



Christ & Holy Trinity  
Preschool

Dear Parents,

Welcome to Christ & Holy Trinity Preschool.

For over 50 years, CHT has provided a high-quality, early childhood program for families in the Westport area. We are dedicated to offering a learning environment that values the natural curiosity of childhood and reflects the unique interests and abilities of each child. Together we are a community of educators, families and church members with the shared goal of providing a nurturing and enriching preschool experience for young children.

Our philosophy is inspired by the Reggio Emilia approach and a deep respect for each child's innate desire to understand the world around them and express themselves. We believe each child is an active, capable learner and we provide experiences that promote critical thinking, cooperation and resilience. Our emergent curriculum utilizes the teaching methods of the Project Approach. Teachers follow the lead of the children as they explore their questions, research, experiment, represent their ideas and reflect on their discoveries. Through these projects, children develop and practice the cognitive and social emotional skills they will need as life-long learners.

We understand and value the importance of providing young children with learning experiences that stimulate a sense of wonder and also facilitate growth in all domains of the Connecticut Early Learning Development Standards. Our school has the distinction of being accredited by the National Association for the Education of Young Children (NAEYC). We are a member of the National Association of Episcopal Schools (NAES) and are an important ministry of Christ & Holy Trinity Episcopal Church.

We look forward to welcoming you and your family to our Christ & Holy Trinity community!

Warmly,  
*Sharon Lenfest*  
Director



# PROGRAM CURRICULUM

## 2021-2022



Children practice language and social skills as they share their interests and ideas and work collaboratively to plan activities, do research, and engage in project work and investigations together. Weather permitting, children have daily outdoor play and often take walks to explore our campus and the downtown Westport neighborhood.

At Christ & Holy Trinity Preschool we have developed a curriculum that is inspired by the philosophy of the Reggio approach and provides developmentally appropriate experiences that support each child's individual growth toward readiness for kindergarten. Through the use of collaborative projects and open-ended materials, your child's imagination and creativity are incorporated into classroom learning experiences.



Children participate in daily teacher-led activities such as circle time, music or games and are also provided with various learning provocations that allow them to explore learning concepts in the eight domains of the Connecticut Early Learning and Development Standards (Cognition, Social-Emotional Development, Mathematics, Social Studies, Science, Physical Health and Development, Language and Literacy and Creative Arts).

# PROGRAM HIGHLIGHTS

## 2021-2022

Along with enriching classroom experiences, CHT students take part in an array of special programs and traditions every year such as:

**Hands-on Animal Experience** Our science curriculum is enhanced by monthly visits from the Darien Nature Center. Children enjoy a close-up introduction to a wide variety of creatures such as frogs, lizards, turtles, and chinchillas.

**Music Enrichment** Children learn about music of other cultures through visits from Creative Music for Children.

**Weekly Chapel Service** Our Wednesday chapel service is a school tradition that brings us together to provide an age appropriate introduction to Christian stories and songs.



**Mother or Another Celebration** The children at CHT work together to plan and prepare a special day for mom or another primary caregiver who takes care of them in their lives.

**Working Parents' Day** This is a special Saturday event where parents are invited to come spend time in their child's classroom and share some special activities together.

**Lunch Programs** Children are invited to participate in lunch programs such as Pizza Wednesday or BarTaco Friday, which provide delicious hot lunch options and give parents a welcome break from packing lunches.

**Community Outreach Projects** Families are invited to participate in community outreach projects to support those in need.

**Annual Christmas Pageant** This CHT tradition is a collaborative performance by the children of the songs and story of the Nativity.



# 2 YEAR OLDS

The Caterpillar Class (Tues & Thurs) 9:15am-12:30pm

The Butterfly Class (Mon, Wed, Fri) 9:15am-12:30pm

Mini-late-day option available Mon-Fri 12:30-1:00pm

The Two's Program emphasizes helping our youngest students develop the positive social relationships and classroom skills for successful experiences in school. Teachers strive to instill a love of learning in a warm and nurturing environment and work with parents to facilitate each child's unique learning needs and development. We support children as they develop their ability to take turns, listen at circle time, follow directions, work together, and show empathy for others. In the Two's classes, children experience being part of a small group who works and plays collaboratively, shares ideas and cares for one another.



Creative activities such as art, music, movement and finger-play enhance small and large motor development, while group circle and story time develop communication and language skills. The learning activities are designed to be “hands on,” and reflect the children’s interests and ideas. Art and sensory experiences are open-ended and focus on the “process, not the product.”

The teachers in our Two's Program develop warm relationships with the children and create an environment that fosters creativity, curiosity, self-confidence and collaboration.



# 3 YEAR OLDS

## The Sea and Sky Classes

Option of 3, 4, or 5 days per week 9:15-1:00pm

Late-day program available Tues – Fri 1:00-2:10 pm

The Threes Program is guided by the natural curiosity of each child and their desire to understand the world around them. Together children and teachers choose topics to



study, explore questions, build on discoveries, and interpret their findings. Children are encouraged to make connections between their own experiences outside of school and the topics that are being explored within the classroom. Project work is purposeful and gives children the opportunity to practice their cognitive, literacy, math, science, and social skills.



In addition to topic and project study, children have time to explore provocations and participate in structured and un-structured activities in the classroom and outdoors. Teachers facilitate each child's growth and skill development using the Connecticut Early Learning and Development Standards (CTELDS) and daily routines and activities are planned to help children learn self-help skills and gain confidence and independence.

Daily circle time and small group activities encourage a love of literacy, language, phonemic awareness and print recognition and provide opportunities for children to share their ideas and plan collaborative project work.



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# 4 YEAR OLDS

## The Sun & Rainbow Classes

Option of 4 or 5 days per week 9:15-1:00pm

Late-day program available Tues – Fri 1:00-2:10 pm

The Four's Program builds on the learning experiences of the Three's Program and focuses on encouraging young learners to further their skills as researchers, critical thinkers, and problem solvers. Children are given opportunities to pursue their interests through exploration and inquiry, and to express their ideas through creative arts. Daily routines and teacher-led activities that include literacy, math, science, creative expression and cooperation prepare your child for their experiences in future educational environments.



Every day, the children are provided with opportunities to engage in both child-directed and teacher-led activities that build and enhance verbal, social, and cognitive connections. Teachers serve as facilitators who provide provocations and activities that highlight learning concepts, further explorations and guide children toward higher order thinking. Children learn problem-solving skills and build self-esteem through project work which often includes the creation of collaborative displays, presentations, an exhibit, or culminating activity.



Learning goals are set and assessed for each child based upon the Connecticut Early Learning and Developmental Standards (CTELDS). The teachers carefully observe children and document their emerging skill development and growth toward goals. Both small and large



group activities are designed to accommodate different styles of learning and developmental areas. The dynamic and nurturing environment in our Four's Program provides a wonderful foundation for future school experiences.



# 5 YEAR OLDS

## The Star Class

5 days per week 9:15-1:00pm

Late-day program available Tues – Fri 1:00-2:10 pm

The Five's Program provides a wonderful bridge between preschool and kindergarten. Our teachers harness the energy and curiosity of this special age and channel it in creative ways to teach literacy, math, scientific inquiry, and problem-solving skills. Academic skills are masterfully woven into an emergent, project-based curriculum developed collaboratively by the teachers and students.



The school day includes both independent and collaborative experiences in various learning centers and activities available throughout the classroom. Provocations and activities are designed to provide opportunities for exploration, practicing skills, creative expression and the development of higher order thinking. Children are also exposed to the more formal learning environment encountered in kindergarten through circle time activities and interactions with the Smartboard. Daily outdoor time promotes gross motor skill development through free play and teacher-led activities and games. The children are provided with opportunities, not answers, and are guided toward acquiring new knowledge to better understand the world around them. Within the smaller class size of this program, social relationships can flourish, and children learn to act as “peace-makers” to mediate and problem-solve any disagreements and conflicts that arise between peers.

### Through various project investigations...

- Children develop phonemic awareness and gain exposure to literacy through books and poetry, as well as creative writing activities in journals.
- Math skills are introduced through a diverse range of games and activities, including sorting, patterning and sequencing.
- Children participate in the inquiry process and learn how to pursue their topics of interest through experiments, conducting research, collecting data, consulting with experts, and sharing of ideas.
- Children work together to represent their ideas and learning through individual and collaborative displays and artistic creations.



# EXTENDED DAY

Early Day Program 8:30am – 9:15am

Late-Day Enrichment Program 1:00-2:10pm

## Early-Day Program

Our Early-Day Program is available for parents who need an earlier drop-off time on a regular or occasional basis. When parents need to start their child's school day a little earlier, children may be dropped off for Early Day as early as 8:30am. Early-day is available Monday through Friday.

## Late-Day Program

Our Late-Day Program allows you to extend your child's school day until 2:10pm on Tuesdays, Wednesdays, Thursdays and Fridays. Late-Day may either be reserved in advance for an entire session or parents may sign up daily on a first-come, first-serve basis. Late-Day programming is designed to extend and support our curriculum by offering both indoor and outdoor learning opportunities that focus on:

- **Creative Arts** Children have additional opportunities to express their creativity and develop artistic techniques through various art activities including painting, beads, clay, dough, wire, drawing and Artist studies.
- **Cooking** Children learn and practice cooking skills as they try out new recipes and make snacks they can enjoy together and take home to their families to share.
- **Science** Additional opportunities for experimenting and exploring various science concepts such as magnetism, color mixing, cause and effect are provided. Children also enjoy nature walks and exploring concepts related to plants, animals and weather.



- **Sports and Yoga** These programs help children get enough physical activity during the winter months and provide the opportunity to increase strength and coordination, engage in cooperative games and learn relaxation techniques.
- **STEM** Children are provided with a wide variety of building materials such as wood, blocks, legos, cardboard, and recyclables to work individually and collaboratively on creative building projects.



# APPLICATION INFORMATION

## Application Process

## Tuition Rates

## Financial Assistance

### 2021-2022 TUITION RATES

Age	Class	Program	Days	Hours	Annual Tuition
2's	Caterpillar Class	2-day Twos	Tues/Thurs	9:15 – 12:30	\$5925
	Butterfly Class	3-day Twos	M/W/F	9:15 – 12:30	\$7800
3's	Sea Class	3-day Threes	M/W/F	9:15 – 1:00	\$7625
	Sky Class	4-day Threes 5-day Threes	Mon - Fri or your choice of 4 days/week	9:15 – 1:00	\$9250 (4 days) \$9975 (5 days)
4's	Sun or Rainbow Class	4-day Fours 5-day Fours	Mon - Fri or your choice of 4 days/week	9:15 – 1:00	\$9913 (4 days) \$10,775 (5 days)
5's	Star Class	5-day Fives	Mon - Fri	9:15 – 1:00	\$10,775

### 2021-2022 APPLICATION PROCESS

November 20	2021-2022 Enrollment Applications due
December 4	Enrollment Acceptance Letters sent
January 4	Financial Aid Applications due
January 8	Financial Aid Acceptance Letters sent
January 15	Enrollment Packets and 1st tuition payments due

To apply for the 2020-2021 school year, you may submit a completed *Application for Enrollment and non-refundable \$250 registration fee* at any time. Applications by current families and alumni are due by **November 20, 2020** to be given first consideration and then all applications from new families are considered in the order they are received based on availability. To register your child and reserve their spot in a class, you must submit a signed *Enrollment Agreement and first tuition payment*. (Any payments made via credit card are subject to a 3.5% processing fee.)

Please make checks payable to: *Christ & Holy Trinity Preschool*  
Payments may be mailed to: Christ & Holy Trinity Preschool  
45 Church Lane Westport, CT 06880

### Financial Assistance

Christ & Holy Trinity Preschool utilizes the Independent School Management Financial Aid for School Tuition (FAST) Program to process applications for Financial Assistance. To apply, please visit CHT's website ([www.chtpreschool.com](http://www.chtpreschool.com)) and refer to the Admissions tab to initiate the application process. All information received will be kept strictly confidential and all applications for financial aid should be submitted by **November 20, 2020**. If your family qualifies for Financial Assistance, you will receive a letter indicating the amount of financial aid to be offered. You must confirm your acceptance in writing before your child's first day of school. Please contact Christ & Holy Trinity Preschool's Director, Sharon Lenfest, at (203) 226-4616 if you have any questions regarding the application process or Financial Assistance.