start—1st Round 6:30 pm Event Gala— Dinner & Cocktails

#### Fun & Games

1:30 pm Free Golf Clinic—Damon Solle 3:00 pm Free Golf Clinic—Damon Solle

#### Sunday, October 09, 2011

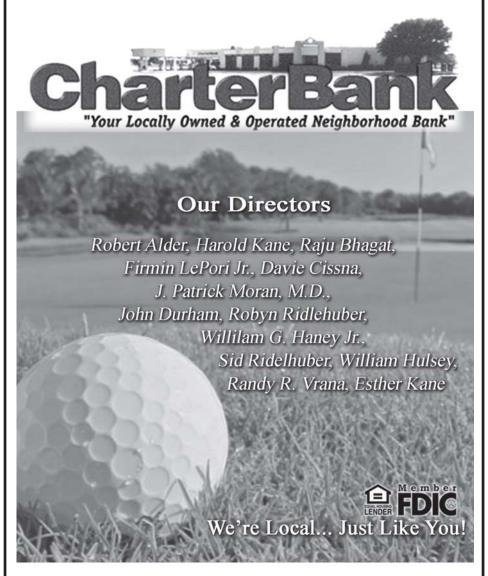
10:00 am Golf Tournament Shotgun Start—Final Round 2:30 pm Awards, Lunch & Closing Ceremony

#### **Grand Prizes**

#### Saturday & Sunday

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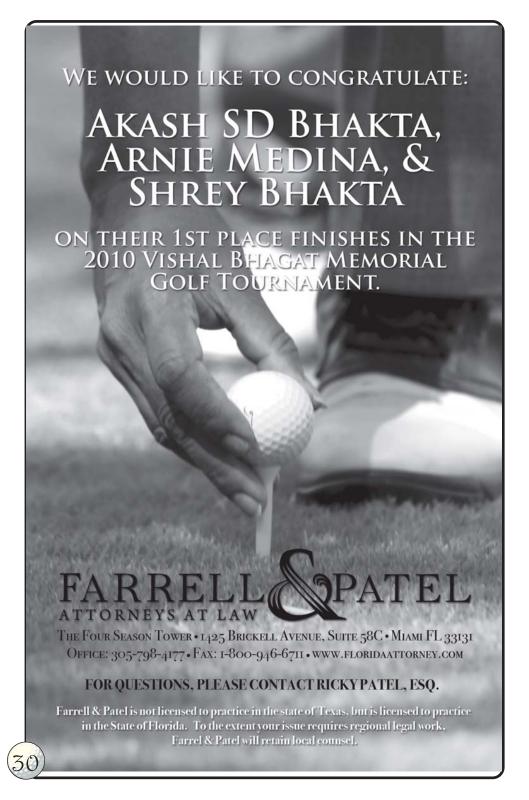
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#### **Lobby Hours**

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#### Fun & Games

Saturday, October 8, 2011

Free Golf Clinics

\*45 minute Introduction to Golf Clinics - Basic instructions and tips such as how to grip the club, swing training, techniques, clubs and club selections, etc. Each session will include practice time, with clubs and range balls for Clinic Participants

1:30 p.m. - PGA Class A Professional Damon Solle 3:00 p.m. - PGA Class A Professional Damon Solle

The above Clinics ar Complimentary to participants, Event Guests, Spectators, or Sponsors

#### **Live Auction Gala Night**

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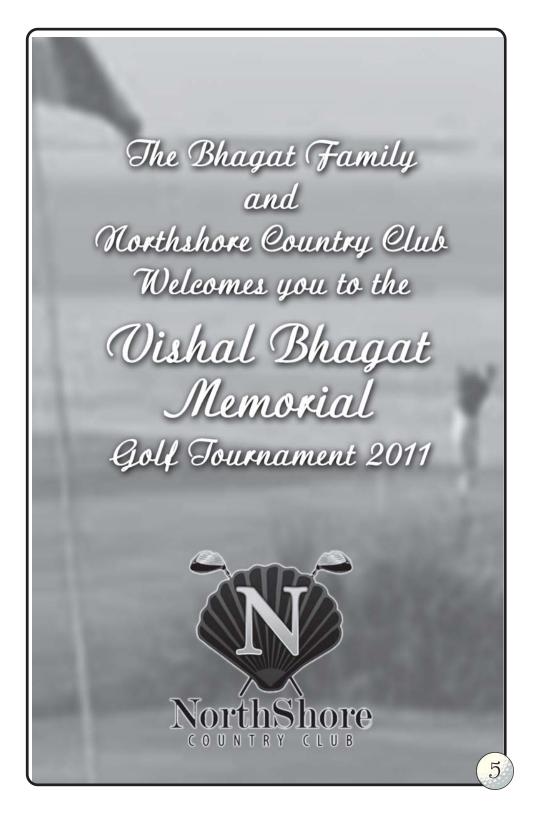
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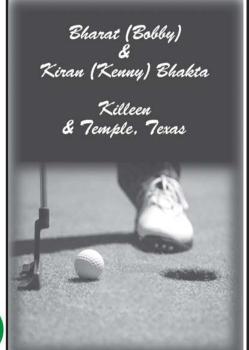
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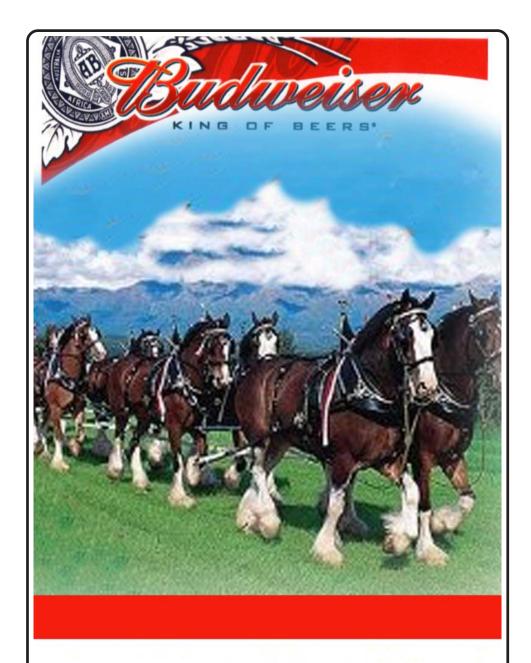


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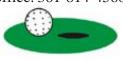
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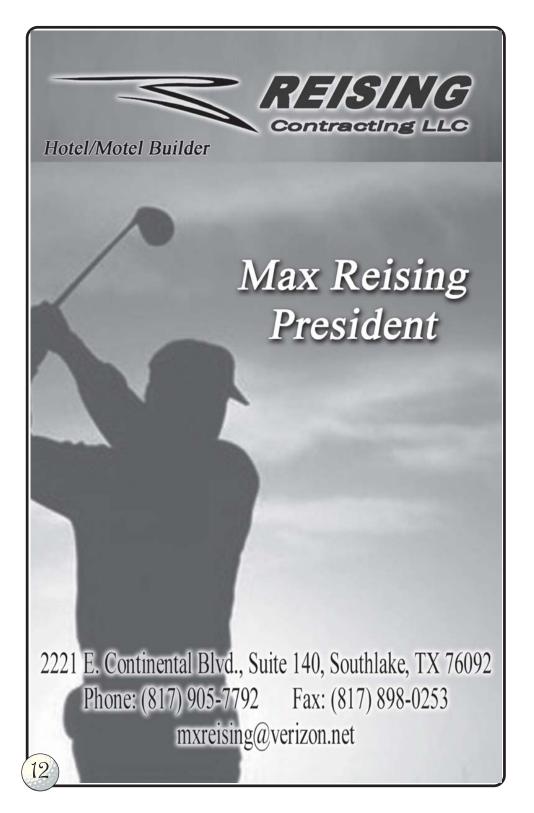
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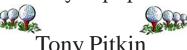
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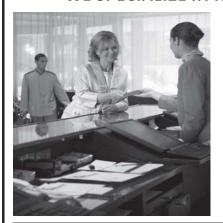


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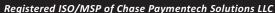
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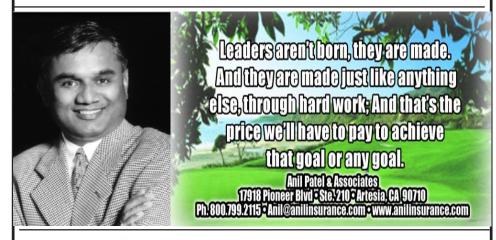




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