

2019-2020 Selinsgrove Indoor Track Schedule

<u>Date</u>	<u>Location</u>	<u>Start Time</u>
Sat. December 21 st	Dickinson College: Carlisle	9:30am
Sat. December 28 th	Franklin & Marshall: Lancaster	10:00am
Sat. January 4th	Susqu. Valley Coaches Invite: SU	10:00am
Thurs. January 9 th	State College Invite #1: PSU	6:00pm
Sun. January 12th	Susquehanna University	10:00am
Sat. January 18 th	Kevin Dare Invite: Penn State	10:00am
Thurs. January 23 rd	State College Invite #2: Penn State	6:00pm
Sun. January 26th	Susquehanna University	10:00am
Sat. February 15 th	PTFCA Carinval: Lehigh University %	10:00am
Sun March 1 st	PTFCA State Meet: Penn State Univ. %	10:00am

*** You **MUST** attend practices on a regular basis to be eligible to compete at meets.

% - Need to qualify for this meet

Clinic Dates:	Tuesdays	Thursdays
	12/10	12/12
	12/17	12/19
	** None Christmas Week	
	Off	1/2
	1/7	1/9
	1/14	1/16

SU Practices: 12/16, 12/18, 1/2, 1/3 = 3:30-5:00;
1/6, 1/8, 1/10, 1/13, 1/15 (Times TBA)

Jeffrey Kiss – Head Girl’s Coach

Email: jkiss@seal-pa.org

App: Insta Team – Selinsgrove Track & Field