

Last Name: _____ **First Name:** _____ **Last Four:** _____

*This is a standard set of questions about several areas of your life such as your mood, health, alcohol, and drug use, etc. Please consider each question and answer as accurately as possible. This is completely **VOLUNTARY**. Anything that you report is confidential and will not affect your care.*

| Over the LAST 2 WEEKS , how often have you been bothered by any of the following problems | Not at all | Several days | More than half the days | Nearly every day |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. Little interest or pleasure in doing things | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Feeling down, depressed, or hopeless | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Trouble falling or staying asleep, or sleeping too much | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Feeling tired or having little energy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Poor appetite or overeating | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Feeling bad about yourself – or that you are a failure or have let yourself or your family down | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Trouble concentrating on things, such as reading the newspaper or watching television | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Thoughts that you would be better off dead, or of hurting yourself in some way | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| If you experienced any of the above problems, how DIFFICULT have these problems made it for you to do your work, take care of things at home or get along with other people? | Not at all difficult | Somewhat difficult | Very difficult | Extremely difficult |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| Over the LAST 2 WEEKS , how often have you been bothered by any of the following problems | Not at all | Several days | More than half the days | Nearly every day |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. Feeling nervous, anxious, or on edge | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Not being able to stop or to control worry | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Worrying too much about different things | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Trouble relaxing | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Being so restless that it is hard to sit still | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Becoming easily annoyed or irritable | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Feeling afraid as if something bad may happen | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

1. Do you ever hear, see, or feel things that are not there, for example, hear voices, noises, or sounds, see objects, people, or animals, or feel strange sensations inside your body or on your skin?
 No Yes
2. Do you have any beliefs that someone is following you, watching you, or trying to harm or control you, or that others can hear your thoughts or that you can hear their thoughts, or that you have special powers or special importance?
 No Yes
3. Have there been times lasting at least a few days when your mood was unusually “up” or unusually irritable, and you felt “on top of the world,” or you were more active or talkative than usual, or you don’t feel the need for sleep?
 No Yes

1. How often did you have a drink containing alcohol in the **PAST YEAR**? Consider a drink a bottle of beer, a glass of wine, a wine cooler, or one cocktail or a shot of hard liquor (like scotch, gin, or vodka)

| | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|
| Never | Monthly or less | 2-4 times a month | 2-3 times per week | 4 or more times a week |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

2. How many drinks did you have on a typical day when you were drinking in the **PAST YEAR**?

| | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 0 drinks | 1-2 drinks | 3-4 drinks | 5-6 drinks | 7-9 drinks | 10+ drinks |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

3. How often did you have 6 or more drinks (4 or more for women) on one occasion in the **PAST YEAR**?

| | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Never | Less than monthly | Monthly | Weekly | Daily or almost daily |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Sometimes things happen to people that are unusually or especially frightening, horrible, or traumatic. For example: a serious accident or fire, a physical or sexual assault or abuse, earthquakes or flood, war, seeing someone be killed or seriously injured, having a loved one die through homicide or suicide.

Have you ever experienced this kind of event? No Yes

If **NO**, please **STOP** here.

If **YES**, please answer the questions below:

In the **PAST MONTH**, have you:

1. Had any nightmares about the event(s) or thought about the event(s) when you did not want to?
 No Yes
2. Tried hard not to think about the event(s) or went out of your way to avoid situations that reminded you of the event(s)?
 No Yes
3. Were constantly on guard, watchful, or easily startled?
 No Yes
4. Felt numb or detached from others, activities, or your surroundings?
 No Yes
5. Felt guilty or unable to stop blaming yourself or others for the event(s) or any problems the event(s) may have caused?
 No Yes