

# TIRZEPATIDE Bi-Monthly Kit #1 (BK1) Dosing

## BK1 is the 1<sup>st</sup> BK for all Initial Tirzepatide Memberships:

1. Initial Mid-Dose (2.5 to 6mg): **BK1** for 1st Quarter.
2. Initial High-Dose (2.5 to 10mg): **BK1** for 1st Quarter.
3. Initial Super-Dose (2.5 to 15mg): **BK1** for 1st Quarter.

**Instructions.** Fill each syringe to the unit line below.

If you need extra syringes, use 1ml Insulin Syringes, 5/16” (8mm), 31G (.25mm).

Order extra syringes [HERE](#). Order extra alcohol pads [HERE](#).

**BK1** covers our two lowest doses for Tirzepatide. Includes 3ml of Tirzepatide.

| <u>Weeks #</u> | <u># of syringes</u> | <u>≈ Units per syringe</u> | <u>≈ MG per syringe</u> |
|----------------|----------------------|----------------------------|-------------------------|
| 1-4            | 4 syringes           | 25 units                   | 2.5mg                   |
| 5-8            | 4 syringes           | 50 units                   | 5mg                     |

- Remember: Months are 4-weeks. Bi-Monthly periods are 2-months or 8-weeks.
- Use MedPure’s [Dosing Calendar](#) to write-down the units above on your inject-days.
- Your **BK** contains 2-Months (8 weeks) of Tirzepatide in vials and empty syringes.
- Check all foil & paper wrapping for your vials and empty syringes.**
- To fill syringes, use [How to Fill Weight-Loss Syringes](#) and watch this [video](#).
- Refrigerate your vials & filled-syringes & vial(s) in a sealed plastic bag or a [hard travel-case](#).
- Immediately, or on your next inject-day, self-inject Week #1’s syringe.
- Use [How to Self-Inject](#) and watch this [video](#).
- Then, every 7-days (weekly), on your “inject-day,” self-inject your next correctly-dosed syringe.
- Properly discard any unused medication after 90 days. Do not reuse syringes.
- Do not flush medications or pour down a drain.
- Use a Sharps Container or a Bottle with Cap to dispose of used syringes.
- Keep all medicines out of the reach of children.
- Do not share or take anyone else’s medicine.
- Go to MedPure.com for side-effects, cautions, and [Terms & Conditions](#).
- If you would like to request a consultation, call us at (470) 474-1000.