

Dr. Pamela McQueer – The Lady Legend™

Mrs. District of Columbia United States 2025

Dr. Pamela McQueer, crowned Mrs. District of Columbia United States 2025, is an unstoppable force who has redefined the future of sports safety, female empowerment, and legacy innovation. Known nationwide as 'The Lady Legend™', she is a trailblazing inventor, fearless entrepreneur, devoted mother of five, and a powerful advocate for women and girls in sports.

With over 20 years dedicated to women's athletic safety, Dr. McQueer made history by inventing the first and only female-specific football shoulder pad, the Zena Pad™. She later broke global ground again with the patented Bionic Bra™ — the world's first true chest protection system engineered for female athletes. These landmark innovations are now sparking nationwide reform, Olympic consideration, and industry-wide recognition.

Her legacy is fortified by the powerful people who believe in her vision. From Olympic Coach Mick Haley to former U.S. Olympic Director Bob Gamberella, her circle of influence represents icons who stand for protection, purpose, and female leadership. Their support has helped fuel a global campaign to mandate breast protection in sports and recognize the long-ignored dangers of blunt-force trauma to women's chests.

Today, Dr. McQueer stands at the helm of Lady Legend Apparel Company™, where fashion meets function, and armor meets advocacy. Her groundbreaking efforts are not only changing history — they are protecting the future. Because in her words, 'Protection is the Best Prevention™.'

She is not just rewriting the rules — she is building the standard. And the world is finally listening.