

# *It all started with a brain tumor and a promise.*

Eight years ago, I was diagnosed with a massive, brain-crushing Meningioma. After learning that I needed emergency surgery and may not survive the night, a nurse asked me if I needed anything. All I could think to ask for was a dog.

A volunteer with a small Corgi arrived, and as I wrapped my arms around him; I felt peace. I promised that if I survived, I would pay that gift forward.

When I later learned that I had a future, I thought, if a small dog could have that powerful an impact, imagine what a giant dog could do!

That promise led to Patti Sutherland, Benita Edds of TimberKnoll Newfoundlands, and my first Therapy Newfie, Chewie. TimberKnolls Spirit Cove was born. We became a 501c3 in 2018, and our Newfoundland therapy teams began spreading hope and healing to people overcoming illness, trauma, and substance abuse.



*Through the compassion of our volunteers  
and our generous supporters,  
we've been able to help over  
140,000 people since.*

*Lisa Schiffer*  
Co-Founder/President



# Newfoundland Dogs Spreading Hope & Healing

*Apollo*



**2023  
Impact Report**





*Chewie*

## 2023 Quick Snapshot

60,888 people  
supported

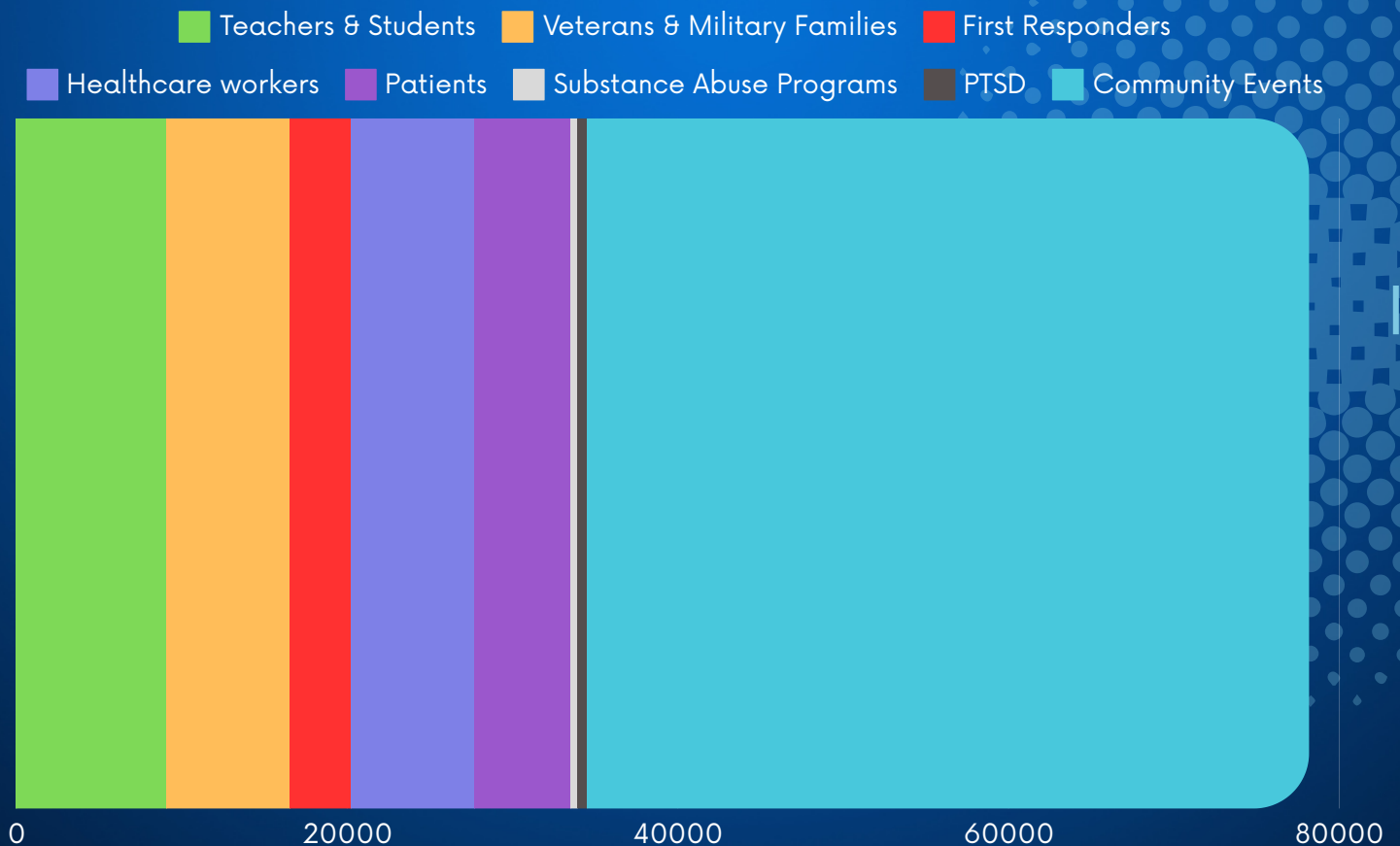
Provided trauma & stress relief for  
23,817 community heroes, including  
7,428 Veterans & military families

# Mission

OUR MISSION IS SIMPLE - HOPE ON A LEASH  
TIMBERKNOLL'S SPIRIT COVE SPREADS HOPE AND HEALING TO PEOPLE  
RECOVERING FROM TRAUMA OR ILLNESS..

We provide community support through animal-assisted activities and programs that provide emotional support and teach coping skills designed to reduce stress, anxiety, and isolation while building community connections, primarily with giant Newfoundland dogs and Gypsy Vanner horses in a peaceful mountain setting.

## Nationwide - Who we helped in 2023







*Rocky*

Rocky 'Top Dog'  
Newfie Therapist 2023  
111 visits!

Newfie Therapy  
teams visited 689  
facilities in 2023!

*Skylar*

Platinum  
Transparency  
2023  
  
**Candid.**



Reaching more people  
in need year over year

Helping over 137,500 people  
since our inception in 2018!

With just one Newfie  
visit, Patients' mood &  
disposition increase  
by 37%



**Newfie Therapy teams helped 9099 Teachers and Students overcome stress and anxiety working in NC, SC, TN, CO, CT, MA, NJ, NY, MN, GA, IL, MI, MO, INVA, OH, PA, AL, OK, RI**



Henry, Riley and Bella heading off to alleviate stress at Princeton University, where they helped students overcome the loss of a friend to suicide



Nevie was celebrated as the 2023 SC Healthcare Hero earning Therapy Dog of the Year!



*Nevie*



## Newfie Therapy Team

Abraham – Amber – Amelia – Apollo – Aquene – Bailey – Baloo –  
Bella – Benjamin – Bentley – Birdie – Boatswain – Boomer –  
Chewie – Cheyenne – Cormac – Dakota – Decklan – Duncan –  
Edna – Ella – Ellie – Enzo – Esme – Finbar – Gabriel – Grace – Gracie  
– Griffen – Gus – Harper – Henry – Kai – Mango Tango – Mason –  
Max Bear – Mellie – Mercy – Milan – Molly – Nevie – Oden – Oliver –  
Padric – Rafter – Reddie Riley – Rocky – Ronin – Rook – Ruby –  
Saana – Sawdust – Scarlett – Serena – Shiprah – Spencer – Stevie –  
Stitch – Sunee – Skylar – Taft – Walker – Westley – Winston  
Yukon Jack

**Boomer earned his AKC  
Therapy Dog Distinguished  
Title performing over 400  
Therapy visits!**



**Bailey visited with Veterans at  
the VA Medical Center in  
Charleston, SC to help  
motivate wounded warriors**



**Ellie helped a child afraid to  
talk, find his voice**





Our teams provided  
trauma relief  
to 7439  
healthcare heroes!



Milan, Scarlet, Reddy and  
Volunteer Jeanette helped a  
very special Veteran, Ms.  
Bernice, celebrate her 105th  
birthday!



# Thank you to our incredible Community Partners

Awarded 2023  
"Helping Heroes" Grant  
from the  
Petcolove Foundation



## SECU Foundation

PEOPLE HELPING PEOPLE

