

Your Bi-Monthly Consults (BCs)

Use your BCs to adjust your Tirzepatide Membership, BKs, & Dosing

- ❑ At least 1-week before the end of each 2-Month Bi-Monthly period (8-weeks), we will email & call you for your **BC**.
- ❑ At your next **BC**, you can stay at your current Membership (and **BKs**) or change it to go higher-dose or lower-dose.
- ❑ You can see your optional Memberships and their **BKs** on [BK Dosing Instructions](#).
- ❑ If we do not hear from you, we will continue to auto-ship **BKs** and auto-charge you Monthly based on your current Membership.
- ❑ In the long-run, you save time & money going to the highest-dose of 15mg as fast as you can to achieve your goal weight.
- ❑ We recommend you continue your Membership or increase it until you reach your goal-weight, then go on Maintenance **BK** to keep your weight-off and the many medical benefits.
- ❑ You may cancel your next **BK** shipment and its 2 monthly-payments by emailing us at least 2-weeks before the end of any 2-Month period.