

- 1. At MedPure.com, click START. Sign-in. Click Name top-right.
- 2. This is your Personal MedPure Portal or PMP or "Portal."
- 3. Click Profile tab. Now review & fix any Personal Information.
- 4. Click Medical History Form tab. Fill & fix. BMI  $\geq$  27. Sign.
- 5. Appointments tab. FORMs. Membership Choice. Check & sign.
- 6. Now I enter Membership and take 1<sup>st</sup> Monthly payment.
- 7. Click Membership tab. Skim your Membership Form.