

## CATERING MENU

<b>NACHOS</b>	<b>1/2 TRAY serves 7-10</b>	<b>FULL TRAY serves 10-13</b>
Potato/Carrot Cheez Sauce, Lentil Walnut Meat, Avocado Mash, Pico De Gallo, Shiitake 'Bakon', Pinto Beans, BBQ Aioli Over Corn Chips	\$65	<b>\$95</b>
<b>WRAPS</b>	<b>1/2 TRAY serves 7-10</b>	<b>FULL TRAY serves 10-13</b>
Hummus	\$50	\$80
The Burrito	\$60	\$90
Veggie Tuna	\$55	\$85
<b>SALADS</b>	<b>1/2 TRAY serves 7-10</b>	<b>FULL TRAY serves 10-13</b>
Smoked Shiitake	\$60	\$90
Caesar (romaine lettuce topped with baked tofu, croutons, homemade parmesan)	\$55	\$85
Veggie Tuna	\$50	\$80
Rock n Roots Salad	\$55	\$85
<b>SUSHI served with tamari</b>	<b>1/2 TRAY serves 7-10</b>	<b>FULL TRAY serves 10-13</b>
Spicy Chickpea Tuna	\$45	\$75
Avocado Mash (BBQ aioli on top)	\$50	\$80
Smokey Rainbow Roll	\$65	\$95
Sweet n Spicy BBQ Roll	\$60	\$90
Lobster Roll	\$60	\$90

## CATERING MENU

<b>SOUPS</b>	<b>32 oz</b>		
Cauliflower & Broccoli (coconut milk base) garnished with shiitake 'bakon)	\$25		
Miso Soup (Noodles, tofu cubes, seaweed, swiss chard, miso paste)	\$25		
<b>SANDWICHES</b>	<b>1/2 TRAY serves 7-10</b>	<b>FULL TRAY serves 10-13</b>	
ANY PANINI FROM OUR MENU (price varies depending on which one)	\$60-\$65	\$90-\$95	
<b>BURGERS</b> (includes lettuce, tomato, onion, cheese, avocado mash, bbq aioli)	<b>1/2 TRAY serves 7-10</b>	<b>FULL TRAY serves 10-13</b>	
Sweet Bean Burger	\$65	\$95	
Shroom Burger	\$70	\$100	
Byond Burger	\$70	\$100	
<b>BAKED GARLIC FRIES</b>	\$55	\$85	
<b>SWEETS</b>	<b>1/2 TRAY serves 7-10</b>	<b>FULL TRAY serves 10-13</b>	
A nut based Cheesecake (blueberry or strawberry) *nut-free upon request *gluten-free upon request +(\$10)	6-inch \$50	8-inch \$70	
Muffins (blueberry or chocolate chip)	\$50	\$80	
Cinnamon Buns	\$60	\$90	

## CATERING MENU

Donuts or Donut  
Holes(choice of  
chocolate sauce or  
glaze w/ sprinkles or  
cinnamon sugar)  
(gluten free or regular)

\$60

\$90

**ORDERS MUST BE PLACED AT LEAST 5 DAYS NOTICE  
THANK YOU FOR CONSIDERING US :)**

**\*PICK UP ONLY\***

**EMAIL US YOUR ORDER: [ROCKNROOTSEATERY@GMAIL.COM](mailto:ROCKNROOTSEATERY@GMAIL.COM)  
CALL US AT: (516) 385-4889  
(if we don't answer, please leave a voicemail for us to return your call)**

**[WWW.ROCKNROOTSEATERY.COM](http://WWW.ROCKNROOTSEATERY.COM)**