Smoking Cessation support for staff

Tackling Indigenous Smoking

Informed Choice Health provides smoking cessation support to staff that work with Aboriginal and Torres Strait Islander people.

Eligibility:
❖ Complete a smoking cessation course
❖ Have scheduled a significant event

Program delivery:
The 5-day national outreach program is delivered
❖ over 3 visits
❖ at a venue of your choice
❖ by a Tobacco Treatment Specialist

Topics include:
❖ Aspects of nicotine addiction
❖ Opportunistic brief intervention
❖ Smokerlyzer
❖ Medications
❖ Resources
❖ Referral options
❖ Plan, deliver and evaluate events

Add value to your training with our follow up service and...

Feel confident to discuss smoking

Have a bigger impact at your next community event!

Contact us:
Informed Choice Health
carolyn@informedchoicehealth.com or 0439321202