

## How to Use Your TIRZEPATIDE Bi-Monthly Kits

- ❑ Remember: Months are 4-weeks. A Bi-Monthly period is 2-months or 8-weeks.
- ❑ In 5-10 days after your Consult, you will receive your first Bi-Monthly Kit (**BK**) at your door in a cold-box.
- ❑ Your **BK** contains 2-Months of Tirzepatide in one or more vials, and empty syringes.
- ❑ **Check all foil & paper wrapping for your vials and empty syringes.**
- ❑ On arrival, refrigerate the vial(s).
- ❑ Within 12-hours, fill 1 to 4 syringes as listed on [BK Dosing Instructions](#).
- ❑ To fill syringes, use [How to Fill Weight-Loss Syringes](#) and watch this [video](#).
- ❑ Refrigerate your filled-syringes & vial(s) in a sealed plastic bag or a [hard-case](#).
- ❑ Immediately, or on your next inject-day, self-inject Week #1's syringe.
- ❑ Use [How to Self-Inject](#) and watch this [video](#). If needed, call us on 470.474.1000.
- ❑ Then, every 7-days (weekly), on your "inject-day," self-inject your next correctly-dosed syringe as listed on your [BK Dosing Instructions](#).

### **Store and dispose of your unused-medicine and used-syringes.**

- ❑ Store all Tirzepatide in the refrigerator between 35 to 46 degrees F.
- ❑ Unopen vials are good for 4 months, filled-syringes for 3 months.
- ❑ Once punctured, properly discard any unused medication after 90 days.
- ❑ Do not reuse syringes.
- ❑ Do not flush medications or pour down a drain.
- ❑ Use a Sharps Container or a Bottle with Cap to dispose of used syringes.
- ❑ Keep all medicines out of the reach of children.
- ❑ Do not share or take anyone else's medicine.
- ❑ Go to [MedPure.com](#) for side-effects, cautions, and [Terms & Conditions](#).
- ❑ If you would like to request a consultation, call us at (470) 474-1000.