

## **Therapy Animals and College Students**

Have you considered bringing therapy animal visitation to your college or university? Pet Partners is the premier therapy animal program providing qualified volunteers in settings just like yours.

#### What are the benefits?

- Studies show interactions with therapy animals decrease stress and anxiety.
- Therapy animals have been found to be a social lubricant, promoting increased social interaction with other students on campus and reducing loneliness.
- Social engagement with handlers as well as the therapy animal can help students to see life outside the campus.

### **Examples of Interactions**

- Events where students can pet therapy animals around exam time are popular stress relievers.
- To combat homesickness and the challenges of transition, therapy animal events for freshmen might include activities such as petting, grooming, demonstration of 'tricks' as well as conversation.

#### How to Select Teams

In addition to meeting the basic standards for all therapy animal teams, look for other key characteristics for your particular setting.

- Animals of any size who are comfortable in crowds and respond promptly to their handler's cues even in noisy settings can be effective.
- Since these events are often group settings, animals who will engage with students while ignoring other animals present is another important quality.
- Even for young adults, allergies and germs are worthy considerations. Thorough grooming and good hand hygiene helps to mitigate potential problems.

## Learn More

• For details about our program as well as our policies that help ensure safe and effective visits, go to www.petpartners.org/facilities

## Why Choose a Pet Partners Team?

### Handler Training

- All Pet Partners handlers complete training prior to registration and have access to continuing education opportunities.
- Pet Partners offers the only handler training on infection prevention publicly endorsed by the Society of Healthcare Epidemiology of America (SHEA).
- Pet Partners offers a canine body language course consistent with SHEA guidelines.
- Pet Partners' education underscores the importance of healthy handlers and animals.

### Handler and Animal Assessment

- All Pet Partners handlers must pass a written assessment at the time of registration demonstrating knowledge of best practices for safe and effective visits.
- Pet Partners teams are required to pass an in-person, role play based evaluation every two years, more frequently than recommended guidelines, to continue visiting.

## Animal Welfare

- The core tenet of Pet Partners Therapy Animal Program is "you are your animal's best advocate," also known as YAYABA™. This requires handlers to modify or end interactions animals no longer enjoy, consistent with animal welfare guidelines.
- Pet Partners limits all visits to no longer than two hours, consistent with recommendations to limit overwork and fatigue.
- To register and renew, Pet Partners teams submit animal health screening forms signed by a veterinarian to ensure the overall health of the participating animal.
- Pet Partners ascribes to a relationship based handler-animal support model to be used during visits, a skill on which handlers are assessed during the evaluation process, known to Pet Partners handlers as PETS<sup>™</sup>.

# Safety Standards

- To ensure that policies reflect current scientific information, Pet Partners relies on veterinary advisors, including those with specialization in epidemiology.
- Based on their guidance, requirements for rabies vaccination and grooming are purposefully stringent.
- Policies prohibit raw protein diets, animals with compromised health, and protection dogs.
- Pet Partners has an easily accessible system for incident reporting and a thorough resolution process to determine if a team can resume visiting. When combined with training, Pet Partners has a very low incidence of serious accidents.

