

**MRS. DISTRICT
OF COLUMBIA
UNITED STATES
2025**

Dr. Pamela McQueer
ND, CNHP, CHS

She proudly supports:
Tracey's Place of Hope
with Fred & Angela
Biletnikoff



*"If you believe it,
you can achieve it."* - Dr. Pamela McQueer



Tribute to Fred & Angela Biletnikoff

In Honor of Tracey's Place of Hope and the Power of Purpose Through Pain

Some stories are written in the stars—and some are etched into the very soul of the game. My journey with Fred and Angela Biletnikoff began through football, but our connection runs far deeper than the sport we love.

Fred, a Pro Football Hall of Famer, and I, a former co-owner of a women's professional football team with NFL legend Roman Gabriel, share more than the field—we share a mission. Years ago, I invented the first and only female football shoulder pad, driven by a need to protect women in the game. I didn't realize at the time that this path would lead me to two of the most extraordinary people I've ever known.

After learning of the tragic loss of their daughter Tracey—who was murdered by her boyfriend—Fred and Angela turned unimaginable grief into a movement of healing. They founded Tracey's Place of Hope, a sanctuary for young women escaping abuse. As a survivor of a violent first marriage, where I endured a year and a half of daily physical and emotional abuse, I was drawn to their courage, strength, and vision. When I shared my story, they embraced me like family.

Now, as Mrs. District of Columbia United States 2025, a mother of five, an advocate, and a global leader in women's sports protection, I proudly carry their mission forward. In honor of their daughter, I've designed the 'Tracey Series' Bionic Bra™ to help fund Tracey's Place of Hope and offer protection—both physical and emotional—to women everywhere.

Fred and Angela have become more than supporters—they are soul-level mentors who see in me what I once could not see in myself: the power to rise, to lead, to protect. They call me a warrior. I call them family. Together, we will create safe spaces, dreams fulfilled, and legacies that last far beyond the field.

To support or learn more about their life-saving work, please visit:
www.traceysplaceofhope.org