

# SEMAGLUTIDE Quarterly Kit #1 (QK1) Dosing

## QK1 is the 1<sup>st</sup> QK for all Initial Membership

1. Initial Mid-Dose (.25 to 1mg): **QK1** for 1st Quarter.
2. Initial High-Dose (.25 to 2mg): **QK1** for 1st Quarter.
3. Initial Super-Dose (.25 to 2.4mg): **QK1** for 1st Quarter.

**Instructions.** Fill each syringe to the unit line below.

If you need extra syringes, use 1ml Insulin Syringes, 5/16” (8mm), 31G (.25mm).

Order extra syringes [HERE](#). Order extra alcohol pads [HERE](#).

**QK1** is the first QK for all starting Initial Memberships. Includes 3ml of Semaglutide.

<u>Weeks #</u>	<u># of syringes</u>	<u>≈ Units per syringe</u>	<u>≈ MG per syringe</u>
1-2	2 syringes	10 units	.25mg
3-6	4 syringes	20 units	.5mg
7-10	4 syringes	30 units	.75mg
11-12	2 syringes	40 units	1mg

- Remember: Months are 4-weeks. Quarters are 3-months or 12-weeks.
- Use MedPure’s [Dosing Calendar](#) to write-down the units above on your inject-days.
- Your **QK** contains 3-Months (12 weeks) of Semaglutide in vials and empty syringes.
- Check all foil & paper wrapping for your vials and empty syringes.**
- To fill syringes, use [How to Fill Weight-Loss Syringes](#) and watch this [video](#).
- Refrigerate your vials & filled-syringes & vial(s) in a sealed plastic bag or a [hard travel-case](#).
- Immediately, or on your next inject-day, self-inject Week #1’s syringe.
- Use [How to Self-Inject](#) and watch this [video](#).
- Then, every 7-days (weekly), on your “inject-day,” self-inject your next correctly-dosed syringe.
- Properly discard any unused medication after 90 days. Do not reuse syringes.
- Do not flush medications or pour down a drain.
- Use a Sharps Container or a Bottle with Cap to dispose of used syringes.
- Keep all medicines out of the reach of children.
- Do not share or take anyone else’s medicine.
- Go to MedPure.com for side-effects, cautions, and [Terms & Conditions](#).
- If you would like to request a consultation, call us at (470) 474-1000.