



Setting the Stage for Social Success: A Drama Based Social Skills Group

NOW ENROLLING FAMILIES

Lights, camera... connection! Setting the Stage for Social Success is a fun and engaging social skills group that uses drama games, role-play, and creative activities to help participants build confidence and meaningful friendships.

Designed especially for children who may feel burnt out by traditional social skills groups, this program brings laughter, creativity, and levity into the learning process—helping participants build social skills in a way that feels natural, playful, and pressure-free.

Through interactive theater-based experiences, participants practice recognizing emotions, understanding social cues, and communicating with others in a supportive and playful environment. Acting activities encourage members to explore perspective-taking, express themselves through voice and body language, and learn how to respond to others in real-life social situations.

Participants will practice skills such as:

- Building and maintaining friendships
- Starting and sustaining conversations
- Understanding idioms, humor, and non-literal language
- Joining group activities with confidence
- Managing conflicts and problem solving with peers
- Seeing situations from another person's perspective

For more information: (408) 219-0051
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Overview

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Enrollment is limited. Group instruction is provided in English. Regular attendance is imperative. Parent summaries will be provided.

This group will run for 8 weeks. Group placement is determined by clinician at intake appointment based on group dynamics.

Application

What are the participation requirements?

- Children who have difficulties with making and keeping friends
- Children ages 9-12 years old who struggle with social-cognitive skills
- Children must be interested in attending the program
- Children must agree to participate in the program voluntarily
- Children who are willing to engage in silliness in order to achieve their social goals
- Parents who are committed and willing to learn skills along with their children

How can I apply to participate?

- Contact OT Nicole Kristal at 408-219-0051 to complete a 30 minute phone screening to determine if this program is appropriate for your child.
- If appropriate for the group, Nicole will send a confirmation email about your group enrollment.

Dates and Availability

When do groups meet?

- **Duration:** 8 weeks
- **Planned Days/Times:**
 - Mondays 7:00-8:30pm
- **Terms:** Summer 2026; June 10th- August 22nd
- **Planned Frequency:** 1x/week for 8 weeks

Venue

Where do groups meet?

- Location TBD: Address to be provided after enrollment is confirmed

Cost

- More information about the cost of this group will be provided during initial intake. The fee for this course is private pay only and is not covered by insurance at this time. A superbill with diagnostic codes and fees can be provided at request.