

*"If you are feeling stale in your walk with Christ, Renewal Weekend is an opportunity to reinvigorate your relationship with Him and equip you to come back into the community to better serve Him in your parish, in your spiritual life." John Hind*

**Welcome!**  
Come, walk with us, and take a break from the world.



*You may register online, or download a registration form for an upcoming Renewal Weekend at [www.episcopalrenewalcenter.org](http://www.episcopalrenewalcenter.org)*

## **Renewal Weekend**

*A ministry of DFW Cursillo*

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*"In the busy-ness of life, we all need a reset, we need a break."*

# Renewal Weekend

*"A time to renew our commitment & understanding of what Christ's love is in the world."*

*"Come, get Renewed! You'll meet a lot of amazing people, you will really enjoy it, and you will grow closer to Christ."*



*"You will learn more about your life in Christ and where you are in your relationship with him. Just come and be with a community of faith!"*



*A ministry of DFW Cursillo*

## Honoring the Past

**R***enewal Weekend* is an outgrowth of over forty years of successfully raising up Christ-centered leaders through the Cursillo Movement. Participants learn how to live into their Baptismal covenant and become more effective in bringing Christ to others and others closer to Christ.

During *Renewal Weekend* participants and leaders explore scripture together, define and model everyday evangelism, and are nourished in the rhythms of the day through the Daily Office and Holy Eucharist.

The flow and content is designed to meet the following primary goals:

- ❖ Immerse participants in Anglican Spirituality
- ❖ Create a Christ-centered community
- ❖ Live responsibly into the Baptismal Covenant
- ❖ Introduce a Rule of Life through a variety of spiritual disciplines
- ❖ Provide space to rest and reflect
- ❖ Model the benefit of small groups
- ❖ Encourage daily, environmental evangelism
- ❖ Target younger adults
- ❖ Serve the local parish
- ❖ Provide the ability to repeat the weekend



*"My favorite part of Renewal Weekend is how we do the Daily Office. We wake up and do Morning Prayer together, we close in Compline and Evening Prayer and we have Eucharist every day."*

Alex Pounders



## Building the Future

### Day One: Introspection

The weekend begins with Holy Eucharist. Sponsors are invited to attend the service. Participants consider where they are in their relationship with God, and the day ends with Stations of the Cross.

### Day Two: Life in Christ

Morning Prayer and an introduction to Reconciliation focuses the teachings on how living a Life in Christ relates to individual ministry.

### Day Three: Life in the World

Focusing on sharing faith with others – telling our story. The weekend closes with a Renewal of Baptismal Vows.

### Guided Break Time

Additional teaching as well as flexibility is included in the weekend. Participants may further their journey by learning new and possibly different ways to pray and worship.

During this time the participant has free time to reflect, return to their room, walk, or attend breakout sessions on their choice of spiritual exercises such as *Daily Examen*, *Lectio Divina*, *Prayer Journaling*, *Meditation*, *Praying in Color*, *the Anglican Rosary* or *the Daily Office*.

*"This weekend adds witnessing – how to tell our story and go on about how to 'make a friend and be a friend' . . . the experience really opened up our discussions."* John Hind



*"It re-opened my eyes and deepened my understanding of the love of Christ in a way that I was not expecting."*  
Mark Witte"



*"I loved the discussion questions about scripture and how scripture is relevant to our lives."*  
Lisa Seppanen