

# SEMAGLUTIDE Daily DROPS™ 1-Month TESTER Dosing

The 1-Month TESTER bottle of Semaglutide Daily DROPS is meant only as a 1-month test. The 1-Month TESTER provides 28-days of the lowest starter dose (.5mg) of Semaglutide Daily DROPS. Use the 1-Month TESTER before our 3-month Starter Membership which goes to 1.5mg per day. Or use the 1-Month TESTER to supplement your current weekly injections of Semaglutide or Tirzepatide. Take the following amounts daily. The soft filler-syringe is marked in 1/10<sup>th</sup> of a ml up to 1ml.

<u>Week #</u>	<u># of Days</u>	<u>≈ ml per day</u>	<u>≈ MG per day</u>
1-4	28 days	.5 ml	.5mg

- ❑ **IMPORTANT: For this 1-Month TESTER Dosing use the bottle marked as 1mg/ml.**
- ❑ Our regular DROPS 3-month Memberships use 2X and 5X this concentration (2mg/ml & 5mg/ml).
- ❑ Refrigerate the tightly-closed Semaglutide DROPS bottle.
- ❑ Each day, place under your tongue the above ml per dose.

### How to take the correct dose every day

- ❑ Replace the shipped screw-on cap with the enclosed blue plastic cap. Tighten securely. Always keep on.
- ❑ Push the top small cap on the larger cap. Push down to seal. Store this way.
- ❑ Rigorously shake the bottle with your thumb on top before every use.
- ❑ To draw-out your dose:
  - Remove the top smaller cap.
  - Pull-in a bit of air into the soft filler-syringe (to later push-out all the medicine).
  - Push the soft filler-syringe into the opening in the cap on the bottle.
  - Turn the bottle upside down while keeping in the soft syringe.
  - Pull-out the desired dose of the medicine (measure just the medicine).
  - Push the small cap back on the larger cap.
  - Make sure both caps are tightly closed.
- ❑ Push out the dose in the **soft-tip syringe** onto a spoon (small disposable spoon is fine).
- ❑ Put the dose on the spoon under your tongue. Use your tongue to move the dose under your tongue.
- ❑ Deliberately hold the medicine under your tongue for at least 1 to 2 minutes.
- ❑ Do not drink or eat for at least 5-minutes to allow the medicine to fully absorb under your tongue.
- ❑ Rinse out the soft filler-syringe in water. Shake out and let dry. When dry, replace cap on soft syringe.
- ❑ Store the bottle and filler-syringes in re-sealable plastic bags. Keep refrigerated.
- ❑ Properly discard unused medication after 90 days.
- ❑ Do not flush medications or pour down a drain. Keep all medicines out of the reach of children.
- ❑ Go to [MedPure.com](https://www.MedPure.com) for side-effects, cautions, and [Terms & Conditions](#).
- ❑ If you would like to request a consultation, call your Primary Consultant or (470) 474-1000.

Side-effects may include nausea, acid reflux, diarrhea, constipation, and vomiting but usually decrease over time. See [MedPure.com](https://www.MedPure.com) for a more complete list and how to reduce them. Seek medical attention if severe abdominal pain or allergic reaction. Rodent studies have shown risk of Thyroid C-Cell Tumors (but not in human-studies). Avoid if personal or family history of MTC or MEN 2).